Date: 14-06-2021

Hyderabad

To,

The Principal/Dean,

Malla Reddy Dental College for women,

Suraram.

Sub: Requesting Permission to conduct Value Added Course (VAC) for I year BDS students.

Respected Sir,

The Programme Development Committee of MRDCW, would like to organize the Value-Added course on "WELLNESS OF YOGA" for I Year BDS students from 21st June 2021 to 23rd June 2021. In this regard, kindly grant us permission for the same and support the event with necessary resources.

Thanking You,

Yours faithfully

Dr. G. Santhosh Reddy

VAC CO-ORDINATOR

Professor& HOD

Department Of Oral Maxillofacial Surgery

Malla Reddy Dental College for Women.

Principal / Dean
Malla Reddy Dental College for Women

Whendseah

Hyderabad Of Using Hyderabad



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Affliation to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Reconginsed by Dental Council of India, New Delhi

Ref: MRDCW/Circulars/VAC/2021/Jun-01

Date: 16-06-2021

Circular

The Students of I Year BDS are hereby informed to attend the Value-added course "WELLNESS OF YOGA" scheduled from 21st June 2021 to 23rd June 202. The concerned subject HODs are hereby requested to give permission to the students for attending the same.

Resource person - Mr. Chikka Srinivas, Yoga trainer in Malla Reddy Health city.

Venue - Cricket ground, Malla Reddy Health city.

Date – 21st June 2021 to 23rd June 2021

Time - 9.00 AM - 4.00 PM

Principal/Dean,

Malla Reddy Dental College for Women
Principal / Dean

Malla Reddy Dental College for Women

Copy to:

Students notice board

• All Department HODs

• Curriculum Committee

• All Academic Coordinators

• PA to Principal for filing



Principal / Dean

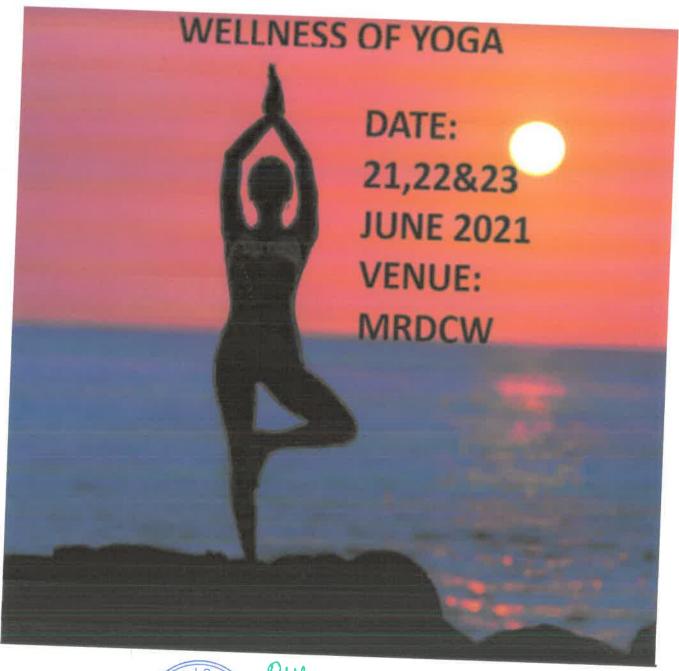
Malla Reddy Dental College for Women

Email: mrdcw.2013@gmail.com w

www.mrdcw.org



Welcomes all





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WELLNESS OF YOGA

| | DAY-1(21/6/21) | |
|-----------|----------------|--|
| Session | Time | Name of the topic |
| Session 1 | 9:00am-11:30am | Importance of yoga |
| Session 2 | 1:30pm-4:00pm | How breathing exercise make difference during Covid-19 |

| • | DAY-2(22/6/21) | |
|-----------|----------------|--|
| Session | Time | Name of the topic |
| Session 3 | 9:00am-11:30am | Explanation of various breathing exercises |
| Session 4 | 1:30pm-4:00pm | Training for participants |

| | DAY-3(23/6/21) | |
|-----------|----------------|-------------------------------|
| Session | Time | Name of the topic |
| Session 5 | 9:00am-11:30am | Training for the participants |
| Session 6 | 1:30pm-4:00pm | Interaction and Feedback |

Principal / Dean

Malla Reddy Dental College for Women

Hyderabad



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COURSE SYLLABUS

WELLNESS OF YOGA

| MODULE | SYLLABUS |
|-----------|--------------------------|
| MODULE 1: | What is Physical Health? |
| | Mental Well-being |
| | Breath Awareness |
| MODULE 2: | Mind Body Connection |
| | Stress Reduction |
| | Improved Sleep |
| MODULE 3: | Improving Heart Health |
| | Detoxification |
| | Enhancing Immunity |



Principal / Dean Malla Reddy Dental College for Women

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REPORT OF THE EVENT

Date: 24-06-2021

WELLNESS OF YOGA:

The comprehensive nature of yoga's influence on wellness, encompassing various dimensions of health and well-being. It aims to investigate how regular yoga practice contributes to a sense of overall wellness and vitality in individuals, promoting physical, mental, and emotional health, as well as fostering a deeper connection to oneself and the world around them.

COURSE OBJECTIVES:

General objective: To explore and understand the holistic impact of yoga practice on overall well-being, encompassing physical health, mental well-being, emotional balance, and spiritual growth.

Specific objectives:

- To provide a holistic approach to emotional well-being by fostering self-awareness, emotional regulation, and resilience. It helps individuals manage negative emotions, cope with stressors, and cultivate a sense of inner peace and contentment.
- To reduce stress levels. Through breath control (pranayama), relaxation techniques, and mindfulness practices, yoga helps lower cortisol levels and induces the relaxation response, leading to reduced stress and anxiety.

Outcome:

Yoga Programme creates a strong sense of identity, a strong sense of wellbeing, confident and involved learners, effective communication etc to the students.

RESOURCE PERSON: Mr. Chikka Srinivas, Yoga trainer in Malla Reddy Health city.

VENUE: Cricket ground, Malla Reddy Health city.

DATE: 21st, 22nd & 23rd JUNE 2021

NUMBER OF PARTICIPANTS: 110 students from Ist year BDS

DURATION: 15hrs

Principal / Dean

Malla Reddy Dental College for Women

Suraram 'X' Road, Quthbullapu The Jeenmetla, Hyderabad - 500 055. Phone: 91001 89797

antal Co.

Hyderabad

Email: mrdcw.2013@gmail.com

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Glimpse of the Course





Hyderabad For Waller And Andrew Andre

BUL

Principal / Dean

Malla Reddy Dental College for Women

VAC Coordinator



Affiliated to Kaloji Narayana Rao University of Health Sciences, Warangal, Telangana. Recognised by Dental Council of India, New Delhi.

Wellness of Yoga Course Code: VAC-2101 Year: 1st BDS DATE: 21st - 23rd June 2021 Total students Enrolled: 110 Venue: Cricket Ground, Malla Reddy Health City. Time: 9.00 AM - 4.00 PM

Attendance sheet for VAC: Wellness of Yoga

| S.NO | REGISTRATION NO | NAME OF THE STUDENT | 21/3/21 FN | 21/3/21 AN | 22/3/21 FN | 22/3/21 AN | 23/3/21 FN | 23/3/21 AN |
|------|--------------------|------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| 1 | 2102111001 | ALETI SAI PRANEETHA | Auta | fr-k | Ruh | dent | Burla | Derfu |
| 2 | 2102111002 | ALLOJU SHRAVANI | A Chewi | A Sheri | 1. Shawi | A Mrani | V 1 | A Show |
| 3 | 2102111003 | AMREEN FATHIMA | Ameen. | Amsen | Amseen | Ameen. | Amreen | Ameen |
| 4 | 2102111004 | AMTUL SEEMA HURIYTH | Sel | SS | St | 54 | 21 | SA. |
| 5 | 2102111005 | AMUDA ANUSHA | Konshe | Amush | Anach | Druch | Anne | Arests. |
| 6 | 2102111006 | ANAPALA SIRI CHANDRIKA | ental Co | Ahanb- | Achemba | Dhake | A Chamba | Acharte |

(Hyderabad)

| ·7 | 2102111007 | ANJUM | Anjum | Anjum | Anjunx | Anjum | Angum | Angum |
|----|------------|---------------------------------|------------|------------|--------------|-------------|-------------|------------------------|
| 8 | 2102111008 | ANREDDY SRINIDHI REDDY | plealy | Blader | Mody | Alenby | ASPORT | Afraha. |
| 9 | 2102111009 | ASMA FATIMA | Due | Dy. | AL | On | Des | Dre |
| 10 | 2102111010 | B MADHAVI | Madhers | Medhai | Modhan | Madhais | Meshan | 10 1/ |
| 11 | 2102111011 | BALAGA VANDANA | B. Vandane | B-Vandane | | BVanday | B Vandous. | Mathorin & Vandamo, |
| 12 | 2102111012 | BANDARI LIKKITHA | Likatis | Likethi | Lieus | Literti | Liert | Likates. |
| 13 | 2102111013 | BANDARU SHRAVYA | Bhile | Bhule | Rhuf | Ship | Rhuye | Blone. |
| 14 | 2102111014 | BANOTH VIDYA RANI | BVR | BUR | A | A | A | A |
| 15 | 2102111015 | BHOOMANNAGARI SRINIJA | B Sunzi | Bruje | Bringa | Rhuiza | B- Swings | - B Serrya |
| 16 | 2102111016 | BONTHAPALLY ANJANA | Dogone | Angane | Angre | Angene | Angre | Angene |
| 17 | 2102111017 | BUTTI SAHASRA TEJA | Teja | Tega | Teja | J | Teja | |
| 18 | 2102111018 | CHALVADI HARSHINI RAO | handing | hantini | harris | Teja | hashi- | Toja |
| 19 | 2102111019 | CHENNOJI RACHITA RAVINDER | Umfamide | r Ohdonida | Chkambly | (ppani) du. | Chrahamila | Ulamido |
| 20 | 2102111020 | CHOUDARY BHANU TEJASWVI GOUD | Tejamidy. | Pejami g | · Tejerin 4. | Tejanin y. | Jegermi le. | Tefanod-ly |
| 21 | 2102111021 | DAMMAI BHAVITHA | Bhoritter | Charthi | Morte | Bh authe | Phaite | Phonte |
| 22 | 2102111022 | DANAM DEDEEPYA | Muspy . | ODedpya. | O Derdforgs | Obserlyny - | p Despira | Opapalyn |
| 23 | 2102111023 | DASARI DEEPTHI | Despthi | Deepth | Dugthi | Dupth | Do. TT | 0. 5 |
| 24 | 2102111024 | DASARI HARITHA | Hauth | Haerti | Haish | Herri | Deegtti | Degti |
| 25 | 2102111025 | DATLA KAVYA SREE Sent | alcolor B | MLanga | Kana | Kanga | Kangs | KANG |

| 26 | 2102111026 | DHARNI PREETHIKA VAISHNAVI | Yark | Start | Jan | HEN | Year | 2-91 |
|----|------------|-----------------------------|------------|-----------|------------|-------------|-----------|-------------|
| 27 | 2102111027 | DHAVALESHWARAPU BHAVITHA | B | (De | Q - | B | Q_ 1. | ® |
| 28 | 2102111028 | GEDDAM SUNITHA | Swith | Sweether | Sunti | Suntta | Sunth | Simily |
| 29 | 2102111029 | GHOUSIA IQRA | dar. | agra: | Ogne. | Egge. | Ogja | Bygn. |
| 30 | 2102111030 | ASHRITHA | -A Sheith | Aghathe | Asheilti | Agherti | Scheets | Aghertis |
| 31 | 2102111031 | GUMMULA POOJA | Pooja | Pooia | Poole | Pools | Poda | Poola. |
| 32 | 2102111032 | HAFSA HUSNAIN | Hafsaft am | nagrutur. | nametum- | peagsarther | Kapartins | Kafrakurani |
| 33 | 2102111033 | HAJERA TAMKEEN | najara | nojua | Majua | flague | gajina | rafer |
| 34 | 2102111034 | HUSNA AFREEN | Officery. | Spring | Afrey. | Afrenj | Afrey | Doug |
| 35 | 2102111035 | IQRA AREEJ | Igra | Igra | Igre | Igre | J / | Egse. |
| 36 | 2102111036 | JALDI HARIKA | Hause | Harrise | House | taxla | Horlen | Heertes |
| 37 | 2102111037 | KADAMANDLA SUMITHA RAJ | Pullian | funithe | Sumation | Runth | Cumika | Sundhe |
| 38 | 2102111038 | KALLEM PALLAVI | Pallari | Pallani | Pallars | Parlleri | Pollari | Plan |
| 39 | 2102111039 | KATA BHOOMIKA | Bhoemile | Chemite | Bhomile | Bhoomile | Bhoonika | Bhoonth |
| 40 | 2102111040 | KATUKOJWALA SANJANA | Georgane | k-surjane | 1 Ruyan | D-Sanjero. | 1 garjan | & Sempons |
| 41 | 2102111041 | KHILJI SADIKHA | Self | Sef | St | eg | 38 | Sel |
| 42 | 2102111042 | KOLA HARSHITHA | b-Menthe. | phunhu | phoushula | 0 /) | Q Henrich | to Harmer |
| 43 | 2102111043 | KRUPALI HARISH THUMAR | Karpli | Despli | Keiple | Cerple | Kengeli | Regali |
| 44 | 2102111044 | MACEERAH BEGUM | 1, 1, | Mareurek | Maeursh. | | macerch | macerrel |

| | | | | 1 | J | | |
|------------|--|--|---|---|--|--|--|
| 2102111045 | MADIHA KAUNEEN | MZ | Mg | My | My | Mg | Mg |
| 2102111046 | MANAL FATIMA AHMED | manal | manal | manal | manal | manal | manal |
| 2102111047 | MANISHA BHATI | Marsithe | Marithe | Manihe | Marite | Marithe | Maniple |
| 2102111048 | MEDA THRISHA | Medel | Met | My | me. | Mil | My |
| 2102111049 | MEETHA TIWWARI | Meette | Meith | Mestre | Meet | Meeti | Melk |
| 2102111050 | MEHNOOR MINHAJ | Mehnoos | Mehman | Mehmors | Mohamon | Mehnoor | Mehnoor |
| 2102111051 | MERAJ SULTANA | Mean | Merci | | | | A |
| 2102111052 | MOKAPWAR PRATHIKSHA REDDY | Prettily | RJ | Part | Put | Pref | Prof |
| 2102111053 | MOTHKURI SHIVANI | Dig | By | Bog | Beg | Dark | 6-9- |
| 2102111054 | MULLI SOWMYA | found | Course | 0 | Cours | 6 | C |
| 2102111055 | N. VAISHNAVI | Por | Dy | Dor | Val | Del | Dal |
| 2102111056 | NAANDI VAISHNOO | Varthro | Varhon | Varham | Vada | Volla | Varhow |
| 2102111057 | NABIA SULTANA | the | My | N-L | No | M-0 | NA |
| 2102111058 | NAHEED ANJUM | My | N-P- | Me | Me | NE | No |
| 2102111059 | NANDURLV.A.S. SRILEKHA | Sideple | Sein | Kilel. | Snill | 81 | S-P |
| 2102111060 | NANDURI V.A.S. SRIVIDYA | Sur | St | 3-8 | SI | Sol | 20 |
| 2102111061 | NEKKANTI JISHNAVI | - Juhn VI | ING | Ly | Th | Ff | FUL |
| 2102111062 | NISA FAREHA | Nou | NIC | No | Nila | NEW | Na. |
| 2102111063 | PAPAGARI SAI PRAVALIKA | O PCO | D O | 0 | 0.0 | 00 | Pur |
| | 2102111046 2102111047 2102111048 2102111049 2102111050 2102111051 2102111052 2102111053 2102111054 2102111055 2102111056 2102111057 2102111058 2102111059 2102111060 2102111061 2102111062 | 2102111046 MANAL FATIMA AHMED 2102111047 MANISHA BHATI 2102111048 MEDA THRISHA 2102111049 MEETHA TIWWARI 2102111050 MEHNOOR MINHAJ 2102111051 MERAJ SULTANA 2102111052 MOKAPWAR PRATHIKSHA REDDY 2102111053 MOTHKURI SHIVANI 2102111054 MULLI SOWMYA 2102111055 N. VAISHNAVI 2102111056 NAANDI VAISHNOO 2102111057 NABIA SULTANA 2102111058 NAHEED ANJUM 2102111059 NANDURI V.A.S. SRILEKHA 2102111060 NANDURI V.A.S. SRIVIDYA 2102111061 NEKKANTI JISHNAVI 2102111062 NISA FAREHA | 2102111046 MANAL FATIMA AHMED Manal 2102111047 MANISHA BHATI Masiwa 2102111048 MEDA THRISHA Medef 2102111049 MEETHA TIWWARI Mehnoos 2102111050 MEHNOOR MINHAJ Mehnoos 2102111051 MERAJ SULTANA MARAJ SULTANA 2102111052 MOKAPWAR PRATHIKSHA REDDY 2102111053 MOTHKURI SHIVANI BJ 2102111054 MULLI SOWMYA 2102111055 N. VAISHNAVI 2102111056 NAANDI VAISHNOO Varbass 2102111057 NABIA SULTANA 2102111058 NAHEED ANJUM 2102111059 NANDURI.V.A.S. SRIVIDYA 2102111060 NANDURI V.A.S. SRIVIDYA 2102111061 NEKKANTI JISHNAVI | 2102111046 MANAL FATIMA AHMED Manal manal 2102111047 MANISHA BHATI Masiwa Maima 2102111048 MEDA THRISHA Medef Mef 2102111049 MEETHA TIWWARI Mehnoos Mosallios | 2102111046 MANAL FATIMA AHMED Manal Manal Manal 2102111047 MANISHA BHATI Masirh Masirh Manah 2102111048 MEDA THRISHA Medef Mef Met | 2102111046 MANAL FATIMA AHMED Manal manal manal manal 2102111047 MANISHA BHATI Masivh Maihh Manh Manh Manh 2102111048 MEDA THRISHA Medef Mef Methods Methods Methods Methods Mehnods M | 2102111046 MANAL FATIMA AHMED Manal manal manal manal manal manal 2102111047 MANISHA BHATI Masivu Varivu Va |

| | | | | | | (| | |
|----|------------|--------------------------------|------------|----------|----------|----------|---------|---------|
| 64 | 2102111064 | PRAKHYTI CHANDRIKA KULKARNI | Kulkami | Kulkemi | Kulkarm | Kulkerni | Kulkami | Kulkans |
| 65 | 2102111065 | QHARIA JAHAN | 01 | Oil | Os | 01 | 00 | Oef |
| 66 | 2102111066 | QUDEJA MAHNOOR | Qadeja | Qudeja | Qadejs. | Qedeja | Qady'a | Qadeja |
| 67 | 2102111067 | RAMSHA AMJED | Ramshe. | Ramshe. | Remph : | Ranshe | Ramha | Remshe |
| 68 | 2102111068 | RATNAM SRAVANI | Gravaring | -gravari | Serai | Grevi | Keret | se f |
| 69 | 2102111069 | RESHMA | Reshm | Perhone | Reston | Perlme | Regime | Restone |
| 70 | 2102111070 | RUKSANA JABEEN | pur | A | A | Pul | A | A |
| 71 | 2102111071 | SANIA SHAREEF | Sania | Saria. | Sanie | Sania | lana | Senia |
| 72 | 2102111072 | SARA YASMEEN | Yang | 4-1 | 4 | Yel | 4-1- | 41 |
| 73 | 2102111073 | SARAH FATIMA | Such | Sarah | Seech | Seech | Sarah | Seeh. |
| 74 | 2102111074 | SENDRA VENKATA HIMA BINDU | hime | hime | him | hime | Line | hime |
| 75 | 2102111075 | SHAIK AREEFA BEGUM | Deep | Areche | . Arelfe | Areef a | Areefe | Arcefe |
| 76 | 2102111076 | SHAIK ARSHIYA MEHARAJ | Antye | Arly | Are | And | del | Al |
| 77 | 2102111077 | SHAIK RUKSANA | Ruky | Ruff | Left | Ref | RH | RII |
| 78 | 2102111078 | SHAISTA | Shorts | Charre | Morta | Short | Shassk | Shark |
| 79 | 2102111079 | SHANMUKHI TUSHARA TUMMALA | Tummole | Turnele | Tunde | Turnele | Turela | Jumale. |
| 80 | 2102111080 | SHIREEN REHI | Shireen | Hien | Shireen. | Shineen | Shireen | Shiren |
| 81 | 2102111081 | SIDRA FATIMA | nal dietre | Sidre | Sidre | Sidle | Sidre | Side |

| 82 | 2102111082 | SINGAPURAM PRANAVI | Pseneir | Praner | Prenevi | Pranari' | Praneis | Resen |
|----|------------|------------------------|----------|---------|----------|----------|-----------|---------------|
| 83 | 2102111083 | SURI KAMESWARI SAMHITA | Sembile | Sanhiha | finhite | | 10 | 7 |
| 84 | 2102111084 | SYEDA AFIYA ALI | Afrije | Afriz a | Afiga | dfiga | Afriya | Semble Stry = |
| 85 | 2102111085 | SYEDA AISHA BANU | Sishe | dishe | Aisle | dishe | dishe | dishe |
| 86 | 2102111086 | SYEDA ZAHRA FATIMA | Zehre | Zahre | Zahre | Zehre | Zehre | Zehre |
| 87 | 2102111087 | TABASSUM SULTANA | tanj | Tabl | Tabl | Toby | Jest | |
| 88 | 2102111088 | TARUNI SRIVASTAV | le 1- | Sent | 8 1 | Sul Sul | 81 | Told Sul |
| 89 | 2102111089 | THATI MOCHARITHA YADAV | Mony | Mone | Monie | 1 | | 10 1 |
| 90 | 2102111090 | THATIKONDA SHALINI | by | Ruf | 81 | Mony | Mony | Mory |
| 91 | 2102111091 | THOTA KIRANMAI | Laranos | Commas | Romai | Koznad | b 3 | |
| 92 | 2102111092 | UMME HANI | hani | hani | hani | hani | formis ! | Drs amei |
| 93 | 2102111093 | UZMA AFREEN | Ozna | Uzne | Chare | 10 | hani | Lan |
| 94 | 2102111094 | VARDU LAKSHMI SANJANA | Segine | Sinjena | Serj'ane | Barriera | Orme Can' | Ozme, |
| 95 | 2102111095 | VARIKUPALA BINDHU | oloinch | limde | 0 | loin f | Sagano | Say are |
| 96 | 2102111096 | VEMULA KAVYA | Kanje | Carye | Kerr | | | long |
| 7 | 2102111097 | YEMMELA BHAVITHA | Charge | bhanke | Cherike | blanke | Kange | Keny |
| 8 | 2102111098 | YENEPALLY SREYA | Stage | Sreye | Sterre | See of | Cheriffe | Cher The |
| 9 | 2102111099 | ZEBUNNISA BEGAM | Lengt | Feb of | - Eerot | | Charista | Ophanka |
| 00 | 2102111100 | ZOBIA NAAZ | entakeeb | Zoley | Loley | Zobing | Zobj | Tels |

| 101 | 2002111015 | CHANDUPATLA VARSHITHA REDDY | Varhiff | Vandiff | Vark'K. | Varshin | Vash' | Von |
|-----|------------|--------------------------------|-----------|-----------|----------|----------|-----------|-----------|
| 102 | 2002111039 | K NIKSHIPTHA | Nift | Me | Me | Net | | |
| 103 | 2002111040 | KANEEZ FATIMA | Kaneer | Keneez | 1 | P | N.24 | ML |
| 104 | 2002111042 | KONDE RITHVIKA | Rin Mc | h | | Peneer | Kanur | Keneiz- |
| 105 | 2002111095 | VANGA ASHWITHA | And | | L'Hvike | Rithrike | | Rithrike. |
| 106 | 2002111046 | MADHAVI LAVUDIYA | Landige | And i | | ans | Af | Ay |
| 107 | 2002111074 | SABREEN JAWAD MIRZA | Sabreen | Larnstige | landoya | Curidiye | leveding. | lacendity |
| 108 | 2002111092 | T SAI PRANATHI | Pranethi' | Sabreen | Sabreen | Yabreen | Jebsen | Sabreen. |
| 109 | 1902111010 | AYESHA MOHIUDDIN | | Pranchi | Praneth' | Pranethi | Pranetti | Pranethi |
| 110 | 1602111083 | SAKKI RISHITHA | Agent | A | Aye | A | A | A |
| | 1.000 | SARRI RISHITHA | My | Ref | Pf | Ry | Ref | Ref. |

G. Santhy VAC Coordinator

Principal/ Dean





(SPONSORED BY: CHANDRAMMA EDUCATIONAL SOCIETY)

Affliation to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Reconginsed by Dental Council of India, New Delhi

Wellness of Yoga

Course Code: VAC-2101 Year: I year BDS

DATE: 21st - 23rd June 2021 Total students Enrolled: 110

Venue: Cricket Ground, Malla Reddy Health City.

Time: 9.00 AM - 4.00 PM

Details of Students Enrolled for VAC: Wellness of Yoga

| S.NO | NAME OF THE STUDENT | REGISTRATION NO | ENROLLED |
|------|--|-----------------|----------|
| 1 | ALETI SAI PRANEETHA | 2102111001 | Yes |
| 2 | ALLOJU SHRAVANI | 2102111002 | Yes |
| 3 | AMREEN FATHIMA | 2102111003 | Yes |
| 4 | AMTUL SEEMA HURIYTH | 2102111004 | Yes |
| 5 | AMUDA ANUSHA | 2102111005 | Yes |
| 6 | ANAPALA SIRI CHANDRIKA | 2102111006 | Yes |
| 7 | ANJUM | 2102111007 | Yes |
| 8 | ANREDDY SRINIDHI REDDY | 2102111008 | Yes |
| 9 | ASMA FATIMA | 2102111009 | Yes |
| 10 | B MADHAVI | 2102111010 | Yes |
| 11 | BALAGA VANDANA | 2102111011 | Yes |
| 12 | BANDARI LIKKITHA | 2102111012 | Yes |
| 13 | BANDARU SHRAVYA | 2102111013 | Yes |
| 14 | BANOTH VIDYA RANI | 2102111014 | Yes |
| 15 | BHOOMANNAGARI SRINIJA | 2102111015 | Yes |
| 16 | BONTHAPALLY ANJANA | 2102111016 | Yes |
| 17 | BUTTI SAHASRA TEJA | 2102111017 | Yes |
| 18 | CHALVADI HARSHINI RAO | 2102111018 | Yes |
| 19 | CHENNOJI RACHITA RAVINDER | 2102111019 | Yes |
| 20 | CHOUDARY BHANU TEJASWVI GOUD | 2102111020 | Yes |
| 21 | DAMMAI BHAVITHA | 2102111021 | Yes |
| 22 | DANAM DEDEEPYA | 2102111022 | Yes |
| 23 | DASARI DEEPTHI | 2102111023 | Yes |
| 24 | DASARI HARITHA | 2102111024 | Yes |
| 25 | DATLA KAVYA SREE | 2102111025 | Yes |
| 26 | DHARNI PREETHIKA VAISHNAVI | 2102111026 | Yes |
| 27 | DHAVALESHWARAPU BHAVITHA | 2102111027 | Yes |
| .8 | GEDDAM SUNITHA | 2102111028 | Yes |
| .9 | GHOUSIA IQRA GUGULOTHU ASHRITHAental College GUMMULA POOJA | 2102111029 | Yes |
| 0 | GUGULOTHU ASHRITHAShtal Colle | 2102111030 | Yes |
| 1 | GUMMULA POOJA (Hyderabad 9 | 2102111031 | Yes |

Suraram 'X' Road, puth by landr (M), Jeedimetla, Hyderabad - 500 055.

Email: mrdcw.2013@gmail.com www.mrdcw.org

| 32 | HAFSA HUSNAIN | 2102111032 | Yes |
|----|---|----------------------|-----|
| 33 | HAJERA TAMKEEN | 2102111033 | Yes |
| 34 | HUSNA AFREEN | 2102111034 | Yes |
| 35 | IQRA AREEJ | 2102111035 | Yes |
| 36 | JALDI HARIKA | 2102111036 | Yes |
| 37 | KADAMANDLA SUMITHA RAJ | 2102111037 | Yes |
| 38 | KALLEM PALLAVI | 2102111038 | Yes |
| 39 | KATA BHOOMIKA | 2102111039 | Yes |
| 40 | KATUKOJWALA SANJANA | 2102111040 | Yes |
| 41 | KHILJI SADIKHA | 2102111041 | Yes |
| 42 | KOLA HARSHITHA | 2102111042 | Yes |
| 43 | KRUPALI HARISH THUMAR | 2102111043 | Yes |
| 44 | MACEERAH BEGUM | 2102111044 | Yes |
| 45 | MADIHA KAUNEEN | 2102111045 | Yes |
| 46 | MANAL FATIMA AHMED | 2102111046 | Yes |
| 47 | MANISHA BHATI | 2102111047 | Yes |
| 48 | MEDA THRISHA | 2102111048 | Yes |
| 49 | MEETHA TIWWARI | 2102111049 | Yes |
| 50 | MEHNOOR MINHAJ | 2102111050 | Yes |
| 51 | MERAJ SULTANA | 2102111051 | Yes |
| 52 | MOKAPWAR PRATHIKSHA REDDY | 2102111052 | Yes |
| 53 | MOTHKURI SHIVANI | 2102111053 | Yes |
| 54 | MULLI SOWMYA | 2102111054 | Yes |
| 55 | N. VAISHNAVI | 2102111055 | Yes |
| 56 | NAANDI VAISHNOO | 2102111056 | Yes |
| 57 | NABIA SULTANA | 2102111057 | Yes |
| 8 | NAHEED ANJUM | 2102111058 | Yes |
| 9 | NANDURI V.A.S. SRILEKHA | 2102111059 | Yes |
| 0 | NANDURI V.A.S. SRIVIDYA | 2102111060 | Yes |
| 1 | NEKKANTI JISHNAVI | 2102111061 | Yes |
| 2 | NISA FAREHA | 2102111062 | Yes |
| 3 | PAPAGARI SAI PRAVALIKA | 2102111063 | Yes |
| 4 | PRAKHYTI CHANDRIKA KULKARNI | 2102111064 | Yes |
| 5 | QHARIA JAHAN | 2102111065 | Yes |
| 6 | QUDEJA MAHNOOR | 2102111066 | Yes |
| 7 | RAMSHA AMJED | 2102111067 | Yes |
| 8 | RATNAM SRAVANI | 2102111068 | Yes |
| 9 | RESHMA | 2102111069 | Yes |
| 0 | RUKSANA JABEEN | 2102111070 | Yes |
| 1 | SANIA SHAREEF | 2102111071 | Yes |
| 2 | SARA YASMEEN | 2102111072 | Yes |
| 3 | SARAH FATIMA | 2102111073 | Yes |
| 4 | SENDRA VENKATA HIMA BINDU | 2102111074 | Yes |
| 5 | SHAIK AREEFA BEGUM | 2102111075 | Yes |
| ŝ | SHAIK ARSHIYA MEHARAJ | 2102111076 | Yes |
| 7 | SHAIK RUKSANA | 2102111077 | Yes |
| 3 | SHAISTA | 2102111077 | Yes |
|) | Α- | 2102111078 | Yes |
|) | SHANMUKHI TUSHARA TUMMALA SHIREEN REHI SIDRA FATIMA | 2102111079 | Yes |
| | SIDRA FATIMA Hyderabad 9 | 2102P11981pal / Dean | 162 |

| 82 | SINGAPURAM PRANAVI | 2102111082 | Yes |
|-----|-----------------------------|------------|-----|
| 83 | SURI KAMESWARI SAMHITA | 2102111083 | |
| 84 | SYEDA AFIYA ALI | 2102111083 | Yes |
| 85 | SYEDA AISHA BANU | 2102111085 | Yes |
| 86 | SYEDA ZAHRA FATIMA | 2102111085 | Yes |
| 87 | TABASSUM SULTANA | 2102111080 | Yes |
| 88 | TARUNI SRIVASTAV | 2102111087 | Yes |
| 89 | THATI MOCHARITHA YADAV | 2102111088 | Yes |
| 90 | THATIKONDA SHALINI | 2102111089 | Yes |
| 91 | THOTA KIRANMAI | 2102111090 | Yes |
| 92 | UMME HANI | 2102111091 | Yes |
| 93 | UZMA AFREEN | | Yes |
| 94 | VARDU LAKSHMI SANJANA | 2102111093 | Yes |
| 95 | VARIKUPALA BINDHU | 2102111094 | Yes |
| 96 | VEMULA KAVYA | 2102111095 | Yes |
| 97 | YEMMELA BHAVITHA | 2102111096 | Yes |
| 98 | YENEPALLY SREYA | 2102111097 | Yes |
| 99 | ZEBUNNISA BEGAM | 2102111098 | Yes |
| 100 | ZOBIA NAAZ | 2102111099 | Yes |
| 101 | CHANDUPATLA VARSHITHA REDDY | 2102111100 | Yes |
| 102 | K NIKSHIPTHA | 2002111015 | Yes |
| 103 | KANEEZ FATIMA | 2002111039 | Yes |
| 104 | KONDE RITHVIKA | 2002111040 | Yes |
| 105 | VANGA ASHWITHA | 2002111042 | Yes |
| 106 | MADHAVI LAVUDIYA | 2002111095 | Yes |
| 107 | SABREEN JAWAD MIRZA | 2002111046 | Yes |
| .08 | T SAI PRANATHI | 2002111074 | Yes |
| .09 | AYESHA MOHIUDDIN | 2002111092 | Yes |
| 10 | SAKKI RISHITHA | 1902111010 | Yes |
| | JAKKI NISHITA | 1602111083 | Yes |

VAC Coordinator

Principal/Dean





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Reconginsed by Dental Council of India, New Delhi

Wellness of Yoga

Course Code: VAC-2101 Year: 1st BDS

DATE: 21st - 23rd June 2021 Total students Enrolled: 110

Venue: Cricket Ground, Malla Reddy Health City.

Time: 9.00 AM - 4.00 PM

Details of Students Successfully completedVAC: Wellness of Yoga

| S.NO | NAME OF THE STUDENT | REGISTRATION NO | SUCCESSFULLY COMPLETED | | |
|------|------------------------------|----------------------|---------------------------|--|--|
| 1 | ALETI SAI PRANEETHA | 2102111001 | Yes | | |
| 2 | ALLOJU SHRAVANI | 2102111002 | Yes | | |
| 3 | AMREEN FATHIMA | 2102111003 | Yes | | |
| 4 | AMTUL SEEMA HURIYTH | 2102111004 | Yes | | |
| 5 | AMUDA ANUSHA | 2102111005 | Yes | | |
| 6 | ANAPALA SIRI CHANDRIKA | 2102111006 | Yes | | |
| 7 | ANJUM | 2102111007 | Yes | | |
| 8 | ANREDDY SRINIDHI REDDY | 2102111008 | Yes | | |
| 9 | ASMA FATIMA | 2102111009 | Yes | | |
| 10 | B MADHAVI | 2102111010 | Yes | | |
| 11 | BALAGA VANDANA | 2102111011 | Yes | | |
| 12 | BANDARI LIKKITHA | 2102111012 | Yes | | |
| 13 | BANDARU SHRAVYA | 2102111013 | Yes | | |
| 14 | BANOTH VIDYA RANI | 2102111014 | No | | |
| 15 | BHOOMANNAGARI SRINIJA | 2102111015 | Yes | | |
| 16 | BONTHAPALLY ANJANA | 2102111016 | Yes | | |
| 17 | BUTTI SAHASRA TEJA | 2102111017 | Yes | | |
| 18 | CHALVADI HARSHINI RAO | 2102111018 | Yes | | |
| 19 | CHENNOJI RACHITA RAVINDER | 2102111019 | Yes | | |
| 20 | CHOUDARY BHANU TEJASWVI GOUD | 2102111020 | Yes | | |
| 21 | DAMMAI BHAVITHA | 2102111021 | Yes | | |
| 22 | DANAM DEDEEPYA | 2102111022 | Yes | | |
| 23 | DASARI DEEPTHI | 2102111023 | Yes | | |
| 24 | DASARI HARITHA | 2102111024 | Yes | | |
| 25 | DATLA KAVYA SREE | 2102111025 | Yes | | |
| 26 | DHARNI PREETHIKA VAISHNAVI | 2102111026 | Yes | | |
| .7 | DHAVALESHWARAPU BHAVITHA | 2102111027 | Yes | | |
| .8 | GEDDAM SUNITHA | 2102111028 | Yes | | |
| .9 | GHOUSIA IQRA | 2102111029 | No | | |
| 0 | GUGULOTHU ASHRITHA Sental Co | 102111030 | Yes | | |
| 1 | GUMMULA POOJA | 2102111031 Principal | V | | |

Suraram 'X' Road, Quito Hapur M Jeedimetla, Hyderabad - 500 055.

Email: mrdcw.2013@gmail.com

www.mrdcw.org

| 32 | HAFSA HUSNAIN | 2102111032 | Yes |
|------|-----------------------------|--------------------------|-------|
| 33 | HAJERA TAMKEEN | 2102111033 | Yes |
| 34 | HUSNA AFREEN | 2102111033 | Yes |
| 35 | IQRA AREEJ | 2102111034 | Yes |
| 36 | JALDI HARIKA | 2102111035 | |
| 37 | KADAMANDLA SUMITHA RAJ | 2102111030 | Yes |
| 38 | KALLEM PALLAVI | 2102111037 | Yes |
| 39 | KATA BHOOMIKA | 2102111038 | Yes |
| 40 | KATUKOJWALA SANJANA | | Yes |
| 41 | KHILII SADIKHA | 2102111040 | Yes |
| 42 | KOLA HARSHITHA | 2102111041 2102111042 | Yes |
| 43 | KRUPALI HARISH THUMAR | | Yes |
| 44 | MACEERAH BEGUM | 2102111043 | Yes |
| 45 | MADIHA KAUNEEN | 2102111044 | Yes |
| 46 | MANAL FATIMA AHMED | 2102111045 | Yes |
| 47 | | 2102111046 | Yes |
| 48 | MANISHA BHATI | 2102111047 | Yes |
| 49 | MEDA THRISHA | 2102111048 | Yes |
| | MEETHA TIWWARI | 2102111049 | Yes : |
| 50 | MEHNOOR MINHAJ | 2102111050 | Yes |
| 51 | MERAJ SULTANA | 2102111051 | No |
| 52 | MOKAPWAR PRATHIKSHA REDDY | 2102111052 | Yes |
| 53 | MOTHKURI SHIVANI | 2102111053 | Yes |
| 54 | MULLI SOWMYA | 2102111054 | Yes |
| 55 | N. VAISHNAVI | 2102111055 | Yes |
| 56 . | NAANDI VAISHNOO | 2102111056 | Yes |
| 57 | NABIA SULTANA | 2102111057 | Yes |
| 58 | NAHEED ANJUM | 2102111058 | Yes |
| 59 | NANDURI V.A.S. SRILEKHA | 2102111059 | Yes |
| 60 | NANDURI V.A.S. SRIVIDYA | 2102111060 | Yes |
| 61 | NEKKANTI JISHNAVI | 2102111061 | Yes |
| 62 | NISA FAREHA | 2102111062 | Yes |
| 63 | PAPAGARI SAI PRAVALIKA | 2102111063 | Yes |
| 64 | PRAKHYTI CHANDRIKA KULKARNI | 2102111064 | Yes |
| 65 | QHARIA JAHAN | 2102111065 | Yes |
| 56 | QUDEJA MAHNOOR | 2102111066 | Yes |
| 57 | RAMSHA AMJED | 2102111067 | Yes |
| 58 | RATNAM SRAVANI | 2102111068 | Yes |
| 59 | RESHMA | 2102111069 | Yes |
| 70 | RUKSANA JABEEN | 2102111070 | No |
| 71 | SANIA SHAREEF | 2102111071 | Yes |
| 72 | SARA YASMEEN | 2102111072 | Yes |
| 73 | SARAH FATIMA | 2102111073 | Yes |
| 74 | SENDRA VENKATA HIMA BINDU | 2102111074 | Yes |
| '5 | SHAIK AREEFA BEGUM | 2102111075 | Yes |
| 6 | SHAIK ARSHIYA MEHARAJ | 2102111076 | Yes |
| 7 | SHAIK RUKSANA | 2102111077 | Yes |
| 8 | SHAISTA | 2102111078 | Yes |
| 9 | SHANMUKHI TUSHARA TUMMALA | 2102111079 | Yes |
| 0 | SHIREEN REHI SIDRA FATIMA | 2102111080 | Yes |
| | SIDRA FATIMA | | |

| 82 | SINGAPURAM PRANAVI | 2102111082 | Yes |
|-----|-----------------------------|------------|-----|
| 83 | SURI KAMESWARI SAMHITA | 2102111083 | Yes |
| 84 | SYEDA AFIYA ALI | 2102111084 | Yes |
| 85 | SYEDA AISHA BANU | 2102111085 | Yes |
| 86 | SYEDA ZAHRA FATIMA | 2102111086 | Yes |
| 87 | TABASSUM SULTANA | 2102111087 | Yes |
| 88 | TARUNI SRIVASTAV | 2102111088 | Yes |
| 89 | THATI MOCHARITHA YADAV | 2102111089 | Yes |
| 90 | THATIKONDA SHALINI | 2102111090 | Yes |
| 91 | THOTA KIRANMAI | 2102111091 | Yes |
| 92 | UMME HANI | 2102111092 | Yes |
| 93 | UZMA AFREEN | 2102111093 | Yes |
| 94 | VARDU LAKSHMI SANJANA | 2102111094 | Yes |
| 95 | VARIKUPALA BINDHU | 2102111095 | Yes |
| 96 | VEMULA KAVYA | 2102111096 | Yes |
| 97 | YEMMELA BHAVITHA | 2102111097 | Yes |
| 98 | YENEPALLY SREYA | 2102111098 | Yes |
| 99 | ZEBUNNISA BEGAM | 2102111099 | No |
| 100 | ZOBIA NAAZ | 2102111100 | Yes |
| 101 | CHANDUPATLA VARSHITHA REDDY | 2002111015 | Yes |
| 102 | K NIKSHIPTHA | 2002111039 | Yes |
| 103 | KANEEZ FATIMA | 2002111040 | Yes |
| 104 | KONDE RITHVIKA | 2002111042 | Yes |
| 105 | VANGA ASHWITHA | 2002111095 | Yes |
| 106 | MADHAVI LAVUDIYA | 2002111046 | Yes |
| 107 | SABREEN JAWAD MIRZA | 2002111074 | Yes |
| 108 | T SAI PRANATHI | 2002111092 | Yes |
| 109 | AYESHA MOHIUDDIN | 1902111010 | No |
| 110 | SAKKI RISHITHA | 1602111083 | Yes |

VAC Coordinator

Principal/Dean





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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | ALETI SAI PRANEETHA | of I Year BDS | | | |
|---|----------------------------------|----------------------|--|--|--|
| bearing roll no:2102111001 | , has Successfully completed the | Value added Course – | | | |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | | | | |

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Principal / Dean



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | ALLOJU SHRAVANI | of I Year BDS | | | | |
|---|-----------------------------------|----------------------|--|--|--|--|
| bearing roll no:2102111002 | _, has Successfully completed the | Value added Course – | | | | |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | | | | | |

Coordinator

Hyderabad

Principal / Dean



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | AMREEN FATHIMA | of I Year BDS | | | |
|---|-----------------------------------|----------------------|--|--|--|
| bearing roll no:2102111003 | _, has Successfully completed the | Value added Course – | | | |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | | | | |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | AMTUL SEEMA HURIYTH | of I Year BDS | | | | |
|---|----------------------------------|----------------------|--|--|--|--|
| bearing roll no:2102111004 | , has Successfully completed the | Value added Course – | | | | |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | | | | | |

Coordinator



Principal / Dean Malla Reddy Dental College for Women



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | AMUDA ANUSHA | of I Year BDS | | | | |
|---|-----------------------------------|----------------------|--|--|--|--|
| bearing roll no:2102111005 | _, has Successfully completed the | Value added Course – | | | | |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | | | | | |

Coordinator

Osntal College For Hyderabad or

Principal / Dean

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | ANAPALA SIRI CHANDRIKA | of I Year BDS | | | | |
|---|-----------------------------------|----------------------|--|--|--|--|
| bearing roll no:2102111006_ | _, has Successfully completed the | Value added Course – | | | | |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | | | | | |

Coordinator



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | | ANJUM | | | | _ of I Ye | ear BDS | |
|---|-----|--------------|-----------|-----|-------|-----------|---------|---|
| bearing roll no:2102111007, | has | Successfully | completed | the | Value | added | Course | _ |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | | | | | | | |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | ANREDDY SRINIDHI REDDY | of I Year BDS |
|-------------------------------------|---|---------------------|
| bearing roll no:2102111008 | _, has Successfully completed the Va | alue added Course – |
| "Wellness of YOGA", conducted in th | e institute from 21st June 2021 to 23rd J | une2021. |

Coordinator

Principal / Dean (Hyderabad) 2 Malla Reddy Dental College for Women



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | ASMA FATIMA | of I Year BDS |
|---|---------------------------------------|----------------|
| bearing roll no: 2102111009, has | Successfully completed the Value | added Course - |
| "Wellness of YOGA", conducted in the instit | ute from 21st June 2021 to 23rd June2 | 021. |

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Principal / Dean

Malla Reddy Dental College for Women



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | B MADHAVI | of I Year BDS |
|--------------------------------------|--|-------------------------|
| bearing roll no:2102111010 | _, has Successfully completed the | e Value added Course – |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 23 | rd June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | BALAGA VANDANA | of I Year BDS | |
|---|----------------------------------|----------------------|--|
| bearing roll no:2102111011 | , has Successfully completed the | Value added Course - | |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | | |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | BANDARI LIKKITHA | of I Year BDS | |
|---|-----------------------------------|----------------------|--|
| bearing roll no: 2102111012 | _, has Successfully completed the | Value added Course – | |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | | |

Coordinator

Dental College To Hyderabad To Hyderabad To Hyderabad

Principal / Dean

Malla Reddy Dental College for Women



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | BANDARU SHRAVYA | of I Year BDS | |
|---|----------------------------------|----------------------|--|
| bearing roll no:2102111013 | , has Successfully completed the | Value added Course – | |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | | |

Coordinator



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | BHOOMANNAGARI SRINIJA | of I Year BDS | |
|---|-----------------------------------|----------------------|--|
| bearing roll no:2102111015 | _, has Successfully completed the | Value added Course – | |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | | |

Coordinator

Oental College For Hyderabad of Walley & Usus Market Por Market Po

Principal / Dean

Malla Reddy Dental College for Women



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | BONTHAPALLY ANJANA | of I Year BDS |
|--------------------------------------|---------------------------------------|------------------------|
| bearing roll no:2102111016 | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23rd | ^d June2021. |

Coordinator

Hyderabad or wallow

Principal / Dean
Malla Reddy Dental College for Women



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Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrdcw.org

Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | BUTTI SAHASRA TEJA | of I Year BDS |
|--------------------------------------|---|----------------------|
| bearing roll no: 2102111017 | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23rd | June2021. |

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Principal / Dean Malla Reddy Dental College for Women



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | CHALVADI HARSHINI RAO | of I Year BDS |
|----------------------------------|--|------------------------|
| bearing roll no:2102111018_ | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in | the institute from $21^{\rm st}$ June 2021 to $23^{\rm r}$ | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | CHENNOJI RACHITA RAVINDER | of I Year BDS |
|----------------------------------|--|----------------------|
| bearing roll no:2102111019 | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in | he institute from 21st June 2021 to 23rd | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/MsCHOUDARY BHANU TEJASWVI GOUD | of I Year BDS |
|---|----------------|
| bearing roll no: 2102111020 , has Successfully completed the Value | added Course – |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2 | 021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | DAMMAI BHAVITHA | of I Year BDS |
|------------------------------------|--|------------------------|
| bearing roll no:2102111021_ | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in t | he institute from 21st June 2021 to 23rd | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | DANAM DEDEEPYA | of I Year BDS |
|------------------------------------|--|--------------------------|
| bearing roll no:2102111022_ | , has Successfully completed th | e Value added Course – |
| "Wellness of YOGA", conducted in t | he institute from 21st June 2021 to 23 | ^{3rd} June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | DASARI DEEPTHI | of I Year BDS |
|--------------------------------------|---------------------------------------|------------------------|
| bearing roll no:2102111023 | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23rd | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | DASARI HARITHA | of I Year BDS |
|--------------------------------------|-------------------------------------|--------------------------|
| bearing roll no:2102111024 | , has Successfully completed th | e Value added Course - |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 25 | ^{3rd} June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | DATLA KAVYA SREE | of I Year BDS |
|--------------------------------------|--|------------------------|
| bearing roll no:2102111025 | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | he institute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | DHARNI PREETHIKA VAI | SHNAVI | of I Year BDS |
|----------------------------------|------------------------------|----------------------------------|----------------|
| bearing roll no:2102111026 | , has Successfully com | npleted the Value | added Course – |
| "Wellness of YOGA", conducted in | the institute from 21st June | 2021 to 23 rd June 20 | 021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | DHAVALESHWARAPU BHAVITHA | of I Year BDS |
|----------------------------------|---|----------------------|
| bearing roll no:2102111027 | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in | the institute from 21st June 2021 to 23rd . | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | GEDDAM SUNITHA | of I Year BDS |
|--------------------------------------|---------------------------------------|----------------------|
| bearing roll no:2102111028 | , has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23rd | d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | GUGULOTHU ASHRITHA | of I Year BDS |
|--|-------------------------------------|------------------------|
| bearing roll no:2102111030, | has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the i | nstitute from 21st June 2021 to 23r | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | GUMMULA POOJA | of I Year BDS |
|--------------------------------------|--|------------------------|
| bearing roll no:2102111031 | _, has Successfully completed the | · Value added Course – |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 23 | rd June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | HAFSA HUSNAIN | of I Year BDS |
|--------------------------------------|---|----------------------|
| bearing roll no:2102111032_ | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23rd | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | HAJERA TAMKEEN | of I Year BDS |
|--------------------------------------|---------------------------------------|--------------------------|
| bearing roll no:2102111033 | _, has Successfully completed th | e Value added Course – |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23 | ^{3rd} June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | HUSNA AFREEN | of I Year BDS |
|--------------------------------------|---------------------------------------|------------------------|
| bearing roll no:2102111034 | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23rd | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | IQRA AREEJ | of I Year BDS |
|--------------------------------------|---------------------------------------|------------------------|
| bearing roll no:2102111035 | , has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | JALDI HARIKA | of I Year BDS |
|---|-----------------------------------|----------------------------------|
| bearing roll no: 2102111036, has | Successfully completed the V | ^v alue added Course - |
| "Wellness of YOGA", conducted in the instit | ute from 21st June 2021 to 23rd J | une2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | KADAMANDLA SUMITHA RAJ | of I Year BDS |
|------------------------------------|--|------------------------|
| bearing roll no:2102111037 | , has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in t | he institute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | KALLEM PALLAVI | of I Year BDS |
|------------------------------------|---|------------------------|
| bearing roll no:2102111038_ | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in t | he institute from 21st June 2021 to 23r | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | KATA BHOOMIKA | of I Year BDS |
|--------------------------------------|-------------------------------------|-------------------------|
| bearing roll no:2102111039 | , has Successfully completed the | e Value added Course – |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23 | rd June2021. |

Coordinator



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | KATUKOJWALA SANJANA | of I Year BDS |
|--------------------------------------|---|------------------------|
| bearing roll no:2102111040 | _, has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23rd | ¹ June2021. |

Coordinator



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | KHILJI SADIKHA | of I Year BDS |
|--------------------------------------|---------------------------------------|----------------------|
| bearing roll no:2102111041 | , has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23rd | June2021. |

Coordinator

Hyderabad O Malla Reddy D

Principal / Dean

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | KOLA HARSHITHA | of I Year BDS |
|--------------------------------------|---------------------------------------|------------------------|
| bearing roll no:2102111042 | , has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | KRUPALI HARISH THUMAR | of I Year BDS |
|--------------------------------------|---|----------------------|
| bearing roll no:2102111043 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23rd | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | MACEERAH BEGUM | of I Year BDS |
|---|-----------------------------------|----------------------|
| bearing roll no:2102111044 | _, has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | MADIHA KAUNEEN | of I Year BDS |
|--|---------------------------------------|------------------------|
| bearing roll no:2102111045, | has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the i | institute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | MANAL FATIMA AHMED | of I Year BDS |
|--|--------------------------------------|------------------------|
| bearing roll no: <u>2102111046</u> , | has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the i | nstitute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | MANISHA BHATI | of I Year BDS |
|-------------------------------------|---------------------------------------|-------------------------|
| bearing roll no:2102111047 | _, has Successfully completed the | e Value added Course – |
| "Wellness of YOGA", conducted in th | e institute from 21st June 2021 to 23 | rd June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | MEDA THRISHA | of I Year BDS |
|--------------------------------------|--|------------------------|
| bearing roll no:2102111048 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 231 | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | MEETHA TIWWARI | of I Year BDS |
|--------------------------------------|---|------------------------|
| bearing roll no:2102111049 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 23r | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | MEHNOOR MINHAJ | of I Year BDS | |
|---|----------------------------------|----------------------|--|
| bearing roll no:2102111050 | , has Successfully completed the | Value added Course – | |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | | |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | MOKAPWAR PRATHIKSHA REDDY | of I Year BDS |
|---|----------------------------------|----------------------|
| bearing roll no:2102111052 | , has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2021. | | |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | MOTHKURI SHIVANI | of I Year BDS |
|--------------------------------------|---|----------------------|
| bearing roll no:2102111053 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 23r | d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | MULLI SOWMYA | of I Year BDS |
|-------------------------------------|--|------------------------|
| bearing roll no:2102111054 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in th | e institute from 21st June 2021 to 23r | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | N. VAISHNAVI | _ of I Year BDS |
|--|--|-----------------|
| bearing roll no: 2102111055, ha | s Successfully completed the Value | added Course - |
| "Wellness of YOGA", conducted in the insti | itute from 21 st June 2021 to 23 rd June | 2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | NAANDI VAISHNOO | of I Year BDS |
|-------------------------------------|--|------------------------|
| bearing roll no:2102111056 | _, has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in th | e institute from 21st June 2021 to 23 ¹ | ^d June2021. |

G Santay Coordinator

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | NABIA SULTANA | of I Year BDS |
|--------------------------------------|--------------------------------------|------------------------|
| bearing roll no:2102111057 | , has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23r | ^d June2021. |

Coordinator



Principal / Dean

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | NAHEED ANJUM | of I Year BDS |
|--------------------------------------|---|------------------------|
| bearing roll no:2102111058 | _, has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23rd | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | NANDURI V.A.S. SRILEKHA | of I Year BDS |
|--------------------------------------|---|----------------------|
| bearing roll no:2102111059 | _, has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23rd | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | NANDURI V.A.S. SRIVIDYA | of I Year BDS |
|-------------------------------------|---|---------------------|
| bearing roll no:2102111060 | _, has Successfully completed the V | alue added Course – |
| "Wellness of YOGA", conducted in th | e institute from 21 st June 2021 to 23 rd I | une2021 |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | NEKKANTI JISHNAVI | of I Year BDS |
|--------------------------------------|---|-------------------------|
| bearing roll no:2102111061_ | _, has Successfully completed the | : Value added Course - |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 231 | rd June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | NISA FAREHA | of I Year BDS |
|--|---------------------------------|------------------------|
| bearing roll no: 2102111062, has | Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the institu | ite from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | PAPAGARI SAI PRAVALIKA | of I Year BDS |
|--------------------------------------|--|------------------------|
| bearing roll no:2102111063 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23r | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/MsPRAKHYTI CHANDRIKA KULKARNI | of I Year BDS |
|---|------------------|
| bearing roll no:2102111064, has Successfully completed the Value | e added Course – |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June | 2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | QHARIA JAHAN | of I Year BDS |
|--------------------------------------|---------------------------------------|------------------------|
| bearing roll no:2102111065 | , has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23rd | ¹ June2021. |

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Principal / Dean

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | QUDEJA MAHNOOR | of I Year BDS |
|----------------------------------|--|----------------------|
| bearing roll no:2102111066_ | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in | the institute from 21st June 2021 to 23r | d June2021. |

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Principal / Dean
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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | RAMSHA AMJED | of I Year BDS |
|--------------------------------------|-------------------------------------|------------------------|
| bearing roll no:2102111067 | , has Successfully completed th | e Value added Course – |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23 | grd June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | RATNAM SRAVANI | of I Year BDS |
|--------------------------------------|---|----------------------|
| bearing roll no:2102111068 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23rd | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | | RESHMA | | | | _ of I Ye | ear BDS | |
|-------------------------------------|-----------|----------------------------|-------------|------|---------|-----------|---------|--|
| bearing roll no:2102111069 | _, has | Successfully | completed | the | Value | added | Course | |
| "Wellness of YOGA", conducted in th | e institu | te from 21 st J | une 2021 to | 23rd | l June2 | 2021. | | |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | SANIA SHAREEF | of I Year BDS |
|--------------------------------------|--|------------------------|
| bearing roll no:2102111071 | _, has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 23rd | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | SARA YASMEEN | of I Year BDS |
|--------------------------------------|---------------------------------------|---------------------------|
| bearing roll no:2102111072 | _, has Successfully completed tl | ne Value added Course – |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 2 | 3 rd June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | SARAH FATIMA | of I Year BDS |
|--------------------------------------|---|------------------------|
| bearing roll no:2102111073 | _, has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 23r | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SENDRA VENKATA HIMA BINDU | of I Year BDS |
|----------------------------------|---|---------------------------|
| bearing roll no:2102111074 | , has Successfully completed th | ie Value added Course – |
| "Wellness of YOGA", conducted in | the institute from 21st June 2021 to 23 | 3 rd June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | SHAIK AREEFA BEGUM | of I Year BDS |
|--------------------------------------|-------------------------------------|-------------------------|
| bearing roll no:2102111075 | , has Successfully completed the | e Value added Course - |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23 | rd June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SHAIK ARSHIYA MEHARAJ | of I Year BDS |
|----------------------------------|--|------------------------|
| bearing roll no:2102111076_ | , has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in | he institute from 21st June 2021 to 23rd | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SHAIK RUKSANA | of I Year BDS |
|--------------------------------------|---------------------------------------|----------------------|
| bearing roll no:2102111077 | has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23rd | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SHAISTA | of I Year BDS |
|--------------------------------------|--|------------------------|
| bearing roll no:2102111078 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23r | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SHANMUKHI TUSHARA TUMMALA | _ of I Year BDS |
|----------------------------------|--|-----------------|
| bearing roll no:2102111079 | , has Successfully completed the Value | added Course – |
| "Wellness of YOGA", conducted in | the institute from 21st June 2021 to 23rd June 2 | 2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SHIREEN REHI | of I Year BDS |
|---|----------------------------------|------------------------|
| bearing roll no: 2102111080, has | Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the instit | tute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SIDRA FATIMA | of I Year BDS |
|--|--|--------------------|
| bearing roll no: 2102111081, has | Successfully completed the Va | due added Course – |
| "Wellness of YOGA", conducted in the institu | ite from 21 st June 2021 to 23 rd Ju | me2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SINGAPURAM PRANAVI | of I Year BDS |
|--------------------------------------|---------------------------------------|------------------------|
| bearing roll no:2102111082, | has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | Institute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SURI KAMESWARI SAMHITA | of I Year BDS |
|--------------------------------------|--|----------------------|
| bearing roll no:2102111083 | _, has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 23rd | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | SYEDA AFIYA ALI | of I Year BDS |
|--------------------------------------|--|------------------------|
| bearing roll no:2102111084 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 23rd | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SYEDA AISHA BANU | of I Year BDS |
|-------------------------------------|---|----------------------|
| bearing roll no:2102111085 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in th | e institute from 21st June 2021 to 23rd | d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SYEDA ZAHRA FATIMA | of I Year BDS |
|---|--------------------------------------|------------------------|
| bearing roll no: <u>2102111086</u> , | has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the in | nstitute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | TABASSUM SULTANA | of I Year BDS |
|--------------------------------------|---------------------------------------|------------------------|
| bearing roll no:2102111087 | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | TARUNI SRIVASTAV | of I Year BDS |
|------------------------------------|--|------------------------|
| bearing roll no:2102111088_ | , has Successfully completed the | Value added Course — |
| "Wellness of YOGA", conducted in t | he institute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | THATI MOCHARITHA YADAV | of I Year BDS |
|--------------------------------------|--|----------------------|
| bearing roll no:2102111089 | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | he institute from 21st June 2021 to 23rd | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | THATIKONDA SHALINI | of I Year BDS |
|--------------------------------------|--|----------------------|
| bearing roll no:2102111090 | _, has Successfully completed the | Value added Course - |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 23rd | d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | THOTA KIRANMAI | of I Year BDS |
|-------------------------------------|---|----------------------|
| bearing roll no:2102111091 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in th | e institute from 21st June 2021 to 23rd | d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | UMME HANI | of I Year BDS |
|-------------------------------------|---|------------------------|
| bearing roll no:2102111092 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in th | e institute from 21st June 2021 to 23rd | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | UZMA AFREEN | of I Year BDS |
|--|--|------------------|
| bearing roll no: 2102111093, has | Successfully completed the Value | e added Course – |
| "Wellness of YOGA", conducted in the institu | ite from 21st June 2021 to 23 rd June | 2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | VARDU LAKSHMI SANJANA | of I Year BDS |
|--------------------------------------|---|----------------|
| bearing roll no:2102111094 | _, has Successfully completed the Value | added Course - |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23rd June 20 |)21. |

G. Santa Coordinator



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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | VARIKUPALA BINDHU | of I Year BDS |
|--------------------------------------|---|------------------------|
| bearing roll no:2102111095 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | VEMULA KAVYA | of I Year BDS |
|--|--------------------------------------|------------------------|
| bearing roll no:2102111096, | has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the i | institute from 21st June 2021 to 23r | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | YEMMELA BHAVITHA | of I Year BDS |
|--------------------------------------|---------------------------------------|------------------------|
| bearing roll no:2102111097 | has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | YENEPALLY SREYA | of I Year BDS |
|--------------------------------------|---------------------------------------|------------------------|
| bearing roll no:2102111098 | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | institute from 21st June 2021 to 23rd | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | ZOBIA NAAZ | of I Year BDS |
|--------------------------------------|---|----------------------|
| bearing roll no:2102111100 | , has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23rd | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/MsCHANDUPATLA VARSHITHA REDDY | _ of I Year BDS |
|---|-----------------|
| bearing roll no: 2002111015 , has Successfully completed the Value | added Course - |
| "Wellness of YOGA", conducted in the institute from 21st June 2021 to 23rd June 2 | 2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | K NIKSHIPTHA | of I Year BDS |
|--|--------------------------------------|----------------------|
| bearing roll no:2002111039, | has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the i | nstitute from 21st June 2021 to 23rd | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | KANEEZ FATIMA | of I Year BDS |
|--|--------------------------------------|----------------------|
| bearing roll no:2002111040, | has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the i | nstitute from 21st June 2021 to 23rd | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | KONDE RITHVIKA | of I Year BDS |
|--------------------------------------|---------------------------------------|------------------------|
| bearing roll no:2002111042 | _, has Successfully completed the | · Value added Course — |
| "Wellness of YOGA", conducted in the | e institute from 21st June 2021 to 23 | rd June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | VANGA ASHWITHA | of I Year BDS |
|--------------------------------------|--|----------------------|
| bearing roll no:2002111095 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 23rd | June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms | MADHAVI LAVUDIYA | of I Year BDS |
|-------------------------------------|---|------------------------|
| bearing roll no:2002111046 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in th | e institute from 21st June 2021 to 23rd | ¹ June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SAB | REEN JAWA | D MIRZA | | | _ of I Y | ear BDS | |
|--------------------------------------|--------|---------------|--------------|------|------------|----------|---------|---|
| bearing roll no:2002111074 | , has | Successfully | completed | the | Value | added | Course | - |
| "Wellness of YOGA", conducted in the | instit | ute from 21st | June 2021 to | 23rd | l June2 | 021. | | |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | T SAI PRANATHI | of I Year BDS |
|-------------------------------------|--|------------------------|
| bearing roll no:2002111092 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in th | e institute from 21st June 2021 to 23r | ^d June2021. |

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Certificate of Completion

Course Code: VAC-2101

| This to certify that Mr/Ms. | SAKKI RISHITHA | of I Year BDS |
|--------------------------------------|--|------------------------|
| bearing roll no:1602111083 | _, has Successfully completed the | Value added Course – |
| "Wellness of YOGA", conducted in the | ne institute from 21st June 2021 to 23rd | ^d June2021. |

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| 1 | Feedback analysis of students on VALUE | ADI | DED (| COUR | RSES | | |
|--|---|-------|-------|------|------|---|------------------|
| Academic Year : 2021 - 2022 Year: II &III year BD | | | r BDS | | | | |
| Name | of the VAC:Wellness of Yoga | | | | | | |
| Course Code:VAC-2101 | | Stu | dents | | 214 | | |
| Students feedback on curriculum collected and analyzed, on the scale of 1 to 5 for each of the following parameters. | | | | | | | |
| (1- stro | ngly Disagree, 2- Disagree, 3- Uncertain, 4- Agree, 5- Strongly | Agree | : | | | | |
| Sl. No | Attributes | 5 | 4 | 3 | 2 | 1 | Average Score |
| 1 | How informative was the course | 156 | 51 | .5 | 2 | | 4.69 |
| 2 | Content was organised and easy to follow | 162 | 48 | 3 | 1 | | 4.73 |
| 3 | The objectives of value added course were clearly defined | 149 | 60 | 5 | | | 4.67 |
| 4 | The participation and interaction were encouraged | 182 | 30 | 2 | | | 4.84 |
| 5 | Course experience will be useful in my work | 150 | 59 | 3 | 2 | | 4.67 |
| 6 | The resource person was knowledgeable about the topic | 176 | 30 | 6 | 2 | | 4.78 |
| 7 | The time allotted for the course is sufficient | 168 | 42 | 2 | 2 | | 4.76 |
| 8 | Did the course provide good balance between theory & practice? | 190 | 21 | 3 | | | 4.87 |

Suggestions: Requires more practical time to acquire the benefits of yoga.

Coordinator

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Principal/Dean

Principal / Dean

Malla Reddy Dental College for Women