Date: 14-06-2018

Hyderabad

To,

The Principal/Dean,

Malla Reddy Dental College for women,

Suraram.

Sub: Requesting Permission to conduct Value Added Course (VAC) for I Year BDS students.

Respected Sir,

The Programme Development Committee of MRDCW, would like to organize the Value-Added course on "YOGA AND WELLNESS DAY" for I Year BDS students from 21<sup>st</sup> Jun 2018 to 23<sup>rd</sup> June 2018. In this regard, kindly grant us permission for the same and support the event with necessary resources.

Thanking You,

Yours faithfully,

Dr. G. Santhosh Reddy

VAC CO-ORDINATOR

Professor & HOD

Department of Oral Maxillofacial Surgery

Malla Reddy Dental College for Women.

Principal / Dean

Malla Reddy Dental College for Women

Whombach

Principal / Dean
Malla Reddy Dental College for Women

Hyderabad College Hyderabad College Walls All College College



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Affliation to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Reconginsed by Dental Council of India, New Delhi

Ref: MRDCW/Circulars/VAC/2018/Jun-01

Date: 16-06-2018

#### Circular

The Students of I Year BDS are hereby informed to attend the Value-added course "YOGA AND WELLNESS DAY" scheduled from 21<sup>st</sup> Jun 2018 to 23<sup>rd</sup> Jun 2018. The concerned subject HODs are hereby requested to give permission to the students for attending the same.

Resource person – Dr. M. Srinivasa Rao, Physical Director MREC

Venue - Cricket Ground, Malla Reddy health city

Date -21<sup>st</sup> Jun 2018 to 23<sup>rd</sup> Jun 2018

Time - 9.00 AM - 4.00 PM

Principal/Dean

Malla Reddy Dental College for Women

Principal / Dean
Walla Reddy Dental College for Women

#### Copy to:

- Students notice board
- All Department HODs
- Curriculum Committee
- All Academic Coordinators
- PA to Principal for filing



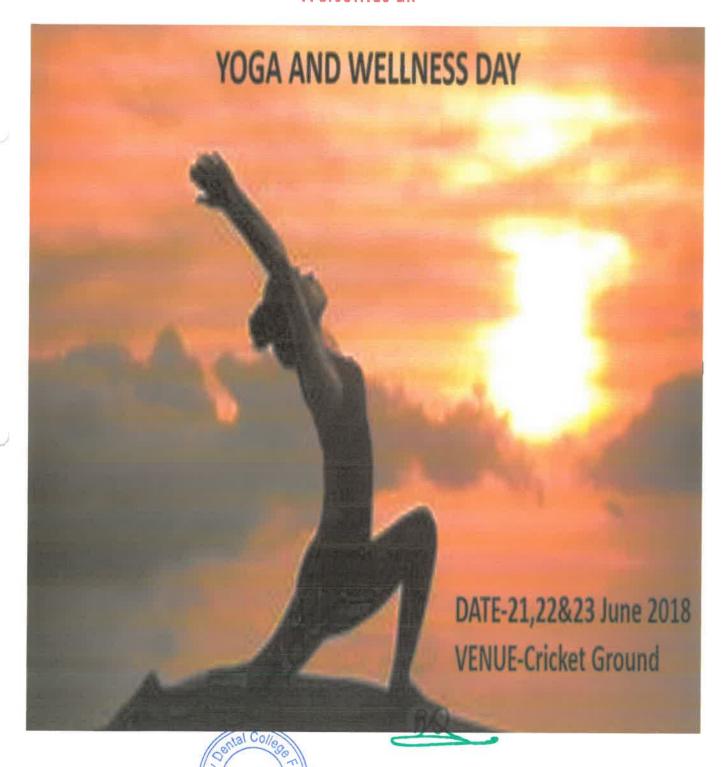
Principal / Dean

Malla Reddy Dental College for Women

Email: mrdcw.2013@gmail.com



Welcomes all





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#### YOGA AND WELNESS

DAY-1(21/6/18)							
Session	Time	Name of the topic					
Session 1	9:00am-11:30am	Importance of yoga					
Session 2	1:30pm-4:00pm	How breathing exercise make difference during Covid-19					

DAY-2(22/6/18)							
Session	Time	Name of the topic					
Session 3	9:00am-11:30am	Explanation of various breathing exercises					
Session 4	1:30pm-4:00pm	Training for participants					

	DAY-3(23/6/18)	
Session	Time	Name of the topic
Session 5	9:00am-11:30am	aining for the participants
Session 6	1/30pm-4:00pm	Interaction and Feedback
	Malla Rec	Principal / Dean  ddy Dental College for Women

Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad - 500 055.

Phone: 91001 89797 Email: mrdcw.2013@gmail.com



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	DAY-3(08/08/18)	
Session	Time	Name of the topic
Session 9	10:00am-11:30am	Microsoft Power point and practically performed
	11:30am-11:45am	BREAK
Session 10	11:45am-1:00pm	DATA Designing
	1:00pm-2:00pm	LUNCH BREAK
Session 11	2:00pm-4:00pm	Safely, Security & Privacy
	4:00pm-4:15pm	TEA BREAK
Session 12	4:15pm-5:00pm	Discussion & Q/A



Email: mrdcw.2013@gmail.com

Principal / Dean

Malla Reddy Dental College for Women



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#### **COURSE SYLLABUS**

#### YOGA AND WELLNESS

MODULE	SYLLABUS
MODULE 1:	Introduction to Yoga and Wellness
	Basic Yoga Asanas
	Sun Salutations Sequence
	Intermediate Yoga Asanas
MODULE 2:	Advanced Yoga Asanas
	Yoga for Wellness
	Yoga anatomy and Physiology
	Exploring the 8 Limbs of Yoga
MODULE 3:	Nutrition and Wellness
	Yoga for Special Populations
	Teaching and Practicum
	Ethics and Professionalism





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#### REPORT OF THE EVENT

Date: 24-06-2018

#### YOGA AND WELLNESS DAY:

Hosting a Yoga and Wellness Day can be a fantastic opportunity to promote health and wellbeing. It incorporates meditation, breathing exercises, and stretches to allow stress reduction, relaxation, and rejuvenation.

#### **COURSE OBJECTIVES:**

General objective: to stay flexible and adaptable throughout the planning process to ensure a positive experience for all participants.

#### Specific objectives:

- Yoga is beneficial for physical fitness, Musculo skeletal functioning and cardiovascular health.
- Yoga helps to reduce depression, fatigue, anxiety disorders and stress.

#### Outcome:

Yoga Programme creates a strong sense of identity, a strong sense of wellbeing, confident and involved learners, effective communication to the students.

**RESOURCE PERSON**: Dr. M. Srinivasa Rao, Physical Director MREC

**VENUE:** Cricket Ground, Malla Reddy Health City.

**DATE:** 21<sup>st</sup> Jun to 23<sup>rd</sup> Jun 2018

NUMBER OF PARTICIPANTS: 110 students from Ist year BDS

Email: mrdcw.2013@gmail.com

**DURATION:** 15 hrs

Principal / Dean Malla Reddy Dental College for Women

Hyderabad

### Glimpse of the Course







Principal / Dean Malla Reddy Dental College for Women

G. Santly VAC Coordinator



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### Yoga And wellness Day

Course Code: VAC-1801 Year: 1st BDS

DATE: 21<sup>st-</sup>23<sup>rd</sup> June 2018 Total students Enrolled: 110

Venue: Cricket Ground, Malla Reddy Health City

**Time:** 9.00 AM – 4.00 PM

#### Attendance sheet for VAC: Yoga and Wellness Day

S.NO	REGISTRATION NO	NAME OF THE STUDENT	21/6/18 FN	21/6/18 AN	22/6/18 FN	22/6/18 AN	22/6/18 FN	22/6/18 AN
1	1802111001	ADDURI HIRANYA SAI	the anda	Hiromya	Kirando	the Louds	Hiranya	Hiramla
2	1802111002	AFIA AFSHEEN	Africa	Stia	Afia	tra	Lia	Africa
3	1802111003	AGYALA NITHYASRI	arthursin	Silvergue				mighingsin
4	1802111004	AKSHARA SRINIVAS	Popular	(BOX 8/20)				Ackshow
5	1802111005	ALA NAMRATA	Warnsathe	Namiath	Namatha	Nameath	Namkath	Namath
6	1802111006	ALEKHYA GOUD IRUVURI	Afekhyr				Alekhya	Alekhya

1802111007	AL SHIFA PARVEEN	ship	Ship	seifer	slife	senja	gliefer
1802111008	ANNARAM MEENAKSHI	Neerashi	menula	Mund	Muente	new 13	pierry
1802111009	ARE AKHILA	Akin	Achole	Akliba	Aken	Ahenes	Alsen
1802111010	ASKANI SAI CHARITHA	charille	cherth	yorke	chard	shard	charin
1802111011	AYESHA MUNAZZA	Ayrh	Ayrla	Ayrlas	Ayela	Byshe	Ayrlas
1802111012	AYISHA	Jujulia	A	A	Lapla	A	A
1802111013	BANDI SPANDANA	Spanbut	Spandar	spandal	spandad	spandal	Spanda
1802111014	BANOTHU HARI PRIYA	haring	hariping	hari priye	- haripsiyal	hanprings	haipriget
1802111015	BANOTHU VASAVI	Varanif	Vasan	- Vasang	Vasan	Vanay	Varant
1802111016	BOLLABATHINI HARITHA	Haristay	Haring	Harille	- I tankly	Hardry	Haritet
1802111017	CHINDUKURI BHAVANA	Charana	Bharep	Klavar	Bhorage	Bhowage	Blavery
1802111018	CH ABHIGNYA	Abhigny	-Abhigmy	- Abhigny	Abhigat	Ashipul	-Ashingy
1802111019	CHINTALA SAI HARSHINI	Harshia	Harshirt	Hentit	-Haxbel	- Hawher-	Houses
1802111020	CHITNENI DIVYA	Diviga	Diny	Dirys	Divyg	Diya	Dryg
1802111021	CHOUHAN RAJASREE	Rager	Rojon	Rajoro	Rajous	Rajar	Rapise
1802111022	D BHAGYASREE	Bhagges	Thegrane	Bhagjan	Bhaggers	Bhayges	Bhasser
1802111023	DASARI MONICA	Maria	Moins	Maries	Monia	Moniea	Monico
1802111024	DEVATH APOORVA	Aponia	Approx	Ap009ug	Apoons	Apperua	Apoorus
1802111025	DUDEKULA PARVEEN	Pamer	Parry	Paruze	Pareer	Parvers	Parver
	1802111008  1802111009  1802111010  1802111011  1802111012  1802111014  1802111015  1802111016  1802111017  1802111018  1802111019  1802111020  1802111021  1802111022  1802111023  1802111024	1802111008         ANNARAM MEENAKSHI           1802111009         ARE AKHILA           1802111010         ASKANI SAI CHARITHA           1802111011         AYESHA MUNAZZA           1802111012         AYISHA           1802111013         BANDI SPANDANA           1802111014         BANOTHU HARI PRIYA           1802111015         BANOTHU VASAVI           1802111016         BOLLABATHINI HARITHA           1802111017         CHINDUKURI BHAVANA           1802111018         CH ABHIGNYA           1802111019         CHINTALA SAI HARSHINI           1802111020         CHITNENI DIVYA           1802111021         CHOUHAN RAJASREE           1802111022         D BHAGYASREE           1802111023         DASARI MONICA           1802111024         DEVATH APOORVA	1802111008 ANNARAM MEENAKSHI  1802111009 ARE AKHILA  1802111010 ASKANI SAI CHARITHA  1802111011 AYESHA MUNAZZA  1802111012 AYISHA  1802111013 BANDI SPANDANA  1802111014 BANOTHU HARI PRIYA  1802111015 BANOTHU VASAVI  1802111016 BOLLABATHINI HARITHA  1802111017 CHINDUKURI BHAVANA  1802111018 CH ABHIGNYA  1802111019 CHINTALA SAI HARSHINI  1802111020 CHITNENI DIVYA  1802111021 CHOUHAN RAJASREE  1802111022 D BHAGYASREE  1802111023 DASARI MONICA  1802111024 DEVATH APOORVA	1802111008 ANNARAM MEENAKSHI  1802111009 ARE AKHILA  1802111010 ASKANI SAI CHARITHA  1802111011 AYESHA MUNAZZA  1802111012 AYISHA  1802111013 BANDI SPANDANA  1802111014 BANOTHU HARI PRIYA  1802111015 BANOTHU VASAVI  1802111016 BOLLABATHINI HARITHA  1802111017 CHINDUKURI BHAVANA  1802111018 CH ABHIGNYA  1802111019 CHINTALA SAI HARSHINI  1802111020 CHITNENI DIVYA  1802111021 CHOUHAN RAJASREE  1802111021 DASARI MONICA  1802111023 DASARI MONICA  1802111023 DASARI MONICA  1802111024 DEVATH APOORVA	1802111008 ANNARAM MEENAKSHI 1802111009 ARE AKHILA 1802111010 ASKANI SAI CHARITHA 1802111011 AYESHA MUNAZZA 1802111012 AYISHA 1802111013 BANDI SPANDANA 1802111014 BANOTHU HARI PRIYA 1802111015 BANOTHU VASAVI 1802111016 BOLLABATHINI HARITHA 1802111017 CHINDUKURI BHAVANA 1802111018 CH ABHIGNYA 1802111019 CHINTALA SAI HARSHINI 1802111020 CHITNENI DIVYA 1802111021 CHOUHAN RAJASREE 1802111021 DBHAGYASREE 1802111023 DASARI MONICA 1802111024 DEVATH APOORVA  PARAMA ARMANA PARAMA MARINA PARAMA MARINA PARAMA ARMANA PARAMA PARAMA PARAMA ARMANA PARAMA PARAMANA PARAMANANA PARAMANANANA PARAMANANA PARA	1802111008 ANNARAM MEENAKSHI  1802111009 ARE AKHILA  AREW AREW AREW AREW AREW AREW AREW AREW	1802111008 ANNARAM MEENAKSHI  1802111009 ARE AKHILA  ARE

26	1802111026	GURRALA SOFIYA	Sofig	sofiyal	Solya	20/y2	Sofiya	sofin
27	1802111027	GAADARI SANJANA	Sanjang	Sanjan	Sanjan	Sanjay	Sanjay	sanja
28	1802111028	GADDAM KEERTHANA	Kont	Kow	Kgul	Kais	Kory	Kay
29	1802111029	GANGISHETTI SRIVANI	Snivan	Srivani	Snivani	Sniveni	Svivan	Sviran
30	1802111030	GUDEPU ANJANA SREE	Shru	Show	Show	Shru	Shrue	Show
31	1802111031	HARIKA GOWRISETTI	Hariba	Hariba	Harika	Hariba	Hariba	Alarika.
32	1802111032	IMAAN UNNISA	- I many	Imany	I mag	Imag	Imag	Imag
33	1802111033	IQRA MAHEEN	Makeyat	Maheen	mohyt	Makey	Mahuf	Mahy
34	1802111034	JAKKULA VIJAYALAXMI	fall	hat	Lasso	Latel	1 als	hall
35	1802111035	JAMPULA MOUNIKA	Morrika	Mounika	Mounila	Mounika	Mouriba	Mounika
36	1802111036	JUTTIKA JAHNAVI	Jahroni	Farman	Johnan'	Thenan'	Therand	Therand.
37	1802111037	K V DEEKSHITA	Dakhil	Detality	Dukiky	Dulaty	Destry	Devoy
38	1802111038	KALKUDE SHARANYA REDDY	M		<b>A</b>	1		
39	1802111039	KALLOTTATHU SHARON JAMES	Raion	Shanon	Thainy	Shanony	Showing	Shound
40	1802111040	KALLURI TRIVENI	Tairon	Triverit	Trivest	Trivenz	Tring	Trivat
41	1802111041	KASAVA RAJU VENKATA LAKSHMI HIMAJA	Slim!	Hill	Him	flind	Hin	think
42	1802111042	KATKAM CHANDANA	Chardans	Chardan	Chander	Chandan	Chandama	Chandans
43	1802111043	KHAMBAMPATI NAMATHA SRI	Mall	North	· Day	Man	( Dary	Nam
44	1802111044	KOLLURI HARI CHANDANA	Chandry	Chandre	· chanday	chanday	chandry	charty
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45	1802111045	KONKATI SHRUTHI	Luth	Sweeten	Showithin	Shrulli	Spann	Shouthi.
46	1802111046	KOTHAPALLI MEGHANA	Mount	(Yasa)	Rosin (		went (	Why .
47	1802111047	KSHITHIJA V SWAMY	K. Swany	K Serons	K gruns	grams ,	h Swary	Howay
48	1802111048	MACHHA SHRAVYA	Snawya	Shravya	Shranya	Averya	Swampe	Soravya
49	1802111049	MADUGULA SRAVANTHI	Mali	Quite	8tml	Prevate	Partin	Queri
50	1802111050	MAHAJAN YOGITHA	Logistage	Yogisha	Yogidha	Logisha	Yogidha	Logistra
51	1802111051	MANDA AKANKSHA	Kutha	A	A	Julia	A	A
52	1802111052	MARANI SHRAVANI	Shravani	Shravani	Shravani	Shravani	Shravan	Shravar
53	1802111053	MARIYAM RUHI ANWAR	luhi	fuhi	Lhi	Ruhi	hilli	Kuli
54	1802111054	MEHREEN FATIMA	Hohren	Helen	Horamin	Mehron	Melsen	Melseen
55	1802111055	MENCHU MAANSI	Maarier N		Maansiv	Maansin	Maanerin	Maansil
56	1802111056	METTU KEERTHI	within	Karli	Capthi	Keerthe	Kearin (	Duelli
57	1802111057	MUCHAPOTHULA TEJASWINI	Tejusan	Lust	Teyen	les	Lyw	1000
58	1802111058	MUNDE NIHARIKA	Auf	And	Infl	Abel	And	ANIL
59	1802111059	NAGARAPU SREEJA	Sherija	Shrieja	Shreeja	Shereeja	Shareja	Shreeja
60	1802111060	NEHA TAHSEEN	Mha	Meha	Weller	Allher	Muha	arelies
61	1802111061	PANDULA PRIYANKA	Polar)	Plans	P. Pour	P. Fran	P. Predyof	Phone
62	1802111062	PANJALA SOUSHILYA	Soush	Sound	Sund	Sul	Sul	Soul
63	1802111063	PASUNURI AARTHI	Aorthi	A outh	Aosithi	Aosthi	Aarthi	Aarthi
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64	1802111064	PERICHERLA SANJANA	Sanjana	Sanjars	gujara	Sanforme	guyara	surjais
65	1802111065	PIDIMALLA MOUNIKA	Mounder	prounite	Mounter	Mounder	Marrika	Mounts
66	1802111066	PIPPRA OOHA	ods	Oda	ooke	Other	Oche	000
67	1802111067	PITLA NAYANA	Pileka	Pireka	PIPLA	PiTLa	PiTLa	PiTla
68	1802111068	PRIYANKA P	Julyaba	A	Triffer	A	A	A
69	1802111069	PULLURI SWARNA SREE	8 young	Salones	Swang	Swarne,	Siana	Suaras
70	1802111070	RACHULAPALLY GEERVANI	R-I	R	RI	R-J	R-1	RJ
71	1802111071	RAFATH NOORI	Napri	Noori	Noon	Novi	Noovi	Noon
72	1802111072	REENA KOUSAL	Reenexousal	Reenakoural	Reenzowal	Reenawal	Reenaval	Reeverousal
73	1802111073	ROQUIA IRFAN	Pett	24	7-4-1	24	244	I-6-1
74	1802111074	RUBA TARANNUM	Rogling	Rogin	Rogin	Rosqua	Rogina	Roymen
75	1802111075	S P MANEESHA	Hanerlo	Manosha	Manesta	manerite	Maneesha	raneista
76	<b>1</b> 8021110 <b>7</b> 6	SABBI ROHITHA	Solute	Shirthe.	Johnte	Roberta	Rohotha	(Rohitha
77	1802111077	SAI ANHITI ESTRAMULI	Saldi	Saldeni	Saladsi	Sall	Sai	Sai
78	1802111078	SAI VATHSALA SALUNKE	(F)	(V5)	0-1	(V)-1	\(\mathcal{V}_{-1}\)	0-1
79	1802111079	SANNAPURI NANDINI	Nender	Manabas	Nandas	randini-	pandon'	Mandai _
80	1802111080	SARAH MEHREEN	Sarah	Sarah	Sarah	Sarah	Sarah	Sarah
81	1802111081	SAVASI MALAVIKA	sadu be	& galiste	Baralvika	palliks.	fabliks	paaliobs
82	1802111082	SHABNAM BEGUM	Coelina m	babasar Barar Bara	babaren	Gebaren	bolobanem	Bobanem

					(			
83	1802111083	SHAFIA IMROZ	Shafia	Shafia	Shafia	Shajia	Shafi'a	Shafta
84	1802111084	SHAFIANA FATIMA	Godina	Statina	Gatimas	Talma	Gedin-	Telina
85	1802111085	SHIVANI MAHAJAN	M. Shivani	M. Shivani	M-shivani	M. Shivani	4. Shirani	M. Shivani
86	1802111086	SRIPADA CHANDANA	Chandana	Thandana	Chandana	Chandana	Chandana	Chandana
87	1802111087	SYEDA SAFIA SULTANA	Oghia	Ospia	Ogha	Defia	Lofia.	Sapa
88	1802111088	SYEDA SANA RAZVI	Deve	Sens	Boug	Sug-	Sans_	Sara
89	1802111089	T LAKSHMI PRIYA	Takehon Broye	T. Labshing	T. Lobshand	T. Lethon	T. Latshinger	T. Colections
90	1802111090	TASNEEM UNNISSA	Taiseen	Jasnem	Carren	terrum	Corner	Tosneem
91	1802111091	PENDYALA TEJASWINI	1 yosus-	Tepswori	Tyasion'	Tejaswow	Tecesias	Tyasund
92	1802111092	THIRUNAHARI ABDHIJA	Malasa	Bolleja	A Udhija	Mollis, a	Allaja	Al Chija
93	1802111093	UGNI SRAVYA SREE	Sayer	Stayes	Sxay	Stauff	Sraves	Sray9
94	1802111094	UMAIMA SAMEEN	Sameer	Saver	Surve	Geneen	Samen	Sanusa
95	1802111095	VADLURI SONY	Sony	Sory	See	84	Soy	Sory
96	1802111096	VANGA NIKHITHA	Mehithe	Dollatte	Mobile	Nitaltha	Dehitta	Dittutte
97	1802111097	VEERAMALLA SATHWIKA GOUD	Soth wike	Sachwole	Stophooka	Suffrante	Sofhwites	Section ika
98	1802111098	VOOTUKURI SANJANA REDDY	(Sougana	Sarjans	Jenjara	Cargares	Parjana	2 Sarjare
99	1802111099	ZEENATH AFREEN	ZEENATH	ZEENATH	ZEENATHuen	TEENATH Frush	ZEENATH Akaen	ZEENATH
100	1802111100	ZIA TAHURA	Tia	Zia	Zia	Lia	Lia	Zio
101	1702111004	AFREEN FATIMA	Shew fatime	Apren Patine	Arun Fadina	About Falino	A brown fatime	Abuen fating
	.1		00	Hall Jolle	V	Principal / Do	CV	(4)

Principal / Dean

Malla Reddy Dental College for Women

102	1702111030	GUNTURI PADMA PRIYA	Friga	Phiya	Priya	Priya.	Priya	Triya.
103	1702111054	MARIYAM UNNISA	Plant yam	manyam	Manyam	Margam	rangum	rearingen
104	1702111063	PANTANGI DIVYA	Dinya	Winya	Divya	Dinya	Divya	Bluya
105	1702111033	IRHAM DANIYAN	Pariyan	Daniyan	C-4	Dawyan	Daniyan	Dandyan
106	1702111061	NISHIKA REDDY KOMATIREDDY	K. Nishika	K. Nishika	K. Nishika	K. Nishika	K. Nichika	K. Nishika
107	1702111038	JATOTH DIVYA	Jelys	Daya	Diya		Dya	Dry
108	1702111090	TANMAYEE SRIPADA	Januagee	Jannayee	Jannayee	Januayee	Januaree	Januayee
109	1602111038	HARINI B	town	How	Haven	Hanni	Hand	Homin
110	1602111083		Rishita	Kishithan	Rivertta	Rishilto		Wishita.

VAC Coordinator

Whandseet

Principal/ Dean

Hyderabad To Hyder



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Affliation to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Reconginsed by Dental Council of India, New Delhi

Yoga And wellness Day

Course Code: VAC- 1801

Pear: 1st BDS

DATE: 21st-23rd June 2018

Total students Enrolled: 110

Venue: Cricket Ground, Malla Reddy Health City

Time: 9.00 AM - 4.00 PM

#### Details of Students Enrolled for VAC: Yoga and Wellness Day

S.NO	NAME OF THE STUDENT	REGISTRATION NO	ENROLLED
1	ADDURI HIRANYA SAI	1802111001	Yes
2	AFIA AFSHEEN	1802111002	Yes
3	AGYALA NITHYASRI	1802111003	Yes
4	AKSHARA SRINIVAS	1802111004	Yes
5	ALA NAMRATA	1802111005	Yes
6	ALEKHYA GOUD IRUVURI	1802111006	Yes
7	AL SHIFA PARVEEN	1802111007	Yes
8	ANNARAM MEENAKSHI	1802111008	Yes
9	ARE AKHILA	1802111009	Yes
10	ASKANI SAI CHARITHA	1802111010	Yes
11	AYESHA MUNAZZA	1802111011	Yes
12	AYISHA	1802111012	Yes
13	BANDI SPANDANA	1802111013	Yes
14	BANOTHU HARI PRIYA	1802111014	Yes
15	BANOTHU VASAVI	1802111015	Yes
16	BOLLABATHINI HARITHA	1802111016	Yes
17	CHINDUKURI BHAVANA	. 1802111017	Yes
18	CH ABHIGNYA	1802111018	Yes
19	CHINTALA SAI HARSHINI	1802111019	Yes
20	CHITNENI DIVYA	1802111020	Yes
21	CHOUHAN RAJASREE	1802111021	Yes
22	D BHAGYASREE	1802111022	Yes
23	DASARI MONICA	1802111023	Yes
24	DEVATH APOORVA	1802111024	Yes
25	DUDEKULA PARVEEN	1802111025	Yes
26	GURRALA SOFIYA	1802111026	Yes
27	GAADARI SANJANA	1802111027	Yes
28	GADDAM KEERTHANA	1802111028	Yes
29	GANGISHETTI SRIVANI	1802111029	Yes
30	GUDEPU ANJANA SREE	1802111030	Yes
31	HARIKA GOWRISETTI	1802111031	Yes
32	IMAAN UNNISA	1802111032 Coll	Yes M

Principal / Dean

Suraram 'X' Road, Quthbullapur (M), Jerdinetla, Hyderabad M509055iy Dental College for Women Phone: 91001 89797

Email: mrdcw.2013@gmail.com www.mrdcw.org

33	IQRA MAHEEN	1802111033	Yes
34	JAKKULA VIJAYALAXMI	1802111034	Yes
35	JAMPULA MOUNIKA	1802111035	Yes
36	JUTTIKA JAHNAVI	1802111036	Yes
37	K V DEEKSHITA	1802111037	Yes
38	KALKUDE SHARANYA REDDY	1802111038	Yes
39	KALLOTTATHU SHARON JAMES	1802111039	Yes
40	KALLURI TRIVENI	1802111039	Yes
41	KASAVA RAJU VENKATA LAKSHMI	1002111040	Yes
41	HIMAJA	1802111041	103
42	KATKAM CHANDANA	1802111042	Yes
43	KHAMBAMPATI NAMATHA SRI	1802111043	Yes
44	KOLLURI HARI CHANDANA	1802111044	Yes
45	KONKATI SHRUTHI	1802111045	Yes
46	KOTHAPALLI MEGHANA	1802111046	Yes
47	KSHITHIJA V SWAMY	1802111047	Yes
48	MACHHA SHRAVYA	1802111048	Yes
49	MADUGULA SRAVANTHI	1802111049	Yes
50	MAHAJAN YOGITHA	1802111050	Yes
51	MANDA AKANKSHA	1802111051	Yes
52	MARANI SHRAVANI	1802111052	Yes
53	MARIYAM RUHI ANWAR	1802111053	Yes
54	MEHREEN FATIMA	1802111054	Yes
55	MENCHU MAANSI	1802111055	Yes
56	METTU KEERTHI	1802111056	Yes
57	MUCHAPOTHULA TEJASWINI	1802111057	Yes
58	MUNDE NIHARIKA	1802111058	Yes
59	NAGARAPU SREEJA	1802111059	Yes
60	NEHA TAHSEEN	1802111060	Yes
61	PANDULA PRIYANKA	1802111061	Yes
62	PANJALA SOUSHILYA	1802111062	Yes
63	PASUNURI AARTHI	1802111063	Yes
64	PERICHERLA SANJANA	1802111064	Yes
65	PIDIMALLA MOUNIKA	1802111065	Yes
66	PIPPRA OOHA	1802111066	Yes
67	PITLA NAYANA	1802111067	Yes
68	PRIYANKA P	1802111068	Yes
69	PULLURI SWARNA SREE	1802111069	Yes
70	RACHULAPALLY GEERVANI	1802111070	Yes
71	RAFATH NOORI	1802111071	Yes
72	REENA KOUSAL	1802111072	Yes
73	ROQUIA IRFAN	1802111073	Yes
74	RUBA TARANNUM	1802111074	Yes
75	S P MANEESHA	1802111075	Yes
76	SABBI ROHITHA	1802111076	Yes
77	SAI ANHITI ESTRAMULI	1802111077	Yes
78	SAI VATHSALA SALUNKE	1802111078	Yes
79 79	SANNAPURI NANDINI	1802111079	Yes
80	SARAH MEHREEN	1802111080	Yes

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82	SHABNAM BEGUM	1802111082	Yes
83	SHAFIA IMROZ	1802111083	Yes
84	SHAFIANA FATIMA	1802111084	Yes
85	SHIVANI MAHAJAN	1802111085	Yes
86	SRIPADA CHANDANA	1802111086	Yes
87	SYEDA SAFIA SULTANA	1802111087	Yes
88	SYEDA SANA RAZVI	1802111088	Yes
89	T LAKSHMI PRIYA	1802111089	Yes
90	TASNEEM UNNISSA	1802111090	Yes
91	PENDYALA TEJASWINI	1802111091	Yes
92	THIRUNAHARI ABDHIJA	1802111092	Yes
93	UGNI SRAVYA SREE	1802111093	Yes
94	UMAIMA SAMEEN	1802111094	Yes
95	VADLURI SONY	1802111095	Yes
96	VANGA NIKHITHA	1802111096	Yes
97	VEERAMALLA SATHWIKA GOUD	1802111097	Yes
98	VOOTUKURI SANJANA REDDY	1802111098	Yes
99	ZEENATH AFREEN	1802111099	Yes
100	ZIA TAHURA	1802111100	Yes
101	AFREEN FATIMA	1702111004	Yes
102	GUNTURI PADMA PRIYA	1702111030	Yes
103	MARIYAM UNNISA	1702111054	Yes
104	PANTANGI DIVYA	1702111063	Yes
105	IRHAM DANIYAN	1702111033	Yes
106	NISHIKA REDDY KOMATIREDDY	1702111061	Yes
107	JATOTH DIVYA	1702111038	Yes
108	TANMAYEE SRIPADA	1702111090	Yes
109	HARINI B	1602111038	Yes
110	SAKKI RISHITHA	1602111083	Yes

,VAC Coordinator

Principal/Dean





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Yoga And wellnes	s Day
Course Code: VAC-1801	Year: 1 <sup>st</sup> BDS.
<b>DATE:</b> 21 <sup>st</sup> -23 <sup>rd</sup> June 2018	Total students Enrolled: 110
Venue: Cricket Ground, Malla Reddy Health City	
Time: 9.00 AM – 4.00 PM	

### Details of Students Successfully completed VAC: Yoga and Wellness Day

S.NO	NAME OF THE STUDENT	REGISTRATION NO	SUCCESSFULLY COMPLETED
1	ADDURI HIRANYA SAI	1802111001	Yes
2	AFIA AFSHEEN	1802111002	Yes
3	AGYALA NITHYASRI	1802111003	Yes
4	AKSHARA SRINIVAS	1802111004	Yes
5	ALA NAMRATA	1802111005	Yes
6	ALEKHYA GOUD IRUVURI	1802111006	Yes
7	AL SHIFA PARVEEN	1802111007	Yes
8	ANNARAM MEENAKSHI	1802111008	Yes
9	ARE AKHILA	1802111009	Yes
10	ASKANI SAI CHARITHA	1802111010	Yes
11	AYESHA MUNAZZA	1802111011	Yes
12	AYISHA	1802111012	No
13	BANDI SPANDANA	1802111013	Yes
14	BANOTHU HARI PRIYA	1802111014	Yes
15	BANOTHU VASAVI	1802111015	Yes
16	BOLLABATHINI HARITHA	1802111016	Yes
17	CHINDUKURI BHAVANA	1802111017	Yes
18	CH ABHIGNYA	1802111018	Yes
19	CHINTALA SAI HARSHINI	1802111019	Yes
20	CHITNENI DIVYA	1802111020	Yes
21	CHOUHAN RAJASREE	1802111021	Yes
22	D BHAGYASREE	1802111022	Yes
23	DASARI MONICA	1802111023	Yes
24	DEVATH APOORVA	1802111024	Yes
25	DUDEKULA PARVEEN	1802111025	Yes
26	GURRALA SOFIYA	1802111026	Yes
27	GAADARI SANJANA	1802111027	Yes
28	GADDAM KEERTHANA	1802111028	Yes
29	GANGISHETTI SRIVANI	1802111029	Yes
30	GUDEPU ANJANA SREE	1802111030	Yes
31	HARIKA GOWRISETTI	1802111031	Yes
32	IMAAN UNNISA	1802111032	Yes Yes

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33	IQRA MAHEEN	1802111033	Yes
34 '	JAKKULA VIJAYALAXMI	1802111034	Yes
35	JAMPULA MOUNIKA	1802111035	Yes
36	JUTTIKA JAHNAVI	1802111036	Yes
37	K V DEEKSHITA	1802111037	Yes
38	KALKUDE SHARANYA REDDY	1802111038	Yes
39	KALLOTTATHU SHARON JAMES	1802111039	Yes
40	KALLURI TRIVENI	1802111040	Yes
41	KASAVA RAJU VENKATA LAKSHMI HIMAJA	1802111041	Yes
42	KATKAM CHANDANA	1802111042	Yes
43	KHAMBAMPATI NAMATHA SRI	1802111043	Yes
44	KOLLURI HARI CHANDANA	1802111044	Yes
45	KONKATI SHRUTHI	1802111045	Yes
46	KOTHAPALLI MEGHANA	1802111046	Yes
47	KSHITHIJA V SWAMY	1802111047	Yes
48	MACHHA SHRAVYA	1802111048	Yes
49	MADUGULA SRAVANTHI	1802111049	Yes
50	MAHAJAN YOGITHA	1802111050	Yes
51	MANDA AKANKSHA	1802111051	No
52	MARANI SHRAVANI	1802111052	Yes
53	MARIYAM RUHI ANWAR	1802111053	Yes
54	MEHREEN FATIMA	1802111054	Yes
55	MENCHU MAANSI	1802111055	Yes
56	METTU KEERTHI	1802111056	Yes
57	MUCHAPOTHULA TEJASWINI	1802111057	Yes
58	MUNDE NIHARIKA	1802111058	Yes
59	NAGARAPU SREEJA	1802111059	Yes
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63	PASUNURI AARTHI	1802111063	Yes
64	PERICHERLA SANJANA	1802111064	Yes
65	PIDIMALLA MOUNIKA	1802111065	Yes
66	PIPPRA OOHA	1802111066	Yes
67	PITLA NAYANA	1802111067	Yes
68	PRIYANKA P	1802111068	No
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71	RAFATH NOORI	1802111071	Yes
72	REENA KOUSAL	1802111072	Yes
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74	RUBA TARANNUM	1802111074	Yes
75	S P MANEESHA	1802111075	Yes
76	SABBI ROHITHA	1802111076	Yes
77	SAI ANHITI ESTRAMULI	1802111077	Yes
78	SAI VATHSALA SALUNKE	1802111078	Yes
79	SANNAPURI NANDINI	1802111079	Yes
80	SARAH MEHREEN	1802111080	Yes
81	SAVASI MALAVIKA	1802111081	Yes Principal

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82	SHABNAM BEGUM	1802111082	Yes
83	SHAFIA IMROZ	1802111083	Yes
84	SHAFIANA FATIMA	1802111084	Yes
85	SHIVANI MAHAJAN	1802111085	Yes
86	SRIPADA CHANDANA	1802111086	Yes
87	SYEDA SAFIA SULTANA	1802111087	Yes
88	SYEDA SANA RAZVI	1802111088	Yes
89	T LAKSHMI PRIYA	1802111089	Yes
90	TASNEEM UNNISSA	1802111090	Yes
91	PENDYALA TEJASWINI	1802111091	Yes
92	THIRUNAHARI ABDHIJA	1802111092	Yes
93	UGNI SRAVYA SREE	1802111093	Yes
94	UMAIMA SAMEEN	1802111094	Yes
95	VADLURI SONY	1802111095	Yes
96	VANGA NIKHITHA	1802111096	Yes
97	VEERAMALLA SATHWIKA GOUD	1802111097	Yes
98	VOOTUKURI SANJANA REDDY	1802111098	Yes
99	ZEENATH AFREEN	1802111099	Yes
100	ZIA TAHURA	1802111100	Yes
101	AFREEN FATIMA	1702111004	Yes
102	GUNTURI PADMA PRIYA	1702111030	Yes
103	MARIYAM UNNISA	1702111054	Yes
104	PANTANGI DIVYA	1702111063	Yes
105	IRHAM DANIYAN	1702111033	Yes
106	NISHIKA REDDY KOMATIREDDY	1702111061 •	Yes
107	JATOTH DIVYA	1702111038	Yes
108	TANMAYEE SRIPADA	1702111090	Yes
109	HARINI B	1602111038	· Yes
110	SAKKI RISHITHA	1602111083	Yes

VAC Coordinator

Principal/Dean



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	ADDURI HIRANYA SAI	of I year BDS,	
bearing roll no:1802111001	, has Successfully completed the Value added Co	ourse — <b>"YOGA</b>	
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.		

Coordinator

Principal / Dean
Walla Reddy Dental College for Women



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	AFIA AFSHEEN	_ of I year BDS,
bearing roll no:1802111002	, has Successfully completed the Value added C	Course — "YOGA
and Wellness", conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Hyderabad Wolfer

Principal / Dean
la Reddy Dental College for Women



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	AGYALA NITHYASRI	of I year BDS,
bearing roll no:1802111003	, has Successfully completed the Value added Co	ourse — "YOGA
and Wellness", conducted, in the in	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Principal / Dean
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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	AKSHARA SRINIVAS	of I year BDS,
bearing roll no:1802111004	, has Successfully completed the Value added Co	ourse – "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	ALA NAMRATA	of I year BDS,
bearing roll no:1802111005	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in th	e institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms	ALEKHYA GOUD IRUVURI	of I year BDS,
bearing roll no:18021110	06, has Successfully completed the Value added Co	ourse — "YOGA
and Wellness", conducted, in	the institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	AL SHIFA PARVEEN	of I year BDS,
bearing roll no:1802111007	, has Successfully completed the Value added Co	urse — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

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Principal / Dean

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	ANNARAM MEENAKSHI	_ of I year BDS,
bearing roll no:1802111008	, has Successfully completed the Value added C	ourse – <b>"YOGA</b>
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Principal / Dean
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## Certificate of Completion

Course Code: VAC-1801

This to certify that	t Mr/Ms	ARE AKHILA	of I year BDS,
bearing roll no: _	1802111009	, has Successfully completed the Value added Co	urse — <b>"YOGA</b>
and Wellness", o	onducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify the	at Mr/Ms	KATKAM CHANDANA	of I year BDS,
bearing roll no: _	1802111042	, has Successfully completed the Value adde	l Course – <b>"YOGA</b>

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.

G San Land

Principal / Dean
Maile Reddy Dental College for Women



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	KHAMBAMPATI NAMATHA SRI	_ of I year BDS,
bearing roll no:1802111043	, has Successfully completed the Value added C	ourse — "YOGA
and Wellness", conducted, in the	e institute from 21 <sup>st</sup> Jun 2018 to 23 <sup>rd</sup> Jun 2018.	



Principal / Dean

His Dental College for Women Principal/Dean



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	KOLLURI HARI CHANDANA	_ of I year BDS,
bearing roll no:1802111044	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator



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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	KONKATI SHRUTHI	of I year BDS,
bearing roll no:1802111045	, has Successfully completed the Value added Co	ourse — "YOGA
and Wellness", conducted, in the i	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Hyderabad No.

Principal / Dean

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	KOTHAPALLI MEGHANA	_ of I year BDS,
bearing roll no:1802111	has Successfully completed the Value added Co	ourse — "YOGA
and Wellness", conducted, i	n the institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Applied Hyderabad None

Principal / Dean

Principal / Dean

Principal / Dean

Principal / Dean



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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	MARIYAM RUHI ANWAR	of I ye	ear I	BDS,
and the second s		_		

bearing roll no: 1802111053 , has Successfully completed the Value added Course — "YOGA

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.

Coordinator



Wordow Principal/Dean



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# Certificate of Completion

Course Code: VAC-1801

This to certify tha	it Mr/Ms	MEHREEN FATIMA	_ of I year BD <b>S</b> ,
bearing roll no: _	1802111054	, has Successfully completed the Value added C	ourse – "YOGA
and Wellness".	conducted, in the i	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Principal / Dean

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	MENCHU MAANSI	of I year BDS,
bearing roll no:1802111055	, has Successfully completed the Value added Co	urse – <b>"YOGA</b>
and Wellness", conducted, in the	e institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

College of Wolfeld And College of Monage of Mo

Principal / Dean



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	METTU KEERTHI	_ of I year BDS,
bearing roll no:1802111056	has Successfully completed the Value added C	ourse — "YOGA
and Wellness", conducted, in the	he institute from 21st Jun 2018 to 23rd Jun 2018.	

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Principal / Dean

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	MUCHAPOTHULA TEJASWINI	_ of I year BDS,
bearing roll no:1802111057	, has Successfully completed the Value added C	ourse – "YOGA
and Wellness". conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

College to Nome Hyderabad Nome Anderabad

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	KASAVA RAJU VENKATA LAKSHMI HIMAJA	of I year BDS,
bearing roll no:1802111041	, has Successfully completed the Value added Com	urse – "YOGA
and Wellness", conducted, in th	e institute from 21st Jun 2018 to 23rd Jun 2018.	

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Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	MACHHA SHRAVYA	of I year BDS,
bearing roll no:1802111048	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in th	e institute from 21 <sup>st</sup> Jun 2018 to 23 <sup>rd</sup> Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	MADUGULA SRAVANTHI	of I year BDS,
bearing roll no:1802111049	, has Successfully completed the Value added Co	urse – "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms. \_\_\_\_\_\_ of I year BDS,

bearing roll no: 1802111050 , has Successfully completed the Value added Course — "YOGA

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	MANDA AKANKSHA	_ of I year BDS,
bearing roll no:180211105	has Successfully completed the Value added (	Course — <b>"YOGA</b>
and Wellness", conducted, in	the institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	MARANI SHRAVANI	of I year BDS,
bearing roll no:1802111052	, has Successfully completed the Value added Co	urse — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	NAGARAPU SREEJA	of I year BDS,
bearing roll no:1802111059	, has Successfully completed the Value added Co	ourse — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	NEHA TAHSEEN	of I year BDS,
bearing roll no:1802111060	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the i	institute from 21 <sup>st</sup> Jun 2018 to 23 <sup>rd</sup> Jun 2018.	



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Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	PANDULA PRIYANKA	_ of I year BD <b>S</b> ,
bearing roll no:1802111061	, has Successfully completed the Value added C	ourse — "YOGA
and Wellness", conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	KSHITHIJA V SWAMY	_ of I year BDS,
bearing roll no:1802111047	, has Successfully completed the Value added C	ourse — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	PANJALA SOUSHILYA	_ of I year BD <b>S</b> ,
bearing roll no:1802111062	, has Successfully completed the Value added (	Course — <b>"YOGA</b>
and Wellness", conducted, in the i	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	PASUNURI AARTHI	of I year BDS,
bearing roll no:1802111063	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	PERICHERLA SANJANA	_ of I year BD <b>S</b> ,
bearing roll no:1802111064	, has Successfully completed the Value added C	ourse — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/N	Ms	PIDIMALLA MOUNI	KA	_ of I year BDS,
bearing roll no:180	2111065 , ha	s Successfully completed	the Value added Co	ourse — "YOGA
and Wellness", conduc	ted, in the institut	e from 21st Jun 2018 to	23 <sup>rd</sup> Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	PIPPRA OOHA	of I year BDS,
bearing roll no:1802111066	, has Successfully completed the Value added Co	urse — <b>"YOGA</b>
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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	PITLA NAYANA	of I year BDS,
bearing roll no:1802111067	, has Successfully completed the Value added Co	urse – "YOGA
and Wellness", conducted, in the	institute from 21 <sup>st</sup> Jun 2018 to 23 <sup>rd</sup> Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	PRIYANKA P	of I year BDS,
bearing roll no:1802111068	, has Successfully completed the Value added Co	ourse — "YOGA
and Wellness", conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	PULLURI SWARNA SREE	_ of I year BDS,
bearing roll no:1802111069	, has Successfully completed the Value added Co	ourse – "YOGA
and Wellness", conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	MUNDE NIHARIKA	_ of I year BDS,
bearing roll no:1802111058	, has Successfully completed the Value added C	ourse – <b>"YOGA</b>
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.

S P MANEESHA

of I year BDS,

bearing roll no: \_\_\_\_\_1802111075

\_\_\_\_\_, has Successfully completed the Value added Course — "YOGA

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.

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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	SABBI ROHITHA	_ of I year BDS,
bearing roll no:1802111076	, has Successfully completed the Value added (	Course — <b>"YOGA</b>
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

G Santur

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Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	SAI ANHITI ESTRAMULI	of I year BDS
		•

bearing roll no: 1802111077, has Successfully completed the Value added Course — "YOGA"

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.

G . Santal

Hyderabad Wonday

Principal / Dean



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Certificate of Completion

Course Code: VAC-1801

This to certify that	at Mr/Ms	SAI VATHSALA SALUNKE	of I year BDS,
bearing roll no: _	1802111078	, has Successfully completed the Value added Cor	ırse — <b>"YOGA</b>
and Wellness",	conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator



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# Certificate of Completion

Course Code: VAC-1801

This to certify tha	it Mr/Ms	SANNAPURI NANDINI of	I year BDS,
bearing roll no: _	1802111079	, has Successfully completed the Value added Cours	e – "YOGA
and Wellness",	conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	+

G. Santung Coordinator



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# Certificate of Completion

Course Code: VAC-1801

This to certify tha	t Mr/Ms	SARAH MEHREEN of I y	ear BDS,
bearing roll no: _	1802111080	, has Successfully completed the Value added Course —	"YOGA
and Wellness",	conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	ROQUIA IRFAN	of I year BDS,
bearing roll no:1802111073	, has Successfully completed the Value added	Course — <b>"YOGA</b>
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	RUBA TARANNUM	of I year BD <b>S</b> ,
bearing roll no:1802111074	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	



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# Certificate of Completion

Course Code: VAC-1801

This to certify that	Mr/Ms	RACHULAPALLY GEERVANI	_ of I year BDS
bearing roll no:	1802111070	, has Successfully completed the Value added C	ourse – <b>"YOGA</b>

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.

G. Santay

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Principal / Dean

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	RAFATH NOORI	_ of I year BDS,
bearing roll no:1802111071	, has Successfully completed the Value added C	ourse – "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

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# Certificate of Completion

Course Code: VAC-1801

This to certify th	at Mr/Ms	REENA KOUSAL	_ of I year BD <mark>S</mark> ,
bearing roll no: _	1802111072	, has Successfully completed the Value added Co	ourse — "YOGA
and Wellness",	conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	SAVASI MALAVIKA	of I year BD <b>S</b> ,
bearing roll no:1802111081	, has Successfully completed the Value added	Course — <b>"YOGA</b>
and Wellness", conducted, in th	ie institute from 21st Jun 2018 to 23rd Jun 2018.	



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	SHABNAM BEGUM	of I year BD
, ,		

bearing roll no: \_\_\_\_\_1802111082 \_\_\_\_\_, has Successfully completed the Value added Course — "YOGA

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.



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# Certificate of Completion

Course Code: VAC-1801

This to certify that	at Mr/Ms	SHAFIA IMROZ	of I year BDS,
bearing roll no: _	1802111083	, has Successfully completed the Value added Co	urse — " <b>YOGA</b>
and Wellness",	conducted, in the i	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Hyderabad

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Certificate of Completion

Course Code: VAC-1801

SHAFIANA FATIMA of I year BDS, This to certify that Mr/Ms.

bearing roll no: 1802111084, has Successfully completed the Value added Course - "YOGA"

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.





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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	SHIVANI MAHAJAN	of I year BDS,
bearing roll no:1802111085	, has Successfully completed the Value added Co	urse – "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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Principal / Dean

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	SRIPADA CHANDANA	of I year BDS,
bearing roll no:180211	086 , has Successfully completed the Value added Cou	irse – "YOGA
and Wellness", conducted,	in the institute from 21st Jun 2018 to 23rd Jun 2018.	



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Certificate of Completion

Course Code: VAC-1801

SYEDA SAFIA SULTANA This to certify that Mr/Ms.

of I year BDS,

bearing roll no: \_\_\_\_\_ 1802111087

\_\_\_\_, has Successfully completed the Value added Course — "YOGA

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	UMAIMA SAMEEN	of I year BDS,
bearing roll no:1802111094	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	VADLURI SONY	_ of I year BDS,
bearing roll no:1802111095	, has Successfully completed the Value added C	Course — "YOGA
and Wellness", conducted, in the	e institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Hyderabad W

Principal / Dean
\*\*tatla Reddy Dental College for Women



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	VANGA NIKHITHA	of I year BDS

bearing roll no: \_\_\_\_\_1802111096 \_, has Successfully completed the Value added Course — "YOGA

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	VEERAMALLA SATHWIKA GOUD	_ of I year BDS,
bearing roll no:1802111097	, has Successfully completed the Value added C	ourse – "YOGA
and Wellness", conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	



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Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.

SYEDA SANA RAZVI

of I year BDS,

bearing roll no: \_\_\_\_ 1802111088

has Successfully completed the Value added Course — "YOGA"

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.

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# Certificate of Completion

Course Code: VAC-1801

This to certify that	t Mr/Ms	T LAKSHMI PRIYA	of I year BDS,
bearing roll no: _	1802111089	, has Successfully completed the Value added Co	ourse — <b>"YOGA</b>
and Wellness", c	onducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	TASNEEM UNNISSA	of I year BDS
		-

bearing roll no: \_\_\_\_\_1802111090 , has Successfully completed the Value added Course — "YOGA

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	PENDYALA TEJASWINI	_ of I year BDS,
bearing roll no:1802111091	, has Successfully completed the Value added C	Course — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	



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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.		THIRUNAHARI ABDHIJA	of I year BDS,
bearing roll no:	1802111092	, has Successfully completed the Value added C	ourse — <b>"YOGA</b>
and Wellness", co	onducted, in the i	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	UGNI SRAVYA SREE	_ of I year BDS,
bearing roll no:1802111093	, has Successfully completed the Value added (	Course — <b>"YOGA</b>
and Wellness", conducted, in th	ie institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	PANTANGI DIVYA	_ of I year BD <mark>S</mark> ,
bearing roll no:1702111063	, has Successfully completed the Value added C	ourse – <b>"YOGA</b>
and Wellness", conducted, in the in	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	IRHAM DANIYAN	_ of I year BDS,
bearing roll no:1702111033	, has Successfully completed the Value added C	ourse — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

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Principal / Dean

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	NISHIKA REDDY KOMATIREDDY	of I year BDS,
bearing roll no:1702111061	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in th	e institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

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Certificate of Completion

Course Code: VAC-1801

This to certify tha	t Mr/Ms.	JATOTH DIVYA	of I year BD <b>S</b> ,
bearing roll no: _	1702111038	, has Successfully completed the Value added Cou	rse – "YOGA
and Wellness", o	conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

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Certificate of Completion

Course Code: VAC-1801

This to certify the	at Mr/Ms	TANMAYEE SRIPADA	of I year BDS,
bearing roll no: _	1702111090	, has Successfully completed the Value added Co	ourse — <b>"YOGA</b>
and Wellness",	conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Hyderabad Frincipal Raddy Dental

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr,	/Ms	HA	RINI B		of I year	r BDS,
bearing roll no:16	02111038	has Successfully	completed the	e Value added	Course — "	YOGA
and Wellness", condu	icted, in the instit	tute from 21st Ju	ın 2018 to 23°	<sup>d</sup> Jun 2018.		

Coordinator

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Certificate of Completion

Course Code: VAC-1801

This to certify that	it Mr/Ms	SAKKI RISHITHA	of I year BDS,
bearing roll no: _	1602111083	, has Successfully completed the Value added Cou	rse – <b>"YOGA</b>
and Wellness",	conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	VOOTUKURI SANJANA REDDY	_ of I year BD <b>S</b> ,
bearing roll no:1802111098	, has Successfully completed the Value added Co	ourse — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify tha	at Mr/Ms	ZEENATH AFREEN	of I year BDS,
bearing roll no: _	1802111099	, has Successfully completed the Value added Co	ourse – "YOGA
and Wellness",	conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify th	at Mr/Ms	ZIA TAHURA	of I year BDS,
bearing roll no: _	1802111100	, has Successfully completed the Value added Co	urse <b>– "YOGA</b>
and Wellness",	conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	AFREEN FATIMA	of I year BDS,
bearing roll no:1702111004	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.		GUNTURI PADMA PRIYA	of I year BDS,
bearing roll no: _	1702111030	, has Successfully completed the Value add	led Course — "YOGA

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	MARIYAM UNNISA	_ of I year BD <b>S</b> ,
bearing roll no:1702111054	, has Successfully completed the Value added	Course — <b>"YOGA</b>
and Wellness", conducted, in th	e institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	BANDI SPANDANA	of I year BDS,
bearing roll no:1802111013	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the in	istitute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	BANOTHU HARI PRIYA	of I year BDS,
bearing roll no:1802111014	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	BANOTHU VASAVI	of I year BDS,
bearing roll no:1802111015	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	



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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	BOLLABATHINI HARITHA	of Lyear BDS,
bearing roll no:1802111016	, has Successfully completed the Value added Co	urse – <b>"YOGA</b>
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify the	at Mr/Ms	CHINDUKURI BHAVANA	of I year BDS,
bearing roll no: _	1802111017	, has Successfully completed the Value added Cor	urse – "YOGA
and Wellness",	conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	CH ABHIGNYA	of I year BDS,
bearing roll no:1802111018	, has Successfully completed the Value added Co	urse — "YOGA
and Wellness", conducted, in the i	institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	CHINTALA SAI HARSHINI	of I year BDS,
bearing roll no:1802111019	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the	ie institute from 21st Jun 2018 to 23rd Jun 2018.	



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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	CHITNENI DIVYA	_ of I year BDS,
bearing roll no:1802111020	nas Successfully completed the Value added C	ourse – "YOGA
and Wellness", conducted, in t	he institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator



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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	CHOUHAN RAJASREE	of I year BDS

bearing roll no: 1802111021, has Successfully completed the Value added Course — "YOGA"

and Wellness", conducted, in the institute from 21st Jun 2018 to 23rd Jun 2018.

Coordinator

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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms	D BHAGYASREE	of I year BDS,
bearing roll no:180211102	has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in	the institute from 21st Jun 2018 to 23rd Jun 2018.	*

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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	DASARI MONICA	of I year BDS,
bearing roll no:1802111023	_, has Successfully completed the Value added Co	ourse — "YOGA
and Wellness", conducted, in the in	stitute from 21st Jun 2018 to 23rd Jun 2018.	



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## Certificate of Completion

Course Code: VAC-1801

This to certify that	at Mr/Ms	DEVATH APOORVA	of I year BDS,
bearing roll no: _	1802111024	, has Successfully completed the Value added Co	urse — "YOGA
and Wellness",	conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	DUDEKULA PARVEEN	of I year BDS,
bearing roll no:1802111025	, has Successfully completed the Value added Co	urse — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	ASKANI SAI CHARITHA	_ of I year BDS,
bearing roll no:1802111010	, has Successfully completed the Value added (	Course — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	AYESHA MUNAZZA	_ of I year BDS,
bearing roll no:1802111011	, has Successfully completed the Value added Co	ourse – "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Hyderabad

Frincipal / Dean াষ্ট্ৰ নিৰ্বা**dy Dent**al College for Women \_ **Principal/Dean** 



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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/M	S	AYIS	SHA		of I <b>y</b> ea	r BDS,
bearing roll no:1802	2111012 , has S	Successfully co	mpleted the	Value added	Course — "	YOGA
and Wellness", conduct	ed, in the institute fo	rom 21st Jun	2018 to 23 <sup>rd</sup>	Jun 2018.		

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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	IMAAN UNNISA	of I year BDS,
bearing roll no:1802111032	has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the	ne institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

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## Certificate of Completion

Course Code: VAC-1801

This to certify th	at Mr/Ms	IQRA MAHEEN	of I year BDS,
bearing roll no: _	1802111033	, has Successfully completed the Value added Co	urse — "YOGA
and Wellness",	conducted, in the i	institute from 21st Jun 2018 to 23rd Jun 2018.	

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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	JAKKULA VIJAYALAXMI	of I year BDS,
bearing roll no:1802111034	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in th	e institute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	JAMPULA MOUNIKA	of I year BDS,
bearing roll no:1802111035	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the	e institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Principal Malla Reddy Dental College For Women



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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	JUTTIKA JAHNAVI	_ of I year BDS,
bearing roll no:1802111036	, has Successfully completed the Value added (	Course – "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Principal / Dean faila Reddy Dental College for Women Principal/Dean



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	K V DEEKSHITA	of I year BDS,
bearing roll no:1802111037	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Principal / Dean
Halla Reddy Dental College for Women



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	KALKUDE SHARANYA REDDY	_ of I year BD <b>S</b> ,
bearing roll no:1802111038	, has Successfully completed the Value added C	ourse – <b>"YOGA</b>
and Wellness", conducted, in the	e institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	KALLOTTATHU SHARON JAMES	_ of I year BDS,
bearing roll no:1802111039	, has Successfully completed the Value added C	ourse – <b>"YOGA</b>
and Wellness", conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

9 Jan

Coordinator



Principal / Dean Mälla Reddy Dental College for Women



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	KALLURI TRIVENI	_ of I year BD <b>S</b> ,
bearing roll no:1802111040	, has Successfully completed the Value added Co	ourse — "YOGA
and Wellness", conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Principal / Dean Reddy Dental College for Womer



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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	GURRALA SOFIYA	of I year BDS,
bearing roll no:1802111026	, has Successfully completed the Value added	Course — "YOGA
and Wellness", conducted, in the i	institute from 21st Jun 2018 to 23rd Jun 2018.	

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Principal / Dean la Reddy Dental College for Wome



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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	GAADARI SANJANA	_ of I year BD <mark>S,</mark>
bearing roll no:1802111027	, has Successfully completed the Value added C	ourse – <b>"YOGA</b>
and Wellness", conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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## Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	GADDAM KEERTHANA	_ of Lyear BDS,
bearing roll no:1802111028	, has Successfully completed the Value added (	Course — "YOGA
and Wellness", conducted, in th	ie institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Principal / Dean
Malla Reddy Dental College for Women Principal/Dean



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Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	GANGISHETTI SRIVANI	_ of I year BDS,
bearing roll no:1802111029	, has Successfully completed the Value added C	ourse – <b>"YOGA</b>
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	





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# Certificate of Completion

Course Code: VAC-1801

This to certify tha	it Mr/Ms	GUDEPU ANJANA SREE	of I year BDS,
bearing roll no: _	1802111030	, has Successfully completed the Value added Co	urse – <b>"YOGA</b>
and Wellness",	conducted, in the i	nstitute from 21st Jun 2018 to 23rd Jun 2018.	

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# Certificate of Completion

Course Code: VAC-1801

This to certify that Mr/Ms.	HARIKA GOWRISETTI	of I year BDS,
bearing roll no:1802111031	, has Successfully completed the Value added Co	ourse — "YOGA
and Wellness", conducted, in the	institute from 21st Jun 2018 to 23rd Jun 2018.	

Coordinator

Apparabad Woman

Principal / Dean
Jaila Reddy Dental College for Women



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	Feedback analysis of students on VALUI	E ADD	ED C	OUR	SES		
Acade	mic Year : 2018-2019	Year:	I year	BDS			
Name	of the VAC: Yoga And Wellness						
	Course Code: VAC-1801	Stu	dents I	Registe	ered:		110
param				for eac	ch of th	e foll	owing
(1- stro	ongly Disagree, 2- Disagree, 3- Uncertain, 4- Agree, 5- Strongl	y Agree					T .
Sl. No	Attributes	5	4	3	2	1	Average Score
· 1	How informative was the course	78	21	11			4.61
2	Content was organised and easy to follow	81	17	12	·		4.63
3	The objectives of value added course were clearly defined	83	21	3	3		4.67
4	The participation and interaction were encouraged	85	16	9			4.69
5	Course experience will be useful in my work	90	15	5			4.77
6	The resource person was knowledgeable about the topic	88	22				4.80
7	The time allotted for the course is sufficient	85	19	6			4.72
8	Did the course provide good balance between theory & practice?	87	23				4.79

Suggestions: Could have demonstrated more yoga asanas for daily life.

Coordinator

Principal/Dean



Principal / Dean

Malla Reddy Dental College for Women

Email: mrdcw.2013@gmail.com

www.mrdcw.org