

Date: 15-06-2020

Hyderabad

To,
The Principal/Dean,
Malla Reddy Dental College for women,
Suraram.

Sub: Requesting Permission to conduct Value Added Course (VAC) for I year BDS students.

Respected Sir,

The Programme Development Committee of MRDCW, would like to organize the Value-Added course on “**BASIC YOGA COURSE**” for I year BDS students from 21st June 2020 to 23rd June 2020. In this regard, kindly grant us permission for the same and support the event with necessary resources.

Thanking You,

Yours faithfully,


Dr. G. Santhosh Reddy

VAC CO-ORDINATOR

Professor & HOD

Department of Oral Maxillofacial Surgery

Malla Reddy Dental College for Women.


Principal / Dean
Malla Reddy Dental College for Women.




Principal / Dean
Malla Reddy Dental College for Women


MALLA REDDY
DENTAL COLLEGE FOR WOMEN

(SPONSORED BY : CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliation to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.
Reconginsed by Dental Council of India, New Delhi

Ref: MRDCW/Circulars/VAC/2020/Jun-02

Date: 17-06-2020

Circular

The Students of I Year BDS are hereby informed to attend the **Value-added course** “**BASIC YOGA COURSE**” scheduled from 21st June 2020 to 23rd June 2020. The concerned subject HODs are hereby requested to give permission to the students for attending the same.

Resource person – Dr. M. Srinivas Rao, Physical director, MREC

Venue – Zoom Online Session

Date – 21st June 2020 to 23rd June 2020

Time – 9.00 AM - 4.00 PM



Principal/Dean,

Malla Reddy Dental College for Women
Principal / Dean
Malla Reddy Dental College for Women

Copy to:

- Students notice board
- All Department HODs
- Curriculum Committee
- All Academic Coordinators
- PA to Principal for filing





Principal / Dean
Malla Reddy Dental College for Women


MALLA REDDY
DENTAL COLLEGE FOR WOMEN

Welcomes all

BASIC YOGA COURSE

DATE-21,22&23 JUNE 2020
VENUE-ZOOM MEETING
TIMMING-9AM to 04 pm



Bu

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BASIC YOGA COURSE

DAY-1(21/6/20)

Session	Time	Name of the topic
Session 1	9:00am-11:30am	Importance of yoga
Session 2	1:30pm-4:00pm	How breathing exercise make difference during Covid-19

DAY-2(22/6/20)

Session	Time	Name of the topic
Session 3	9:00am-11:30am	Explanation of various breathing exercises
Session 4	1:30pm-4:00pm	Training for participants

DAY-3(23/6/20)

Session	Time	Name of the topic
Session 5	9:00am-11:30am	Training for the participants
Session 6	1:30pm-4:00pm	Interaction and Feedback



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COURSE SYLLABUS

BASIC YOGA COURSE

MODULE	SYLLABUS
MODULE 1 :	Introduction to Yoga Hatha Yoga Alignment, Principles and Modifications for common poses Vinyasa Flow
MODULE 2 :	Sequencing and Transitioning between poses Pranayama and Meditation Basic Meditation Techniques for Focus and Relaxation
MODULE 3 :	Yoga for strength and balance Yoga for Flexibility Integration and Self practise



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REPORT OF THE EVENT

Date: 24-06-2020

BASIC YOGA COURSE:

Basic yoga course can be an excellent way to manage stress, improve flexibility, build strength, and enhance overall well-being. Helps to connect with like-minded individuals and build a supportive community. Group classes offer encouragement, motivation, and a sense of belonging.

COURSE OBJECTIVES:

General objective:

It provides a solid foundation for your practice and empower you to cultivate greater physical, mental, and emotional well-being.

Specific objectives:

- To learn about the history of yoga, fundamental principles, its different branches, and its benefits for physical and mental health.
- The core of the course was focused on learning basic yoga poses or asanas. These poses included standing poses, seated poses, forward bends, backbends, twists, and balancing poses

Outcome:

Yoga Programme creates a strong sense of identity, a strong sense of wellbeing, confident and involved learners, effective communication to the students.

RESOURCE PERSON: Dr. M. Srinivas Rao, Physical director, MREC

VENUE: Zoom online Session

DATE: 21st June 2020 to 23rd June 2020

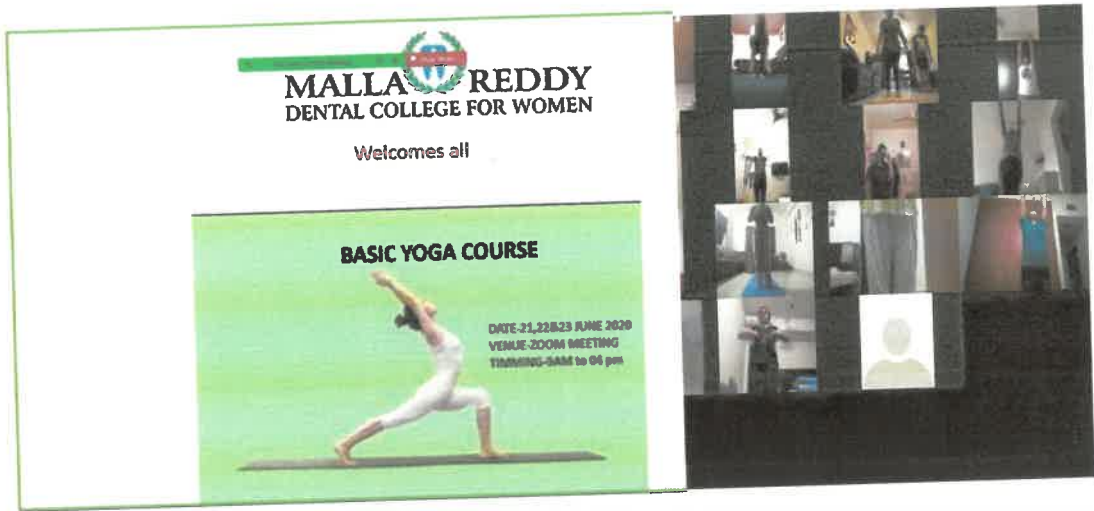
NUMBER OF PARTICIPANTS: 118 students from Ist year BDS

DURATION: 15 hrs



Principal / Dean
Malla Reddy Dental College for Women

Glimpse of the course



G. Santosh
VAC Coordinator



Bee
Principal / Dean
Malla Reddy Dental College for Women



MALLA REDDY
DENTAL COLLEGE FOR WOMEN

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Recognised by Dental Council of India, New Delhi.

Basic Yoga Course

Course Code: VAC- 2005

Year: 1st BDS

DATE: 21st -23rd June 2020

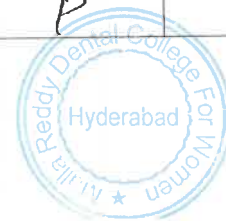
Total students Enrolled: 118

Venue: Zoom Online Classes

Time: 9.00 AM – 4.00 PM

Attendance sheet for VAC: Basic Yoga Course

S.NO	REGISTRATION NO	NAME OF THE STUDENT	21/6/20 FN	21/6/20 AN	22/6/20 FN	22/6/20 AN	23/6/20 FN	23/6/20 AN
1	2002111001	ADDURI RISHITHA	P	P	P	P	P	P
2	2002111002	ADIGOPPULA SOUMYA	P	P	P	P	P	P
3	2002111003	AMTUL SAFOORAH	P	P	P	P	P	P
4	2002111004	ANAESA SAYEED	P	P	P	P	P	P
5	2002111005	ANIQUA FIRDOUSE	P	P	P	P	P	P
6	2002111006	ARRA SAI SHIVANI	P	P	P	P	P	P
7	2002111007	AYESHA FAREHA	P	P	P	P	P	P

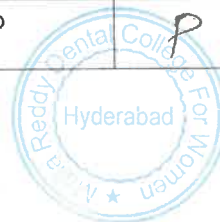


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8	2002111008	AYESHA SIDDIQA	P	P	P	P	P	P
9	2002111009	AYESHA SULTANA	P	A	A	P	A	A
10	2002111010	B BRINDA	P	P	P	P	P	P
11	2002111011	BALASTU MEGHANA	P	P	P	P	P	P
12	2002111012	BURKA VARSHA	P	P	P	P	P	P
13	2002111013	C SAHITHI	P	P	P	P	P	P
14	2002111014	CHADAGONDA ANUSHA	P	P	P	P	P	P
15	2002111015	CHANDUPATLA VARSHITHA REDDY	P	P	P	P	P	P
16	2002111016	CHAUHAN RAGASANJANA	P	P	P	P	P	P
17	2002111017	CHERUVUKOMMU VARSHA	P	P	P	P	P	P
18	2002111018	CHINTHANURI MANASA	P	P	P	P	P	P
19	2002111019	CHOPPARI SWARNAMOULI	P	P	P	P	P	P
20	2002111020	D DIVYA SREE	P	A	P	A	A	A
21	2002111021	D JHANSI	P	P	P	P	P	P
22	2002111022	DODDA MAHITHA	P	P	P	P	P	P
23	2002111023	DURGAPU AAKANKSHA	P	P	P	P	P	P
24	2002111024	E SUNITHA	P	P	P	P	P	P
25	2002111025	EDUNOORI TEJASREE	P	P	P	P	P	P
26	2002111026	FAIZA AHMADI	P	P	<u>BW</u>	P	P	P



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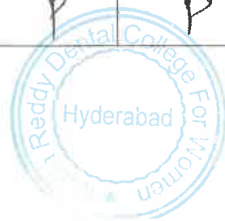
27	2002111027	GANGI SHETTY SONALI GUPTA	P	P	P	P	P	P
28	2002111028	GANTOLA HEMA	P	P	P	P	P	P
29	2002111029	GARIMELLA SRAAVANI	P	A	A	A	A	A
30	2002111030	GOPALDAS MEGHANA	P	P	P	P	P	P
31	2002111031	GUDEPU KAVYA	P	P	P	P	P	P
32	2002111032	HAFSA SHUJA	P	P	P	P	P	P
33	2002111033	HUSNA FATIMA	P	P	P	P	P	P
34	2002111034	HUSNA SULTANA	P	P	P	P	P	P
35	2002111035	IFFATH ANSARI	P	P	P	P	P	P
36	2002111036	JORIGE SRI LAKSHMI SRAVYA	P	P	P	P	P	P
37	2002111037	JUVVALA SUNEETHA	P	P	P	P	P	P
38	2002111038	K N S PRANAVI	P	P	P	P	P	P
39	2002111039	K NIKSHIPHA	P	P	P	P	P	P
40	2002111040	KANEEZ FATIMA	P	P	P	P	P	P
41	2002111041	KOLAKATLA SAHITHI	P	P	P	P	P	P
42	2002111042	KONDE RITHVIKA	P	P	P	P	P	P
43	2002111043	KUSAM NAVYA SRI	P	P	P	P	P	P
44	2002111044	LAKKARAJ LAKSHMI LAASYA	P	P	P	P	P	P
45	2002111045	LANKAPALLI VIJAYA KUMARI	P	P	P	P	P	P



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46	2002111046	MADHAVI LAVUDIYA	P	A	A	P	A	A
47	2002111047	MADIHA FATIMA	P	P	P	P	P	P
48	2002111048	MADIHA KHAN	P	P	P	P	P	P
49	2002111049	MALKA CHANDANA	P	P	P	P	P	P
50	2002111050	MAMTA	P	P	P	P	P	P
51	2002111051	MANGALAGIRI POOJITHA	P	P	P	P	P	P
52	2002111052	MANKU SHRAVANI	P	P	P	P	P	P
53	2002111053	MARIA AHMED	P	P	P	P	P	P
54	2002111054	MAZREENA NIGAR	P	P	P	P	P	P
55	2002111055	MEHER JABEEN	P	P	P	P	P	P
56	2002111056	MOHAMMADI ZAINAB NAJAM	P	A	P	A	A	A
57	2002111057	NABEELA MAHROOR	P	P	P	P	P	P
58	2002111058	NAGARAM SUPRIYA	P	P	P	P	P	P
59	2002111059	NUSRATH UNNISA BEGUM	P	P	P	P	P	P
60	2002111060	P ADVAITHA	P	P	P	P	P	P
61	2002111061	P DEVA DHARSHINI	P	P	P	P	P	P
62	2002111062	P SNEHA	P	P	P	P	P	P
63	2002111063	PAIDIPALLY HASITHA	P	P	P	P	P	P
64	2002111064	P SONIYA MAYURI	P	P	P	P	P	P



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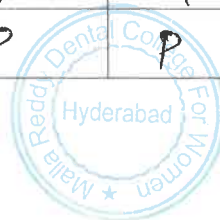
65	2002111065	PHADATARE SAKSHI	P	P	P	P	P	P
66	2002111066	PONNAM VARSHA	P	A	A	P	A	A
67	2002111067	POTHARAJU SHIRISHA	P	P	P	P	P	P
68	2002111068	PULKAM AKSHITHA	P	P	P	P	P	P
69	2002111069	RAIYA TASNEEM	P	P	P	P	P	P
70	2002111070	RAPELLI SUPRIYA	P	P	P	P	P	P
71	2002111071	RAVULA AISHWARYA	P	P	P	P	P	P
72	2002111072	S PRANATHI	P	P	P	P	P	P
73	2002111073	SABA FIRDOUSE	P	P	P	P	P	P
74	2002111074	SABREEN JAWAD MIRZA	P	P	P	P	P	P
75	2002111075	SADIYA KHANAM	P	P	P	P	P	P
76	2002111076	SAFIYA TABASSUM	P	P	P	P	P	P
77	2002111077	SAFOORA FATHIMA	P	P	P	P	P	P
78	2002111078	SAGGU SREE BHANU	P	P	P	P	P	P
79	2002111079	SAMRAH MEHVEEN	P	P	P	P	P	P
80	2002111080	SANA	P	P	P	P	P	P
81	2002111081	SANA NAWAZIYA	P	P	P	P	P	P
82	2002111082	SANIA KHANAM BAIG	P	P	P	P	P	P
83	2002111083	SARANGAM SAMEEKSHA	P	A	A	A	A	A



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84	2002111084	SEELI GREESHMA	P	P	P	P	P	P
85	2002111085	SHAHZEENA MAHVEEN	P	P	P	P	P	P
86	2002111086	SHIFA NAAZ	P	P	P	P	P	P
87	2002111087	SHREYA SINGH	P	P	P	P	P	P
88	2002111088	SUFIA NOORIEN	P	P	P	P	P	P
89	2002111089	SUMAIYA SAMREEN	A	P	A	A	P	A
90	2002111090	SYEDA AMENA TABASSUM	P	P	P	P	P	P
91	2002111091	SYEDA MUNAWARI AYESHA AHMED	P	P	P	P	P	P
92	2002111092	T SAI PRANATHI	P	P	P	R	P	P
93	2002111093	THOOM SHIVANI	P	P	P	P	P	P
94	2002111094	THUMMA GAYATHRI	P	P	P	P	P	P
95	2002111095	VANGA ASHWITHA	P	P	P	P	P	P
96	2002111096	VILASAGARAM POOJA	P	P	P	P	P	P
97	2002111097	VIMALA JUSTINA JUTURU	P	P	P	P	P	P
98	2002111098	VODNALA LAVANYA	P	P	P	P	P	P
99	2002111099	YAJJAVARAPU LAVANYA	P	P	P	P	P	P
100	2002111100	ZEBAS TASNEEM	P	A	P	A	A	A
101	1902111003	AKKENAPALLY ABHIGNA	P	P	P	P	P	P
102	1902111004	ALIYA MAHVEEN	P	P	P	P	P	P



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103	1902111005	ALIYA SULTHANA	P	P	P	P	P	P
104	1902111010	AYESHA MOHIUDDIN	P	P	P	P	P	P
105	1902111021	DATLA TEJASWI	P	P	P	P	P	P
106	1902111024	DIDDI HARSHA	P	P	P	P	P	P
107	1902111025	DODDA ASRITHA	P	P	P	P	P	P
108	1902111041	KRITHIKA A	P	P	P	P	P	P
109	1902111044	KURAPATI GOWRISAI TULASI	P	P	P	P	P	P
110	1902111047	M RANJANA	P	P	P	P	P	P
111	1902111053	MARIUM NAJAM	P	A	A	A	P	A
112	1902111057	NADDUNURI SAI DEEPIKA	P	P	P	P	P	P
113	1902111067	PECHETTI KUSUMA SAI	P	P	P	P	P	P
114	1902111068	PERI NAGA SAI KRUTHI ESHA	P	P	P	P	P	P
115	1902111070	PISAPATI SRI HARSHITHA	P	P	P	P	P	P
116	1902111076	RUQAIYA NAZNEEN	P	P	P	P	P	P
117	1602111083	SAKKI RISHITHA	P	A	A	A	P	A
118	1602111038	HARINI B	P	A	P	A	A	A

VAC Coordinator



U Chandrasekhar
Principal/ Dean
Bue
Principal / Dean
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Recognised by Dental Council of India, New Delhi

Basic Yoga Course	
Course Code: VAC- 2005	Year: 1 st BDS
DATE: 21 st -23 rd June 2020	Total students Enrolled: 118
Venue: Zoom Online Classes	
Time: 9.00 AM – 4.00 PM	

Details of Students Enrolled for VAC: Basic Yoga course

S.NO	NAME OF THE STUDENT	REGISTRATION NO	ENROLLED
1	ADDURI RISHITHA	2002111001	Yes
2	ADIGOPPULA SOUMYA	2002111002	Yes
3	AMTUL SAFOORAH	2002111003	Yes
4	ANAESA SAYEED	2002111004	Yes
5	ANIQUA FIRDOUSE	2002111005	Yes
6	ARRA SAI SHIVANI	2002111006	Yes
7	AYESHA FAREHA	2002111007	Yes
8	AYESHA SIDDIQA	2002111008	Yes
9	AYESHA SULTANA	2002111009	Yes
10	B BRINDA	2002111010	Yes
11	BALASTU MEGHANA	2002111011	Yes
12	BURKA VARSHA	2002111012	Yes
13	C SAHITHI	2002111013	Yes
14	CHADAGONDA ANUSHA	2002111014	Yes
15	CHANDUPATLA VARSHITHA REDDY	2002111015	Yes
16	CHAUHAN RAGASANJANA	2002111016	Yes
17	CHERUVUKOMMU VARSHA	2002111017	Yes
18	CHINTHANURI MANASA	2002111018	Yes
19	CHOPPARI SWARNAMOULI	2002111019	Yes
20	D DIVYA SREE	2002111020	Yes
21	D JHANSI	2002111021	Yes
22	DODDA MAHITHA	2002111022	Yes
23	DURGAPU AAKANKSHA	2002111023	Yes
24	E SUNITHA	2002111024	Yes
25	EDUNOORI TEJASREE	2002111025	Yes
26	FAIZA AHMADI	2002111026	Yes
27	GANGI SHETTY SONALI GUPTA	2002111027	Yes
28	GANTOLA HEMA	2002111028	Yes
29	GARIMELLA SRAAVANI	2002111029	Yes
30	GOPALDAS MEGHANA	2002111030	Yes
31	GUDEPU KAVYA	2002111031	Yes
32	HAFSA SHUJA	2002111032	Yes

Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad

Phone : 91001 89797

Email : mrdcw.2013@gmail.com

www.mrdcw.org

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33	HUSNA FATIMA	2002111033	Yes
34	HUSNA SULTANA	2002111034	Yes
35	IFFATH ANSARI	2002111035	Yes
36	JORIGE SRI LAKSHMI SRAVYA	2002111036	Yes
37	JUVVALA SUNEETHA	2002111037	Yes
38	K N S PRANAVI	2002111038	Yes
39	K NIKSHIPTHA	2002111039	Yes
40	KANEEZ FATIMA	2002111040	Yes
41	KOLAKATLA SAHITHI	2002111041	Yes
42	KONDE RITHVIKA	2002111042	Yes
43	KUSAM NAVYA SRI	2002111043	Yes
44	LAKKARAJ LAKSHMI LAASYA	2002111044	Yes
45	LANKAPALLI VIJAYA KUMARI	2002111045	Yes
46	MADHAVI LAVUDIYA	2002111046	Yes
47	MADIHA FATIMA	2002111047	Yes
48	MADIHA KHAN	2002111048	Yes
49	MALKA CHANDANA	2002111049	Yes
50	MAMTA	2002111050	Yes
51	MANGALAGIRI POOJITHA	2002111051	Yes
52	MANKU SHRAVANI	2002111052	Yes
53	MARIA AHMED	2002111053	Yes
54	MAZREENA NIGAR	2002111054	Yes
55	MEHER JABEEN	2002111055	Yes
56	MOHAMMADI ZAINAB NAJAM	2002111056	Yes
57	NABEELA MAHROOR	2002111057	Yes
58	NAGARAM SUPRIYA	2002111058	Yes
59	NUSRATH UNNISA BEGUM	2002111059	Yes
60	P ADVAITHA	2002111060	Yes
61	P DEVA DHARSHINI	2002111061	Yes
62	P SNEHA	2002111062	Yes
63	PAIDIPALLY HASITHA	2002111063	Yes
64	P SONIYA MAYURI	2002111064	Yes
65	PHADATARE SAKSHI	2002111065	Yes
66	PONNAM VARSHA	2002111066	Yes
67	POTHARAJU SHIRISHA	2002111067	Yes
68	PULKAM AKSHITHA	2002111068	Yes
69	RAIYA TASNEEM	2002111069	Yes
70	RAPELLI SUPRIYA	2002111070	Yes
71	RAVULA AISHWARYA	2002111071	Yes
72	S PRANATHI	2002111072	Yes
73	SABA FIRDOUSE	2002111073	Yes
74	SABREEN JAWAD MIRZA	2002111074	Yes
75	SADIYA KHANAM	2002111075	Yes
76	SAFIYA TABASSUM	2002111076	Yes
77	SAFOORA FATHIMA	2002111077	Yes
78	SAGGU SREE BHANU	2002111078	Yes
79	SAMRAH MEHVEEN	2002111079	Yes
80	SANA	2002111080	Yes
81	SANA NAWAZIYA	2002111081	Yes
82	SANIA KHANAM BAIG	2002111082	Yes



Blue
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83	SARANGAM SAMEEKSHA	2002111083	Yes
84	SEELI GREESHMA	2002111084	Yes
85	SHAHZEENA MAHVEEN	2002111085	Yes
86	SHIFA NAAZ	2002111086	Yes
87	SHREYA SINGH	2002111087	Yes
88	SUFIA NOORIEN	2002111088	Yes
89	SUMAIYA SAMREEN	2002111089	Yes
90	SYEDA AMENA TABASSUM	2002111090	Yes
91	SYEDA MUNAWARI AYESHA AHMED	2002111091	Yes
92	T SAI PRANATHI	2002111092	Yes
93	THOOM SHIVANI	2002111093	Yes
94	THUMMA GAYATHRI	2002111094	Yes
95	VANGA ASHWITHA	2002111095	Yes
96	VILASAGARAM POOJA	2002111096	Yes
97	VIMALA JUSTINA JUTURU	2002111097	Yes
98	VODNALA LAVANYA	2002111098	Yes
99	YAJJAVARAPU LAVANYA	2002111099	Yes
100	ZEBA TASNEEM	2002111100	Yes
101	AKKENAPALLY ABHIGNA	1902111003	Yes
102	ALIYA MAHVEEN	1902111004	Yes
103	ALIYA SULTHANA	1902111005	Yes
104	AYESHA MOHIUDDIN	1902111010	Yes
105	DATLA TEJASWI	1902111021	Yes
106	DIDDI HARSHA	1902111024	Yes
107	DODDA ASRITHA	1902111025	Yes
108	KRITHIKA A	1902111041	Yes
109	KURAPATI GOWRISAI TULASI	1902111044	Yes
110	M RANJANA	1902111047	Yes
111	MARIUM NAJAM	1902111053	Yes
112	NADDUNURI SAI DEEPIKA	1902111057	Yes
113	PECHETTI KUSUMA SAI	1902111067	Yes
114	PERI NAGA SAI KRUTHI ESHA	1902111068	Yes
115	PISAPATI SRI HARSHITHA	1902111070	Yes
116	RUQAIYA NAZNEEN	1902111076	Yes
117	SAKKI RISHITHA	1602111083	Yes
118	HARINI B	1602111038	Yes

G. Santosh
VAC Coordinator

V Chandrasekh

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Basic Yoga Course	
Course Code: VAC- 2005	Year: 1 st BDS
DATE: 21 st -23 rd June 2020	Total students Enrolled: 118
Venue: Zoom Online Classes	
Time: 9.00 AM – 4.00 PM	

Details of Students Successfully completed VAC: Basic Yoga course

S.NO	NAME OF THE STUDENT	REGISTRATION NO	SUCCESSFULLY COMPLETED
1	ADDURI RISHITHA	2002111001	Yes
2	ADIGOPPULA SOUMYA	2002111002	Yes
3	AMTUL SAFOORAH	2002111003	Yes
4	ANAESA SAYEED	2002111004	Yes
5	ANIQUA FIRDOUSE	2002111005	Yes
6	ARRA SAI SHIVANI	2002111006	Yes
7	AYESHA FAREHA	2002111007	Yes
8	AYESHA SIDDIQA	2002111008	Yes
9	AYESHA SULTANA	2002111009	No
10	B BRINDA	2002111010	Yes
11	BALASTU MEGHANA	2002111011	Yes
12	BURKA VARSHA	2002111012	Yes
13	C SAHITHI	2002111013	Yes
14	CHADAGONDA ANUSHA	2002111014	Yes
15	CHANDUPATLA VARSHITHA REDDY	2002111015	Yes
16	CHAUHAN RAGASANJANA	2002111016	Yes
17	CHERUVUKOMMU VARSHA	2002111017	Yes
18	CHINTHANURI MANASA	2002111018	Yes
19	CHOPPARI SWARNAMOULI	2002111019	Yes
20	D DIVYA SREE	2002111020	No
21	D JHANSI	2002111021	Yes
22	DODDA MAHITHA	2002111022	Yes
23	DURGAPU AAKANKSHA	2002111023	Yes
24	E SUNITHA	2002111024	Yes
25	EDUNOORI TEJASREE	2002111025	Yes
26	FAIZA AHMADI	2002111026	Yes
27	GANGI SHETTY SONALI GUPTA	2002111027	Yes
28	GANTOLA HEMA	2002111028	Yes
29	GARIMELLA SRAAVANI	2002111029	No
30	GOPALDAS MEGHANA	2002111030	Yes
31	GUDEPU KAVYA	2002111031	Yes

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Email : mrdcw.2013@gmail.com

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32	HAFSA SHUJA	2002111032	Yes
33	HUSNA FATIMA	2002111033	Yes
34	HUSNA SULTANA	2002111034	Yes
35	IFFATH ANSARI	2002111035	Yes
36	JORIGE SRI LAKSHMI SRAVYA	2002111036	Yes
37	JUVVALA SUNEETHA	2002111037	Yes
38	K N S PRANAVI	2002111038	Yes
39	K NIKSHIPTHA	2002111039	Yes
40	KANEEZ FATIMA	2002111040	Yes
41	KOLAKATLA SAHITHI	2002111041	Yes
42	KONDE RITHVIKA	2002111042	Yes
43	KUSAM NAVYA SRI	2002111043	Yes
44	LAKKARAJ LAKSHMI LAASYA	2002111044	Yes
45	LANKAPALLI VIJAYA KUMARI	2002111045	Yes
46	MADHAVI LAVUDIYA	2002111046	No
47	MADIHA FATIMA	2002111047	Yes
48	MADIHA KHAN	2002111048	Yes
49	MALKA CHANDANA	2002111049	Yes
50	MAMTA	2002111050	Yes
51	MANGALAGIRI POOJITHA	2002111051	Yes
52	MANKU SHRAVANI	2002111052	Yes
53	MARIA AHMED	2002111053	Yes
54	MAZREENA NIGAR	2002111054	Yes
55	MEHER JABEEN	2002111055	Yes
56	MOHAMMADI ZAINAB NAJAM	2002111056	No
57	NABEELA MAHROOR	2002111057	Yes
58	NAGARAM SUPRIYA	2002111058	Yes
59	NUSRATH UNNISA BEGUM	2002111059	Yes
60	P ADVAITHA	2002111060	Yes
61	P DEVA DHARSHINI	2002111061	Yes
62	P SNEHA	2002111062	Yes
63	PAIDIPALLY HASITHA	2002111063	Yes
64	P SONIYA MAYURI	2002111064	Yes
65	PHADATARE SAKSHI	2002111065	Yes
66	PONNAM VARSHA	2002111066	No
67	POTHARAJU SHIRISHA	2002111067	Yes
68	PULKAM AKSHITHA	2002111068	Yes
69	RAIYA TASNEEM	2002111069	Yes
70	RAPELLI SUPRIYA	2002111070	Yes
71	RAVULA AISHWARYA	2002111071	Yes
72	S PRANATHI	2002111072	Yes
73	SABA FIRDOUSE	2002111073	Yes
74	SABREEN JAWAD MIRZA	2002111074	Yes
75	SADIYA KHANAM	2002111075	Yes
76	SAFIYA TABASSUM	2002111076	Yes
77	SAFOORA FATHIMA	2002111077	Yes
78	SAGGU SREE BHANU	2002111078	Yes
79	SAMRAH MEHVEEN	2002111079	Yes
80	SANA	2002111080	Yes
81	SANA NAWAZIYA	2002111081	Yes



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82	SANIA KHANAM BAIG	2002111082	Yes
83	SARANGAM SAMEEKSHA	2002111083	No
84	SEELI GREESHMA	2002111084	Yes
85	SHAHZEENA MAHVEEN	2002111085	Yes
86	SHIFA NAAZ	2002111086	Yes
87	SHREYA SINGH	2002111087	Yes
88	SUFIA NOORIEN	2002111088	Yes
89	SUMAIYA SAMREEN	2002111089	No
90	SYEDA AMENA TABASSUM	2002111090	Yes
91	SYEDA MUNAWARI AYESHA AHMED	2002111091	Yes
92	T SAI PRANATHI	2002111092	Yes
93	THOOM SHIVANI	2002111093	Yes
94	THUMMA GAYATHRI	2002111094	Yes
95	VANGA ASHWITHA	2002111095	Yes
96	VILASAGARAM POOJA	2002111096	Yes
97	VIMALA JUSTINA JUTURU	2002111097	Yes
98	VODNALA LAVANYA	2002111098	Yes
99	YAJJAVARAPU LAVANYA	2002111099	Yes
100	ZEBA TASNEEM	2002111100	No
101	AKKENAPALLY ABHIGNA	1902111003	Yes
102	ALIYA MAHVEEN	1902111004	Yes
103	ALIYA SULTHANA	1902111005	Yes
104	AYESHA MOHIUDDIN	1902111010	Yes
105	DATLA TEJASWI	1902111021	Yes
106	DIDDI HARSHA	1902111024	Yes
107	DODDA ASRITHA	1902111025	Yes
108	KRITHIKA A	1902111041	Yes
109	KURAPATI GOWRISAI TULASI	1902111044	Yes
110	M RANJANA	1902111047	Yes
111	MARIUM NAJAM	1902111053	No
112	NADDUNURI SAI DEEPIKA	1902111057	Yes
113	PECHETTI KUSUMA SAI	1902111067	Yes
114	PERI NAGA SAI KRUTHI ESHA	1902111068	Yes
115	PISAPATI SRI HARSHITHA	1902111070	Yes
116	RUQAIYA NAZNEEN	1902111076	Yes
117	SAKKI RISHITHA	1602111083	No
118	HARINI B	1602111038	No

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This to certify that Mr/Ms. ADDURI RISHITHA, I Year BDS,
bearing roll no: 2002111001, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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bearing roll no: 2002111002, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. AMTUL SAFOORAH, I Year BDS,
bearing roll no: 2002111003, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. ANAESA SAYEED, I Year BDS,
bearing roll no: 2002111004, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. ANIQUA FIRDOUSE, I Year BDS,
bearing roll no: 2002111005, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. ARRA SAI SHIVANI, I Year BDS,
bearing roll no: 2002111006, has Successfully completed the Value added Course – “**Basic
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This to certify that Mr/Ms. AYESHA FAREHA , I Year BDS,
bearing roll no: 2002111007 , has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. B BRINDA, I Year BDS,
bearing roll no: 2002111010, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. BALASTU MEGHANA, I Year BDS,
bearing roll no: 2002111011, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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This to certify that Mr/Ms. BURKA VARSHA, I Year BDS,
bearing roll no: 2002111012, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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This to certify that Mr/Ms. C SAHITHI, I Year BDS,
bearing roll no: 2002111013, has Successfully completed the Value added Course – “**Basic
YOGA Course**”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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This to certify that Mr/Ms. CHADAGONDA ANUSHA, I Year BDS,
bearing roll no: 2002111014, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. CH VARSHITHA REDDY, I Year BDS,
bearing roll no: 2002111015, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. CHAUHAN RAGASANJANA , I Year BDS,
bearing roll no: 2002111016 , has Successfully completed the Value added Course – “**Basic
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This to certify that Mr/Ms. CHERUVUKOMMU VARSHA, I Year BDS,
bearing roll no: 2002111017, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. CHINTHANURI MANASA, I Year BDS,
bearing roll no: 2002111018, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. D JHANSI, I Year BDS,
bearing roll no: 2002111021, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. DODDA MAHITHA, I Year BDS,
bearing roll no: 2002111022, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. DURGAPU AAKANKSHA, I Year BDS,
bearing roll no: 2002111023, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. E SUNITHA, I Year BDS,
bearing roll no: 2002111024, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. EDUNOORI TEJASREE, I Year BDS,
bearing roll no: 2002111025, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Course Code: VAC-2005

This to certify that Mr/Ms. FAIZA AHMADI, I Year BDS,
bearing roll no: 2002111026, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. GANGI SHETTY SONALI GUPTA, I Year BDS,
bearing roll no: 2002111027, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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This to certify that Mr/Ms. GANTOLA HEMA, I Year BDS,
bearing roll no: 2002111028, has Successfully completed the Value added Course – “Basic
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This to certify that Mr/Ms. GOPALDAS MEGHANA, I Year BDS,
bearing roll no: 2002111030, has Successfully completed the Value added Course – “Basic
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Course Code: VAC-2005

This to certify that Mr/Ms. GUDEPU KAVYA, I Year BDS,
bearing roll no: 2002111031, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. HAFSA SHUJA, I Year BDS,
bearing roll no: 2002111032, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. HUSNA FATIMA, I Year BDS,
bearing roll no: 2002111033, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. HUSNA SULTANA, I Year BDS,
bearing roll no: 2002111034, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santhya
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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. IFFATH ANSARI, I Year BDS,
bearing roll no: 2002111035, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. JORIGE SRI LAKSHMI SRAVYA, I Year BDS,
bearing roll no: 2002111036, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. JUVVALA SUNEETHA, I Year BDS,
bearing roll no: 2002111037, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Course Code: VAC-2005

This to certify that Mr/Ms. K N S PRANAVI, I Year BDS,
bearing roll no: 2002111038, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion


Course Code: VAC-2005

This to certify that Mr/Ms. K NIKSHIPTHA, I Year BDS,
bearing roll no: 2002111039, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. KANEEZ FATIMA, I Year BDS,
bearing roll no: 2002111040, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. KOLAKATLA SAHITHI, I Year BDS,
bearing roll no: 2002111041, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. KONDE RITHVIKA, I Year BDS,
bearing roll no: 2002111042, has Successfully completed the Value added Course – “**Basic
YOGA Course**”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. KUSAM NAVYA SRI, I Year BDS,
bearing roll no: 2002111043, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. LAKKARAJ LAKSHMI LAASYA, I Year BDS,
bearing roll no: 2002111044, has Successfully completed the Value added Course – “**Basic
YOGA Course**”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion


Course Code: VAC-2005

This to certify that Mr/Ms. MADIHA FATIMA, I Year BDS,
bearing roll no: 2002111047, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. MADIHA KHAN, I Year BDS,
bearing roll no: 2002111048, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. MALKA CHANDANA, I Year BDS,
bearing roll no: 2002111049, has Successfully completed the Value added Course – “Basic
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Course Code: VAC-2005

This to certify that Mr/Ms. MAMTA, I Year BDS,
bearing roll no: 2002111050, has Successfully completed the Value added Course – “**Basic
YOGA Course**”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. MANGALAGIRI POOJITHA, I Year BDS,
bearing roll no: 2002111051, has Successfully completed the Value added Course – “Basic
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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. MANKU SHRAVANI, I Year BDS,
bearing roll no: 2002111052, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. MARIA AHMED, I Year BDS,
bearing roll no: 2002111053, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. MAZREENA NIGAR, I Year BDS,
bearing roll no: 2002111054, has Successfully completed the Value added Course – “**Basic
YOGA Course**”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. MEHER JABEEN, I Year BDS,
bearing roll no: 2002111055, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. NABEELA MAHROOR, I Year BDS,
bearing roll no: 2002111057, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. NAGARAM SUPRIYA, I Year BDS,
bearing roll no: 2002111058, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. NUSRATH UNNISA BEGUM, I Year BDS,
bearing roll no: 2002111059, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. P ADVAITHA, I Year BDS,
bearing roll no: 2002111060, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. P DEVA DHARSHINI, I Year BDS,
bearing roll no: 2002111061, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. PAIDIPALLY HASITHA, I Year BDS,
bearing roll no: 2002111063, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Course Code: VAC-2005

This to certify that Mr/Ms. P SONIYA MAYURI, I Year BDS,
bearing roll no: 2002111064, has Successfully completed the Value added Course – “Basic
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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. PHADATARE SAKSHI, I Year BDS,
bearing roll no: 2002111065, has Successfully completed the Value added Course – “Basic
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Course Code: VAC-2005

This to certify that Mr/Ms. POTHARAJU SHIRISHA, I Year BDS,
bearing roll no: 2002111067, has Successfully completed the Value added Course – “Basic
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Course Code: VAC-2005

This to certify that Mr/Ms. PULKAM AKSHITHA, I Year BDS,
bearing roll no: 2002111068, has Successfully completed the Value added Course – “Basic
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Course Code: VAC-2005

This to certify that Mr/Ms. RAIYA TASNEEM, I Year BDS,
bearing roll no: 2002111069, has Successfully completed the Value added Course – “**Basic
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Course Code: VAC-2005

This to certify that Mr/Ms. RAPELLI SUPRIYA, I Year BDS,
bearing roll no: 2002111070, has Successfully completed the Value added Course – “Basic
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Course Code: VAC-2005

This to certify that Mr/Ms. RAVULA AISHWARYA, I Year BDS,
bearing roll no: 2002111071, has Successfully completed the Value added Course – “**Basic
YOGA Course**”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Course Code: VAC-2005

This to certify that Mr/Ms. S PRANATHI, I Year BDS,
bearing roll no: 2002111072, has Successfully completed the Value added Course – “Basic
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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SABA FIRDOUSE, I Year BDS,
bearing roll no: 2002111073, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SABREEN JAWAD MIRZA, I Year BDS,
bearing roll no: 2002111074, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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V. Chandrasekhar
Principal/Dean



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SADIYA KHANAM, I Year BDS,
bearing roll no: 2002111075, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SAFIYA TABASSUM, I Year BDS,
bearing roll no: 2002111076, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SAFOORA FATHIMA, I Year BDS,
bearing roll no: 2002111077, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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Whandasa
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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SAGGU SREE BHANU, I Year BDS,
bearing roll no: 2002111078, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santhi
Coordinator



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SAMRAH MEHVEEN, I Year BDS,
bearing roll no: 2002111079, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SANA, I Year BDS,
bearing roll no: 2002111080, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SANA NAWAZIYA, I Year BDS,
bearing roll no: 2002111081, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santhya
Coordinator



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SANIA KHANAM BAIG, I Year BDS,
bearing roll no: 2002111082, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SEELI GREESHMA, I Year BDS,
bearing roll no: 2002111084, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

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Coordinator



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SHAHZEENA MAHVEEN, I Year BDS,
bearing roll no: 2002111085, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SHIFA NAAZ, I Year BDS,
bearing roll no: 2002111086, has Successfully completed the Value added Course – “**Basic
YOGA Course**”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SHREYA SINGH, I Year BDS,
bearing roll no: 2002111087, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santhya
Coordinator



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SUFIA NOORIEN, I Year BDS,
bearing roll no: 2002111088, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SYEDA AMENA TABASSUM, I Year BDS,
bearing roll no: 2002111090, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



Bull
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Malla Reddy Dental College for Women

Whandasa
Principal/Dean



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. SYEDA MUNAWARI AYESHA AHMED, I Year BDS,
bearing roll no: 2002111091, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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Certificate of Completion

Course Code: VAC-2005


This to certify that Mr/Ms. T SAI PRANATHI, I Year BDS,
bearing roll no: 2002111092, has Successfully completed the Value added Course – “**Basic
YOGA Course**”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. THUMMA GAYATHRI, I Year BDS,
bearing roll no: 2002111094, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. VANGA ASHWITHA, I Year BDS,
bearing roll no: 2002111095, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santhi
Coordinator



BW

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. VILASAGARAM POOJA, I Year BDS,
bearing roll no: 2002111096, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. VIMALA JUSTINA JUTURU, I Year BDS,
bearing roll no: 2002111097, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santhya
Coordinator



Bull
Principal / Dean
Malla Reddy Dental College for Women *Whondsee*
Principal/Dean



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. VODNALA LAVANYA, I Year BDS,
bearing roll no: 2002111098, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santhya
Coordinator



BVL
Principal / Dean
Malla Reddy Dental College for Women

V. Chandrasekhar
Principal/Dean



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. YAJJAVARAPU LAVANYA, I Year BDS,
bearing roll no: 2002111099, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


Coordinator




Principal / Dean
Malla Reddy Dental College for Women


Principal/Dean



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. AKKENAPALLY ABHIGNA, I Year BDS,
bearing roll no: 1902111003, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santini
Coordinator



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Principal / Dean
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V. Chandrasekar
Principal/Dean



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. ALIYA MAHVEEN, I Year BDS,
bearing roll no: 1902111004, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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Malla Reddy Dental College for Women

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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. ALIYA SULTHANA, I Year BDS,
bearing roll no: 1902111005, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


Coordinator




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Malla Reddy Dental College for Women


Principal/Dean



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. DATLA TEJASWI, I Year BDS,
bearing roll no: 1902111021, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. DIDDI HARSHA, I Year BDS,
bearing roll no: 1902111024, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



BW
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Malla Reddy Dental College for Women

Whandeev
Principal/Dean



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. DODDA ASRITHA, I Year BDS,
bearing roll no: 1902111025, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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V. Chandrasekhar
Principal/Dean



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. KURAPATI GOWRISAI TULASI, I Year BDS,
bearing roll no: 1902111044, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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Malla Reddy Dental College for Women

Whondasee
Principal/Dean



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. M RANJANA, I Year BDS,
bearing roll no: 1902111047, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


Coordinator





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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. NADDUNURI SAI DEEPIKA, I Year BDS,
bearing roll no: 1902111057, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.


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Principal/Dean



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. PECHETTI KUSUMA SAI, I Year BDS,
bearing roll no: 1902111067, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. PERI NAGA SAI KRUTHI ESHA, I Year BDS,
bearing roll no: 1902111068, has Successfully completed the Value added Course – “**Basic
YOGA Course**”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santhya
Coordinator



Bue
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Malla Reddy Dental College for Women

V. Chandrasekhar
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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. PISAPATI SRI HARSHITHA, I Year BDS,
bearing roll no: 1902111070, has Successfully completed the Value added Course – “**Basic
YOGA Course**”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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V. Chandrasekhar
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Certificate of Completion

Course Code: VAC-2005

This to certify that Mr/Ms. RUQAIYA NAZNEEN, I Year BDS,
bearing roll no: 1902111076, has Successfully completed the Value added Course – “Basic
YOGA Course”, conducted, in the institute from 21st June 2020 to 23rd Jun 2020.

G. Santosh
Coordinator



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Feedback analysis of students on VALUE ADDED COURSES							
Academic Year : 2020 - 2021				Year: I year BDS			
Name of the VAC:Basic Yoga course							
Course Code:VAC-2005				Students Registered:		118	
Students feedback on curriculum collected and analyzed, on the scale of 1 to 5 for each of the following parameters.							
(1- strongly Disagree, 2- Disagree, 3- Uncertain, 4- Agree, 5- Strongly Agree							
Sl. No	Attributes	5	4	3	2	1	Average Score
1	How informative was the course	83	28	6	1		4.64
2	Content was organised and easy to follow	80	30	6	2		4.59
3	The objectives of value added course were clearly defined	72	39	7			4.55
4	The participation and interaction were encouraged	79	32	6	1		4.60
5	Course experience will be useful in my work	74	37	7			4.57
6	The resource person was knowledgeable about the topic	82	30	5	1		4.64
7	The time allotted for the course is sufficient	88	26	2	2		4.69
8	Did the course provide good balance between theory & practice?	84	24	9	1		4.62

Suggestions:It was difficult to follow.

G. Santosh
Coordinator



PS
Principal / Dean
Malla Reddy Dental College for Women

V. Chandrasekh
Principal/Dean