Date: 14-06-2022

Hyderabad

To,

The Principal/Dean,

Malla Reddy Dental College for Women,

Suraram.

Sub: Requesting Permission to conduct Value Added Course (VAC) for I year BDS students.

Respected Sir,

The Programme Development committee of MRDCW, would like to organize the Value-Added course on "YOGA SHOWS THE WAY" for I year BDS students from 21<sup>st</sup> June 2022 to 23<sup>rd</sup> June 2022. In this regard, kindly grant us permission for the same and support the event with necessary resources.

Thanking You,

Principal / Dean

Malla Reddy Dental College for Women

Yours faithfully,

Dr. G. Santhosh Reddy

VAC CO-ORDINATOR

Professor & HOD

Department of Oral Maxillofacial Surgery

Malla Reddy Dental College for Women.





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Ref.: MRDCW/Circulars/VAC/2022/Jun-01

Date: 16-06-2022

#### Circular

The Students of 1<sup>st</sup> Year BDS are hereby informed to attend the Value-added course "YOGA SHOWS THE WAY" scheduled from 21<sup>st</sup> June 2022 to 23<sup>rd</sup> June 2022. The concerned subject HODs are hereby requested to give permission to the students for attending the same.

Resource person - Mr. Chikka Srinivas, Yoga trainer in Malla Reddy Health city

Venue - Cricket ground, Malla Reddy Health city.

Date – 21<sup>st</sup> June 2022 to 23<sup>rd</sup> June 2022

Time - 9.00 AM - 4.00 PM

Principal/Dean,

Malla Reddy Dental College for Women

Principal / Dean Malla Reddy Dental College for Women

#### Copy to:

- Students notice board
- All Department HODs
- Curriculum Committee
- All Academic Coordinators
- PA to Principal for filing

Hyderabad For

Principal / Dean
Malla Reddy Dental College for Women

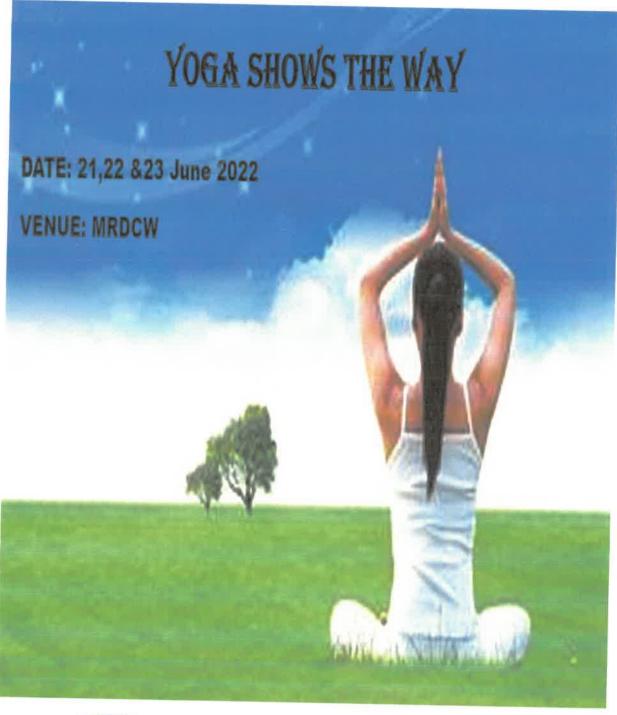
Suraram 'X' Road, Quthbullapur (M), Jeedmeta Hyderabad - 500 055.

Phone: 91001 89797 Email: mrdcw2013@gmail.com

www.mrdcw.edu.in



Welcomes all







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#### YOGA SHOWS THE WAY

DAY-1(21/6/22)					
Session	Time	Name of the topic			
Session 1	9:00am-11:30am	Importance of yoga			
Session 2	1:30pm-4:00pm	How breathing exercise make difference during Covid-19			

DAY-2(22/6/22)						
Session	Time	Name of the topic				
Session 3	9:00am-11:30am	Explanation of various breathing exercises				
Session 4	1:30pm-4:00pm	Training for participants				

	DAY-3(23/6/22)	
Session	Time	Name of the topic
Session 5	9:00am-11:30am	Training for the participants
Session 6	1:30pm-4:00pm	Interaction and Feedback



Principal / Dean

Malla Reddy Dental College for Women

www.mrdcw.edu.in

Email: mrdcw2013@gmail.com



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#### **COURSE SYLLABUS**

#### YOGA SHOWS THE WAY

MODULE	SYLLABUS
MODULE 1:	Introduction to yoga Pranayama (Breathing techniques) Asanas (Yoga poses) Meditation
MODULE 2:	Yoga Philosophy Yoga Anatomy Sequencing Teaching Methodology
MODULE 3:	Ethics For Yoga Benefits of Yoga Practicum





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#### REPORT OF THE EVENT

Date: 24-06-2022

#### Yoga shows the way

Yoga is an ancient Indian practice that permits the mind and body to be in conjunction with each other. It incorporates meditation, breathing exercises, and stretches to allow stress reduction, relaxation, and rejuvenation. The term yoga means union. The asanas affect the muscles, joints and skin, and the whole body – glands, nerves, internal organs, bones, respiration and the brain

#### **COURSE OBJECTIVES:**

#### General objective:

The practice of yoga asanas develops strength flexibility, while soothing your nerves and calming your mind.

#### Specific objectives:

- Yoga is beneficial for physical fitness, musculoskeletal functioning and cardiovascular health.
- It is beneficial in the management of diabetes, respiratory disorders, hypertension, hypotension and many life related disorders.
- Yoga helps to reduce depression, fatigue, anxiety disorders and stress.

#### Outcome:

Yoga programme creates a strong sense of identity, a strong sense of wellbeing, confident and involved learners, effective communication etc to the students.

RESOURCE PERSON: Mr. Chikka Srinivas, Yoga trainer in Malla Reddy Health city.

VENUE: Cricket ground, Malla Reddy Health city.

**DATE:** 21<sup>st</sup>, 22<sup>nd</sup> & 23<sup>rd</sup> June 2022

**TIME:** 9 AM – 4 PM

NUMBER OF PARTICIPANTS: 125 students from Ist year BDS

ntal Col

**DURATION:** 15 hrs.

Surarm 'X' Roads, (http://pullapur M), Jeedimetla, Hyderabad - 500 055. Phone 91001 8513 reddy Dental College for Women

Email:mrdw2013@gmal.com www.mrdcw.edu.in

#### Glimpse of the course







Bue

Principal / Dean

Malla Reddy Dental College for Women

VAC Coordinator



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# Yoga shows the way Year: 1<sup>st</sup> BDS Total students Enrolled: 125

Venue: Cricket Ground, Malla Reddy Health city

**Time:** 9.00 AM – 4.00 PM

Course Code: VAC-2204

**DATE:** 21st- 23th June 2022

#### Attendance sheet for VAC: Yoga shows the way

REGISTRATION NO	NAME OF THE STUDENT	21/3/22 FN	21/3/22 AN	22/3/22 FN	22/3/22 AN	23/3/22 FN	23/3/22 AN
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27	2202111027	GANGONI VISHNU PRIYA	Prize	Pringe	Pringe	Pringe	Prings	Rig
28	2202111028	GASIGANTI RUCHITHA	Ruchitha	(Kuchite	Ruchtha	(fuelist he		Runhite
29	2202111029	GONGALLA RIKTHA REDDY	Rektha	Riktha	Riktha	Diktha	Liktha	Riktha
30	2202111030	GUNDA MEGHANA	Angha	Mugha	Anglia	Lughe	Adudra	1 Ampo
31	2202111031	HAJIRA FATIMA	Catime	Fatinia	Fatime	Patime	fathing	fathm
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33	2202111033	HUZMA BEGUM	Dury	Ray	Augur	Baxin	Dury	102-x
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38	2202111038	KONDURU NAMRATHA	Namaaha	Namzatha	Δ.1			Klamark
39	2202111039	KONTHAM SATHWIKA		K Sahulka	1 Sathulle	K Sathulk	Xlanusatha K. Suthult	K. Salules
40	2202111040	KOPPULA LIKHITHA	dikhitha	Likheth			Likhita	Likhila
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42	2202111042	MALLAMARI JESSICA	Jenly	Toular	Trust	Temp	Thuy	Torrel
43	2202111043	MAMIDALA SWAPNA	Swagne	Swagna	Swagne	Swane	Lucana	Swano
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48	2202111048	MOHAMMED FARIHA KHANAM	Farile	Hariba	Faril	Farih	Faili	Jaris
49	2202111049	MUSKAAN FATHIMA	Fart Just	Fat Music	Califorka	0,	1 1	Palyask
50	2202111050	MUTHYALA SRUJANA	Snyang	Saugart	Sougary	Spurgary	Sougay	Sougar
51	2202111051	MUZAINAH BAKHTIYAR	MA	MB	MB	MB	MB	MB
52	2202111052	N VANI	Vari	Vani	Pari	Rani	Sani	Dani
53	2202111053	NABEELA ARSHAD	Archel	Arhel	Auhol	Aul 2	Auhl	Auhal
54	2202111054	NABILA TAHREEN	Mahreen			Wahren	Mahreen	
55	2202111055	NADAGOUNDLAVARI NAVEENA	Naveena	Moveena	Haveler	Mariene	Novee+	Hovewa
56	2202111056	NAMANI MADHURYA	Machurya	100	Madhurya	Madhueya	Machurya	11 01
57	2202111057	NARAYANADASU ABHINAYA	Alli	Abb The	Abli	Alahi Mahi	Alaha 1	Madhuya
58	2202111058	NEELAM SAI PALLAVI	Nearp	Neaif	resamp	N.Sesi P	N.Saip	N-Sai D
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64	2202111064	PAMU VENNELA	Vennela	Dennela	Vennela	Dennela	Penela	Dennela
65	2202111065	PANJALA HARINI	Slavin	Harin	Herry	Harins	House	Harin
66	2202111066	PAPITHOTI THABITHA KESHEERA	Koul	Kend	Koul	-Konf	Kong	kort
67	2202111067	POTHURAJU SRIHARIKA	South	guilt-	Criff	Swiff	Pri II	Surt
68	2202111068	PRAGNYA SAKA	Rake	Poate	peake	Deare	PSAV	Baks
69	2202111069	RADHIKA DUBEY	Kadhika	Radhika	Radhita	- Radher	1 7 -	Padwka
70	2202111070	RIMSHA MIRZA	1 Delvere	powse	Rmuse	Emure	Rmige	Romeze
71	2202111071	SABA NAUSHEEN	Saba	Sahn	Saba	Suba	Sapa	Sala
72	2202111072	SADIYA	Saduja	A	A	A	Gadulgi	A
73	2202111073	SAKINA JUVERIYA	Twest	Junit	Time	Tunet	Tove	Tury
74	2202111074	SAMMETA BHAVYA SRI	SAL	Sui.	Su	Sui	Su	Si
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77	2202111077	SARA FATIMA	Charl	Chan	Chath	Sport	Spage	Coop
78	2202111078	SAYEDA KAUSAR FATHIMA	Kaneal	hamas	Kamal	Karlal	karreal	Howay
79	2202111079	SHAIK HASEEN	Masee	flare	Haren	1 0	Harren	1
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85	2202111085	SRIGADHA LAYA	Laya	Layer	Layer	Laya	Hays	Kaya
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103	2102111006	ANAPALA SIRI CHANDRIKA	Chan	Char	Chan	Chan	- Chan-	Chan
104	2102111011	BALAGA VANDANA	Vandam	Vandor	Vardour	Vondan	Jarolow	Hardon
105	2102111016	BONTHAPALLY ANJANA	Any	Ann	Ampir	Anja	Ang	Aug
106	2102111023	D'ASARI DEEPTHI	Deepthi	Deepthi	Deeplhi	Doepthi	Deepthi	Dega
107	2102111027	DHAVALESHWARAPU BHAVITHA	Bhail!	Work!	Bharille	Drosser.	Dr. 3 th	Barry
108	2102111036	JALDI HARIKA	Harcika	+ Carica	flaure	+Caribe	Harika	Hayle_
109	2102111037	KADAMANDLA SUMITHA RAJ	RA	Par	Pol	ent	2)	PA
110	2102111038	KALLEM PALLAVI	Fallar'	l'allau'	Palla;	Pallavi	Pallavi,	Palout
111	2102111047	MANISHA BHATI	Ble	Dhan	Phar	Rhet	Bhat	Bha
112	2102111056	NAANDI VAISHNOO	Vaish	Var	Varsh	North	Varsher	1 sursh
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115	2102111083	SURI KAMESWARI SAMHITA	Samhoffe	lan	Samhoft	Samhith	· gaml	Samhita
116	2102111084	SYEDA AFIYA ALI	848a	A	A	Evel	A	A
117	2102111089	THATI MOCHARITHA YADAV	Yalan	Yarl	Yala	Yala	Yalor	Yardr
118	2102111094	VARDU LAKSHMI SANJANA (	Sanja	Canja	Clanja	Cans	Ganjan	Canja
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VAC Coordinator

Vibondeesh

Principal/ Dean

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Yoga shows the way		
Course Code: VAC- 2204	Year: 1 <sup>st</sup> BDS	
<b>DATE:</b> 21st- 23th June 2022	Total students Enrolled: 125	
Venue: Cricket Ground, Malla Reddy Health	city	
Time: 9.00 AM – 4.00 PM		

#### Details of Students Enrolled for VAC: Yoga shows the way

S.NO	NAME OF THE STUDENT	REGISTRATION NO	ENROLLED
1	A HARSHITHA	2202111001	Yes
2	ADEELA SALWA	2202111002	Yes
3	AISHWARIYA SINGH DEO	2202111003	Yes
4	AKUNURI SAI RITISHA	2202111004	Yes
5	AMEENA FIRDOUS	2202111005	Yes
6	AQSA MUSKAN	2202111006	Yes
7	ASMA MAHVEEN	2202111007	Yes
8	AWLIA FATIMA	2202111008	Yes
9	AYESHA ABBASI	2202111009	Yes
10	AYESHA FIRDOUS	2202111010 <sup>.</sup>	Yes
11	AYESHA NOOR	2202111011	Yes
12	AYESHA SIDDIQHA	2202111012	Yes
13	AZRA TAHREEM	2202111013	Yes
14	BADNAPURAM SAISWETHA	2202111014	Yes
15	BENAZIR KAUSER	2202111015	Yes
16	BIBI SARA	2202111016	Yes
17	BOJJA SREE ANANYA	2202111017	Yes
18	BURRA PRANAVI	2202111018	Yes
19	D POOJITHA:	2202111019	Yes
20	DHANAVATH SANGEETHA	2202111020	Yes
21	DURGAM KRUTHIKA GOUD	2202111021	Yes
22	FAREEHA FATIMA	2202111022	Yes
23	FAREEHA TABASSUM	2202111023	Yes
24	G S SAKSHI ARYAN	2202111024	Yes
25	GAJAWADA AISHWARYA	2202111025	Yes
26	GALI FATHIMA KEERTHI	2202111026	Yes
27	GANGONI VISHNU PRIYA	2202111027	Yes
28	GASIGANTI RUCHITHA	2202111028	Yes
29	GONGALLA RIKTHA REDDY	2202111029	Yes
30	GUNDA MEGHANA	2202111030	Yes
31	HAJIRA FATIMA	2202111031	Yes

Principal / Dean

Suraram 'X' Road, County Deedimetta, Hyaerabantasoolless. A men

Phone . 93,001 89797 Email : mrd 20,13@graai.com

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2202111033 2202111034 2202111035 2202111036 2202111037 2202111038 2202111039 2202111040 2202111041 2202111042 2202111043 2202111045 2202111046 2202111047 2202111048 2202111050 2202111051 2202111052 2202111054 2202111055 2202111056 2202111056 2202111058 2202111058 2202111058 2202111059	Yes
2202111035 2202111036 2202111037 2202111038 2202111039 2202111040 2202111041 2202111042 2202111043 2202111045 2202111046 2202111047 2202111049 2202111050 2202111051 2202111052 2202111054 2202111055 2202111056 2202111056 2202111057 2202111058	Yes
2202111036 2202111037 2202111038 2202111039 2202111040 2202111041 2202111042 2202111044 2202111045 2202111046 2202111047 2202111049 2202111050 2202111051 2202111052 2202111054 2202111055 2202111056 2202111056 2202111057 2202111058	Yes
2202111037 2202111038 2202111039 2202111040 2202111041 2202111042 2202111043 2202111045 2202111046 2202111047 2202111048 2202111050 2202111050 2202111051 2202111052 2202111054 2202111055 2202111056 2202111056 2202111057 2202111058	Yes
2202111038 2202111039 2202111040 2202111041 2202111042 2202111043 2202111045 2202111046 2202111047 2202111049 2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111056 2202111057 2202111058	Yes
2202111039 2202111040 2202111041 2202111042 2202111043 2202111045 2202111046 2202111047 2202111049 2202111050 2202111051 2202111052 2202111053 2202111054 2202111056 2202111056 2202111057 2202111057 2202111058	Yes
2202111040 2202111041 2202111042 2202111043 2202111044 2202111045 2202111046 2202111047 2202111048 2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111057 2202111058	Yes
2202111041 2202111042 2202111043 2202111044 2202111045 2202111046 2202111047 2202111049 2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111057 2202111058	Yes
2202111042 2202111043 2202111044 2202111045 2202111046 2202111047 2202111049 2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111057 2202111058	Yes
2202111043 2202111044 2202111045 2202111046 2202111047 2202111048 2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111057 2202111058	Yes
2202111044 2202111045 2202111046 2202111047 2202111049 2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111057 2202111058	Yes
2202111045 2202111046 2202111047 2202111048 2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111057	Yes
2202111046 2202111047 2202111048 2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111058	Yes
2202111047 2202111048 2202111049 2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111058	Yes
2202111047 2202111048 2202111049 2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111058	Yes
2202111049 2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111058	Yes
2202111049 2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111058	Yes
2202111050 2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111058	Yes
2202111051 2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111058	Yes
2202111052 2202111053 2202111054 2202111055 2202111056 2202111057 2202111058	Yes Yes Yes Yes Yes Yes Yes Yes
2202111053 2202111054 2202111055 2202111056 2202111057 2202111058	Yes Yes Yes Yes Yes Yes Yes
2202111055 2202111056 2202111057 2202111058	Yes Yes Yes Yes
2202111056 2202111057 2202111058	Yes Yes Yes Yes
2202111056 2202111057 2202111058	Yes Yes Yes
2202111057 2202111058	Yes Yes
2202111058	Yes
	Vos
2202111060	Yes
2202111061	Yes
2202111062	Yes
2202111063	Yes
2202111064	Yes
2202111065	Yes
A 2202111066	Yes
2202111067	Yes
2202111068	Yes
2202111069	Yes
2202111070	Yes
2202111071	Yes
2202111072	Yes
2202111073	Yes
	Yes
2202111078	Yes
2202111078	Yes
2202111079	Yes
2202111079	
	2202111074 2202111075 2202111076 2202111077 2202111078 2202111079

32	SHREYA BIRAJDAR	2202111082	Yes
33	SHRUTHI G	2202111083	Yes
34	SOHA AKHTAR	2202111084	Yes
5	SRIGADHA LAYA	2202111085	Yes
36	SUDDALA HARSHAVARDHINI	2202111086	Yes
37	SUMAIYYA BEGUM	2202111087	Yes
38	SYEDA NABILA BANU	2202111088	Yes
39	SYEDA UMME SENAN	2202111089	Yes
0	TAHZEEB FATIMA	2202111090	Yes
)1	THIRUMALA DIVYA	2202111091	Yes
92	U CHARITHA	2202111092	Yes
93	UMAIMAH TAMREEN ABDUL RAHEEM	2202111093	Yes
94	UMME AIMEN	2202111094	Yes
95	UMME KULSOOM	2202111095	Yes
96	UMME ROOMAN	2202111096	Yes
97	VADDARAM RACHANA	2202111097	Yes
98	VAIBHAVI BHIMRAO MULE	2202111098	Yes
99	VASA NEHA NAMRATHA	2202111099	Yes
100	VELPULA SARIU	2202111100	Yes
101	AYESHA MOHIUDDIN	1902111010	Yes
102	AMREEN FATHIMA	2102111003	Yes
103	ANAPALA SIRI CHANDRIKA	2102111006	Yes
104	BALAGA VANDANA	2102111011	Yes
105	BONTHAPALLY ANJANA	2102111016	Yes
106	DASARI DEEPTHI	2102111023	Yes
107	DHAVALESHWARAPU BHAVITHA	2102111027	Yes
108	JALDI HARIKA	2102111036	Yes
109	KADAMANDLA SUMITHA RAJ	2102111037	Yes
110	KALLEM PALLAVI	2102111038	Yes
111	MANISHA BHATI	2102111047	Yes
112	NAANDI VAISHNOO	2102111056	Yes
113	SANIA SHAREEF	2102111071	Yes
114	SHAIK RUKSANA	2102111077	Yes
115	SURI KAMESWARI SAMHITA	2102111083	Yes
116	SYEDA AFIYA ALI	2102111084	Yes
117	THATI MOCHARITHA YADAV	2102111089	Yes
118	VARDU LAKSHMI SANJANA	2102111094	Yes
119	VARIKUPALA BINDHU	2102111095	Yes
120	ZOBIA NAAZ	2102111100	Yes
121	SABREEN JAWAD MIRZA	2002111074	Yes
122	BANDARI LIKKITHA	2102111012	Yes
123	BANDARU SHRAVYA	2102111013	Yes
124	SINGAPURAM PRANAVI	2102111082	Yes
125	SAKKI RISHITHA	1602111083	Yes



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Yoga show	s the way
Course Code: VAC- 2204	Year: 1 <sup>st</sup> BDS
Course Code: VAC-2204	Total students Enrolled: 125
<b>DATE:</b> 21st- 23th June 2022	
Venue: Cricket Ground, Malla Reddy Health	city
<b>Time:</b> 9.00 AM – 4.00 PM	
A AAAA T T T T T	

#### Details of Students Successfully completed VAC: Yoga shows the way

S.NO	NAME OF THE STUDENT	REGISTRATION NO	SUCCESSFULLY COMPLETED
4	A HARSHITHA	2202111001	Yes
1	ADEELA SALWA	2202111002	Yes
2	AISHWARIYA SINGH DEO	2202111003	Yes
3	AKUNURI SAI RITISHA	2202111004	Yes
4	AMEENA FIRDOUS	2202111005	Yes
5	AQSA MUSKAN	2202111006	Yes
6	ASMA MAHVEEN	2202111007	Yes
7	AWLIA FATIMA	2202111008	Yes
8	AYESHA ABBASI	2202111009	Yes
9	AYESHA FIRDOUS	2202111010	Yes
10	AYESHA NOOR	2202111011	Yes
11	AYESHA SIDDIQHA	2202111012	Yes
12	AZRA TAHREEM	2202111013	Yes
13	BADNAPURAM SAISWETHA	2202111014	Yes
14	BENAZIR KAUSER	2202111015	No
16	BIBI SARA	2202111016	Yes
17	BOJJA SREE ANANYA	2202111017	Yes
18	BURRA PRANAVI	2202111018	Yes
19	D POOJITHA	2202111019	Yes
20	DHANAVATH SANGEETHA	2202111020	Yes
21	DURGAM KRUTHIKA GOUD	2202111021	Yes
22	FAREEHA FATIMA	2202111022	Yes
23	FAREEHA TABASSUM	2202111023	Yes
24	G S SAKSHI ARYAN	2202111024	Yes
25	GAJAWADA AISHWARYA	2202111025	Yes
26	GALI FATHIMA KEERTHI	2202111026	No
27	GANGONI VISHNU PRIYA	2202111027	Yes
28	GASIGANTI RUCHITHA	2202111028	Yes
29	GONGALLA RIKTHA REDDY	2202111029	Yes
30	GUNDA MEGHANA	2202111030	Yes
31	HAJIRA FATIMA	2202111031	Yes
32	HURIYAH MOHAMAD ZIA	121 Co 2202111032	Yes

Principal / Dean

Suraram 'X' Road, Quintulapura (M) Seedimetla Hixderal Dental Confege for Women Email: mrdcw2 3@gmail:com

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33	HUZMA BEGUM	2202111033	Yes
34	KASARLA SHREYA	2202111034	Yes
35	KASARLA SINDHU REDDY	2202111035	Yes
	KATHULA LOHITHA	2202111036	Yes
36	KIZISHTA KHANAM	2202111037	Yes
37	KONDURU NAMRATHA	2202111038	Yes
38	KONTHAM SATHWIKA	2202111039	Yes
39	KOPPULA LIKHITHA	2202111040	Yes
40		2202111041	Yes
41	M NIVYA	2202111042	Yes
42	MALLAMARI JESSICA	2202111043	Yes
43	MAMIDALA SWAPNA	2202111044	Yes
44	MANAR OSMANI	2202111045	Yes
45	MANUPATI KAVYA	2202111046	Yes
46	MARYAM	2202111047	Yes
47	MEMUGADDA NANDINI	2202111048	Yes
48	MOHAMMED FARIHA KHANAM	2202111049	Yes
49	MUSKAAN FATHIMA	2202111049	Yes
50	MUTHYALA SRUJANA	2202111050	Yes
51	MUZAINAH BAKHTIYAR	2202111051	Yes
52	N VANI	2202111052	Yes
53	NABEELA ARSHAD	2202111054	Yes
54	NABILA TAHREEN	2202111054	Yes
55	NADAGOUNDLAVARI NAVEENA		Yes
56	NAMANI MADHURYA	2202111056	Yes
57	NARAYANADASU ABHINAYA	2202111057	Yes
58	NEELAM SAI PALLAVI	2202111058	Yes
59	NIDA HAMEED	2202111059	Yes
60	P ADITI DATTA	2202111060	Yes
61	P SAHITI	2202111061	Yes
62	PAIDI CHANDANA	2202111062	Yes
63	PAMU TEJASHWINI	2202111063	Yes
64	PAMU VENNELA	2202111064	Yes
65	PANJALA HARINI	2202111065	Yes
66	PAPITHOTI THABITHA KESHEERA	2202111066	Yes
67	POTHURAJU SRIHARIKA	2202111067	
68	PRAGNYA SAKA	2202111068	Yes
69	RADHIKA DUBEY	2202111069	/ Yes
70	RIMSHA MIRZA	2202111070	Yes
71	SABA NAUSHEEN	2202111071	Yes
72	SADIYA	2202111072	No
73	SAKINA JUVERIYA	2202111073	Yes
74	SAMMETA BHAVYA SRI	2202111074	Yes
75	SAMYUKTHA BORIGA	2202111075	Yes
76	SAPAVAT NANDINI	2202111076	Yes
77	SARA FATIMA	2202111077	Yes
78	SAYEDA KAUSAR FATHIMA	2202111078	Yes
-	SHAIK HASEEN	2202111079	Yes
79	SHIFA FATIMA	2202111080	Yes
80		2202111081	Yes
81	SHREYA BIRAJDAR	2202111081	Yes

83	SHRUTHI G	2202111083	Yes
84	SOHA AKHTAR	2202111084	Yes
35	SRIGADHA LAYA	2202111085	Yes
36 36	SUDDALA HARSHAVARDHINI	2202111086	Yes
87	SUMAIYYA BEGUM	2202111087	Yes
88	SYEDA NABILA BANU	2202111088	Yes
89	SYEDA UMME SENAN	2202111089	Yes
90	TAHZEEB FATIMA	2202111090	Yes
91	THIRUMALA DIVYA	2202111091	Yes
92	U CHARITHA	2202111092	Yes
93	UMAIMAH TAMREEN ABDUL RAHEEM	2202111093	Yes
0.4	UMME AIMEN	2202111094	Yes
94 95	UMME KULSOOM	2202111095	Yes
96	UMME ROOMAN	2202111096	Yes
96	VADDARAM RACHANA	2202111097	Yes
98	VAIBHAVI BHIMRAO MULE	2202111098	Yes
99	VASA NEHA NAMRATHA	2202111099	Yes
	VELPULA SARIU	2202111100	Yes
100	AYESHA MOHIUDDIN	1902111010	Yes
101	AMREEN FATHIMA	2102111003	Yes
103	ANAPALA SIRI CHANDRIKA	2102111006	Yes
103	BALAGA VANDANA	2102111011	Yes
105	BONTHAPALLY ANJANA	2102111016	Yes
106	DASARI DEEPTHI	2102111023	Yes
107	DHAVALESHWARAPU BHAVITHA	2102111027	Yes
108	JALDI HARIKA	2102111036	Yes
109	KADAMANDLA SUMITHA RAJ	2102111037	Yes
110	KALLEM PALLAVI	2102111038	Yes
111	MANISHA BHATI	2102111047	Yes
112	NAANDI VAISHNOO	2102111056	Yes
113	SANIA SHAREEF	2102111071	Yes
114	SHAIK RUKSANA	2102111077	Yes
115	SURI KAMESWARI SAMHITA	2102111083	Yes
116	SYEDA AFIYA ALI	2102111084	No
117	THATI MOCHARITHA YADAV	2102111089	Yes
118	VARDU LAKSHMI SANJANA	2102111094	Yes
119	VARIKUPALA BINDHU	2102111095	Yes
120	ZOBIA NAAZ	2102111100	Yes
121	SABREEN JAWAD MIRZA	2002111074	Yes
122	BANDARI LIKKITHA	2102111012	Yes
123	BANDARU SHRAVYA	2102111013	Yes
124	SINGAPURAM PRANAVI	2102111082	No
125	SAKKI RISHITHA	1602111083	Yes







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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	A HARSHITHA	of I year BDS
bearing roll no:2202111001	, has Successfully completed the Value a	dded Course — "YOGA
shows the way", conducted in th	ne institute from 21st June 2022 to 23rd June	2022

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	ADEELA SALWA	of I year BDS
bearing roll no:2202111002	_, has Successfully completed the Value add	led Course — "YOGA
shows the way", conducted in the i	nstitute from 21st June 2022 to 23rd June 20	)22

Coordinator



Principal / Dean

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	AISHWARIYA SINGH DEO	_ of I year BDS
bearing roll no:2202111003	, has Successfully completed the Value added	Course - "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 2022	

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Malla Reddy Dental College for Women Principal/Dean



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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	AKUNURI SAI RITISHA	of I year BDS
bearing roll no: 220211	1004, has Successfully completed the Value added	d Course — "YOGA
shows the way", conducted	I in the institute from $21^{ m st}$ June 2022 to $23^{ m rd}$ June 2022	2

G Santuf Coordinator



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Malla Reddy Dental College for Women



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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	AMEENA FIRDOUS	of I year BDS
bearing roll no:2202111005	_, has Successfully completed the Value	added Course — "YOGA
shows the way", conducted in the i	nstitute from 21st June 2022 to 23rd Jun	e 2022

Coordinator

Hyderabad of Hyderabad W

Principal / Dean
Malla Reddy Dental College for Women



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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	AQSA MUSKAN	of I year BDS
bearing roll no:2202111006	, has Successfully completed the Value ad	ded Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 2	022

Coordinator

Hyderabad or ways

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	ASMA MAHVEEN	of I year BDS
bearing roll no:2202111007	, has Successfully completed the Value add	ded Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 20	022

Coordinator

Hyderabad Por Hyderabad Value Value

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	AWLIA FATIMA	of I year BDS
bearing roll no:2202111008	has Successfully completed the Value a	dded Course — "YOGA
shows the way", conducted in the	he institute from 21st June 2022 to 23rd June	2022

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Malla Reddy Dental College for Women



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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	AYESHA ABBASI	of I year BDS
bearing roll no:2202111009	, has Successfully completed the Value	added Course  — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June	2022

G Santal

Coordinator



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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	AYESHA FIRDOUS	of I year BDS
bearing roll no:2202111010	, has Successfully completed the Value a	dded Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June	2022

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	AYESHA NOOR	of I year BDS
bearing roll no:2202111011	, has Successfully completed the Value a	dded Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June	2022

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	AYESHA SIDDIQHA	of I year BDS
bearing roll no:2202111012	, has Successfully completed the Value ad	lded Course — "YOGA
shows the way", conducted in the	ne institute from $21^{ m st}$ June $2022$ to $23^{ m rd}$ June $2$	2022

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	AZRA TAHREEM	of I year BDS
bearing roll no:2202111013	_, has Successfully completed the Value add	led Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 20	)22

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	BADNAPURAM SAISWETHA	of I year BDS
bearing roll no:2202111014	, has Successfully completed the Value adde	d Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 202	2

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	BIBI SARA	of I year BDS
bearing roll no:2202111016_	, has Successfully completed	the Value added Course — "YOGA
shows the way", conducted in the	e institute from 21st June 2022 to	23 <sup>rd</sup> June 2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	BOJJA SREE ANANYA	_ of I year BDS
bearing roll no:2202111017_	_, has Successfully completed the Value added	l Course — "YOGA
shows the way", conducted in the in	nstitute from 21st June 2022 to 23rd June 2022	

G. Santly Coordinator



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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	BURRA PRANAVI	of I year BDS
bearing roll no:2202111018	, has Successfully completed the Value add	led Course —"YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 20	)22

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/	Ms	D POOJITHA	of I year BDS
bearing roll no: 22	202111019	has Successfully completed the Value	added Course — "YOGA
shows the way", cor	nducted in the ins	titute from 21 <sup>st</sup> June 2022 to 23 <sup>rd</sup> June	e 2022

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Hyderabad

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	DHANAVATH SANGEETHA	_ of I year BDS
bearing roll no:2202111020	_, has Successfully completed the Value added	Course - "YOGA
shows the way", conducted in the in	nstitute from 21st June 2022 to 23rd June 2022	

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	DURGAM KRUTHIKA GOUD	of I year BDS
bearing roll no:2202111021	, has Successfully completed the Value add	led Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 20	)22

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	FAREEHA FATIMA	of I year BDS
bearing roll no:2202111022	_, has Successfully completed the Value added	Course - "YOGA
shows the way", conducted in the	institute from $21^{ m st}$ June $2022$ to $23^{ m rd}$ June $2022$	*

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	FAREEHA TABASSUM	of I year BDS
bearing roll no:2202111023	, has Successfully completed the Value	added Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June	e 2022

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	G S SAKSHI ARYAN	of I year BDS
bearing roll no:2202111024	, has Successfully completed the Va	lue added Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd	June 2022

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	GAJAWADA AISHWARYA	of I year BDS
bearing roll no:2202111025	, has Successfully completed the Value ac	lded Course — "YOGA
shows the way", conducted in the	e institute from 21st June 2022 to 23rd June 2	2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	GANGONI VISHNU PRIYA	of I year BDS
bearing roll no:2202111027	, has Successfully completed the Value a	dded Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June	2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	GASIGANTI RUCHITHA	of I year BDS
bearing roll no: 2202	1028, has Successfully completed the Value adde	ed Course — "YOGA
shows the way", conduc	d in the institute from $21^{ m st}$ June $2022$ to $23^{ m rd}$ June $202$	22

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	GONGALLA RIKTHA REDDY	of I year BDS
bearing roll no:2202111029	, has Successfully completed the Value adde	ed Course —"YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 202	22

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# Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	GUNDA MEGHANA	of I year BDS
bearing roll no: _	2202111030	, has Successfully completed the Value ad	lded Course — "YOGA
shows the way"	, conducted in the	institute from 21 <sup>st</sup> June 2022 to 23 <sup>rd</sup> June 2	2022

G Santuf Coordinator



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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	HAJIRA FATIMA	of I year BDS
bearing roll no:2202111031	, has Successfully completed the Value a	added Course — "YOGA
shows the way", conducted in the	institute from 21 <sup>st</sup> June 2022 to 23 <sup>rd</sup> June	2022

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.		HURIYAH MOHAMAD ZIA	of I year BDS	
bearing roll no:	2202111032	, has Successfully completed the Value ad	ded Course — "YOGA	

shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	HUZMA BEGUM	of I year BDS
bearing roll no:2202111033	_, has Successfully completed the Value added	d Course — "YOGA
shows the way", conducted in the i	nstitute from 21st June 2022 to 23rd June 2022	2

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.		KASARLA SHREYA	of I year BDS
bearing roll no: _	2202111034	, has Successfully completed the Value a	dded Course — "YOGA
shows the way"	', conducted in the	institute from 21st June 2022 to 23rd June	2022

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	KASARLA SINDHU REDDY	of I year BDS
bearing roll no:2202111035	, has Successfully completed the Value ad	lded Course — "YOGA
shows the way", conducted in th	e institute from $21^{\rm st}$ June $2022$ to $23^{\rm rd}$ June $2000$	2022

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Principal / Dean

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	KATHULA LOHITHA	_ of I year BDS
bearing roll no:22021110	<u>36, has Successfully completed the Value added</u>	Course - "YOGA
shows the way", conducted in	the institute from $21^{\rm st}$ June $2022$ to $23^{\rm rd}$ June $2022$	

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	KIZISHTA KHANAM	of I year BDS
bearing roll no:2202111037	, has Successfully completed the Value ac	lded Course — "Y <b>OG</b> A
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 2	2022

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Principal/Dean



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### Certificate of Completion

Course Code: VAC-2204

This to certify that I	Mr/Ms	KONDURU NAMRATHA	of I year BDS
bearing roll no:	2202111038	, has Successfully completed the Value ad	lded Course — "YOGA
shows the way",	conducted in the	institute from 21st June 2022 to 23rd June 2	2022

Coordinator



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# Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	KONTHAM SATHWIKA	of I year BDS
bearing roll no:	2202111039	, has Successfully completed the Value a	dded Course — "YOGA
shows the way".	, conducted in the	institute from 21st June 2022 to 23rd June	2022

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### Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	KOPPULA LIKHITHA	of I year BDS
bearing roll no:	2202111040	, has Successfully completed the Value addo	ed Course — "YOGA
shows the way",	conducted in the	institute from 21st June 2022 to 23rd June 202	22

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	M NIVYA	of I year BDS
bearing roll no:2202111041	_, has Successfully completed the Value a	dded Course — "YOGA
shows the way", conducted in the in	nstitute from 21st June 2022 to 23rd June 2	2022

Coordinator



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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	MALLAMARI JESSICA	of I year BDS
bearing roll no:2202111042	_, has Successfully completed the Value	added Course — "YOGA
shows the way", conducted in the i	nstitute from 21st June 2022 to 23rd Jun	e 2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	MAMIDALA SWAPNA of I y	ear BDS
bearing roll no:	2202111043	, has Successfully completed the Value added Course	- "YOGA
shows the way".	, conducted in the	institute from 21st June 2022 to 23rd June 2022	

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Coordinator



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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	MANAR OSMANI	of I year BDS
bearing roll no:2202111044	, has Successfully completed the Value adde	ed Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 202	22

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	MANUPATI KAVYA	_ of I year BDS
bearing roll no:2202111045	, has Successfully completed the Value added	Course - "YOGA
shows the way", conducted in the	e institute from $21^{ m st}$ June $2022$ to $23^{ m rd}$ June $2022$	

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# Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms.	MARYAM	of I year BDS
bearing roll no:	2202111046	, has Successfully completed the Value adde	ed Course — "YOGA
shows the way".	, conducted in the	institute from 21st June 2022 to 23 <sup>rd</sup> June 202	22

Coordinator



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# Certificate of Completion

Course Code: VAC-2204

This to certify that	t Mr/Ms	MEMUGADDA NANDINI	of I year BDS
bearing roll no: _	2202111047	_, has Successfully completed the Value	added Course — "YOGA
shows the way'	, conducted in the i	institute from 21st June 2022 to 23rd Jun	e 2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms		MOHAMMED FARIHA KHANAM	of I year BDS
bearing roll no:	2202111048	, has Successfully completed the Value added	l Course — "YOGA

shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022

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Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	MUSKAAN FATHIMA	of I year BDS
bearing roll no: _	2202111049	_, has Successfully completed the Value	added Course — "YOGA
shows the way"	, conducted in the i	nstitute from $21^{ m st}$ June $2022$ to $23^{ m rd}$ Jun	ne 2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	MUTHYALA SRUJANA	of I year BDS
bearing roll no:2202111050	, has Successfully completed the Value	added Course — "YOGA
shows the way", conducted in the	e institute from 21st June 2022 to 23rd June	e 2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms. MUZAINAH BAKHTIYAR	of I year BDS
bearing roll no: <u>2202111051</u> , has Successfully completed the Value added C	ourse - "YOGA
shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022	

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	N VANI	_ of I year BDS
bearing roll no:2202111052	, has Successfully completed the Value added	Course - "YOGA
shows the way", conducted in the in	stitute from 21st June 2022 to 23rd June 2022	

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	NABEELA ARSHAD	of I year BDS
bearing roll no:2202111053	, has Successfully completed the Value adde	ed Course — "YOGA
shows the way", conducted in the	institute from 21 <sup>st</sup> June 2022 to 23 <sup>rd</sup> June 202	22

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	NABILA TAHREEN	of I year BDS
bearing roll no:2202111054	, has Successfully completed the Value adde	ed Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 202	22

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# Certificate of Completion

Course Code: VAC-2204

This to certify that 1	Mr/Ms	NADAGOUNDLAVARI NAVEENA	of I year BDS
bearing roll no:	2202111055	_, has Successfully completed the Value added (	Course — "YOGA
shows the wav".	conducted in the	Institute from 21st June 2022 to 23rd June 2022	

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	NAMANI MADHURYA	of I year BDS
bearing roll no:2202111056	, has Successfully completed the Value	added Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June	ne 2022

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Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	NARAYANADASU ABHINAYA	of I year BDS
bearing roll no:	2202111057	, has Successfully completed the Value ad	ded Course — "YOGA
shows the way"	. conducted in the	institute from 21st June 2022 to 23rd June 2	0099

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Principal / Dean **Principal/Dean**Malla Reddy Dental College for Women



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## Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	NEELAM SAI PALLAVI	of I year BDS
bearing roll no:2202111058	, has Successfully completed the Value	added Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June	e 2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	NIDA HAMEED	of I year BDS
bearing roll no:	2202111059	, has Successfully completed the Value a	dded Course — "YOGA
shows the way".	, conducted in the	institute from 21st June 2022 to 23rd June	2022

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Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	P ADITI DATTA	of I year BDS
bearing roll no: _	2202111060	, has Successfully completed the Value add	ed Course — "YOGA
shows the way"	, conducted in the	institute from 21st June 2022 to 23rd June 202	22

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	P SAHITI	of I year BDS
bearing roll no:220211106	has Successfully completed the Value add	led Course — "YOGA
shows the way", conducted in t	he institute from 21st June 2022 to 23rd June 20	022

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms. \_\_\_\_\_\_ PAIDI CHANDANA \_\_\_\_\_ of I year BDS bearing roll no: \_\_\_\_\_ 2202111062 \_\_\_\_, has Successfully completed the Value added Course — "YOGA shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022

Coordinator



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# Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	PAMU TEJASHWINI	of I year BDS
bearing roll no: _	2202111063	, has Successfully completed the Value adde	ed Course — "YOGA
shows the way"	, conducted in the	institute from 21st June 2022 to 23rd June 202	22

Coordinator



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## Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	PAMU VENNELA	of I year BDS
bearing roll no: 22021	64, has Successfully completed the Value added	d Course — "YOGA
shows the way", conducte	n the institute from $21^{\mathrm{st}}$ June $2022$ to $23^{\mathrm{rd}}$ June $2022$	2

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Principal / Dean
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## Certificate of Completion

Course Code: VAC-2204

This to certify that	t Mr/Ms	PANJALA HARINI 0	f I year BDS
bearing roll no: _	2202111065	, has Successfully completed the Value added Cou	ırse – "YOGA
shows the way"	, conducted in the	institute from 21st June 2022 to 23rd June 2022	

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# Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	PAPITHOTI THABITHA KESHEERA	of I year	BDS
bearing roll no:	2202111066	, has Successfully completed the Value added 0	Course – '	"YOG

shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms. POTHURAJU SRIHARIKA of I year BDS

bearing roll no: 2202111067, has Successfully completed the Value added Course — "YOGA"

shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that	t Mr/Ms	PRAGNYA SAKA	of I year BDS
bearing roll no: _	2202111068	, has Successfully completed the Value ad	ded Course — "YOGA
shows the way'	, conducted in the	institute from 21st June 2022 to 23rd June 2	022

Coordinator



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## Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	RADHIKA DUBEY	of I year BDS
bearing roll no: <u>2202111069</u>	, has Successfully completed the Value a	dded Course — "YOGA
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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	RIMSHA MIRZA	_ of I year BDS
bearing roll no:2202111070	, has Successfully completed the Value added	Course – "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 2022	

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Certificate of Completion

Course Code: VAC-2204

This to certify that N	Mr/Ms	SABA NAUSHEEN	of I year BDS
bearing roll no:	2202111071	_, has Successfully completed the Val	ue added Course — "YOGA
shows the way",	conducted in the in	nstitute from $21^{\rm st}$ June $2022$ to $23^{\rm rd}$ J	une 2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	SAKINA JUVERIYA	of I year BDS
bearing roll no:2202111073_	, has Successfully completed the Value a	added Course — "YOGA
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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	SAMMETA BHAVYA SRI	of I year BDS
bearing roll no:2202111074	, has Successfully completed the Value ac	dded Course — "YOGA
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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	SAMYUKTHA BORIGA	of I year BDS
bearing roll no:2202111075	, has Successfully completed the Value	added Course — "YOGA
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## Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms.	SAPAVAT NANDINI	of I year BDS
bearing roll no: _	2202111076	, has Successfully completed the Value ac	lded Course — "YOGA
shows the way"	, conducted in the	institute from 21 <sup>st</sup> June 2022 to 23 <sup>rd</sup> June 2	2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	SARA FATIMA	of I year	<b>BDS</b>
,		•	

bearing roll no: 2202111077, has Successfully completed the Value added Course — "YOGA"

shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	SAYEDA KAUSAR FATHIMA	of I year BDS
bearing roll no:2202111078	, has Successfully completed the Value add	led Course — "YOGA
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## Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	SHAIK HASEEN	of I year BDS
bearing roll no: <u>2202111079</u>	, has Successfully completed the Value a	idded Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June	2022

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	SHIFA FATIMA	_ of I year BDS
bearing roll no:2202111080	, has Successfully completed the Value added	Course - "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 2022	+

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## Certificate of Completion

Course Code: VAC-2204

This to certify that Mr	/Ms	SHIFA IRHUM	of I year BDS	
bearing roll no:	2202111081	_, has Successfully completed the Value add	ed Course — "YOGA	
shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022				

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	SHREYA BIRAJDAR	of I year BDS
bearing roll no:2202111082	, has Successfully completed the Value a	dded Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June	2022

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Certificate of Completion

Course Code: VAC-2204

This to certify that M	r/Ms	SHRUTHI G	of I year BDS	
bearing roll no:	2202111083	, has Successfully completed the Value add	ed Course — "YOGA	
shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022				

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	SOHA AKHTAR	_ of I year BDS		
bearing roll no:2202111084	, has Successfully completed the Value added	l Course — "YOGA		
shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022				

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## Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	SRIGADHA LAYA	of I year BDS
bearing roll no: _	2202111085	, has Successfully completed the Value adde	ed Course — "Y <b>OG</b> A
shows the way"	, conducted in the	institute from 21st June 2022 to 23rd June 202	22

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	SUDDALA HARSHAVARDHINI	_ of I year BDS		
bearing roll no:2202111086	_, has Successfully completed the Value added	Course – "YOGA		
shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022				

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Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	SUMAIYYA BEGUM	of I year BDS	
bearing roll no: _	2202111087	, has Successfully completed the Value ac	lded Course — "YOGA	
shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022				

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## Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	SYEDA NABILA BANU	of I year BDS		
bearing roll no:2202111088_	, has Successfully completed the Value	added Course — "YOGA		
shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022				

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# Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms.	SYEDA UMME SENAN	of I year BDS
bearing roll no:	2202111089	, has Successfully completed the Value added (	Course — "YOGA
shows the way",	, conducted in the	institute from 21st June 2022 to 23rd June 2022	+

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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	TAHZEEB FATIMA	of I year	BDS

\_\_\_, has Successfully completed the Value added Course - "YOGA bearing roll no: \_\_\_\_\_2202111090

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#### Certificate of Completion

Course Code: VAC-2204

THIS to certify that Mr/Ms. THIRUMALA DIVIA OF YEAR I	This to certify that Mr/Ms.	THIRUMALA DIVYA	of I year BD
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bearing roll no: 2202111091, has Successfully completed the Value added Course - "YOGA"

shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022

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### Certificate of Completion

Course Code: VAC-2204

CT --- DDC

This to certify that Mr/Ms.	U UHAKITHA	OI I year bus
bearing roll no:2202111092	, has Successfully completed the Value added	l Course — "YOGA
shows the way", conducted in the	e institute from $21^{ m st}$ June $2022$ to $23^{ m rd}$ June $2022$	2

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	UMAIMAH TAMREEN ABDUL RAHEEM	of I year BDS
,		

bearing roll no: 2202111093, has Successfully completed the Value added Course - "YOGA"

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#### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	UMME AIMEN	of I year BDS
bearing roll no:2202111094	, has Successfully completed the Value add	led Course — "YOGA
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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	UMME KULSOOM	of I year BDS
bearing roll no:2202111095	, has Successfully completed the Value adde	ed Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 202	22

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	UMME ROOMAN	of I year BDS
bearing roll no:2202111096	, has Successfully completed the Value add	ded Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 20	022

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	VADDARAM RACHANA	of I year BDS
bearing roll no:2202111097	, has Successfully completed the Value a	dded Course <b>– "YOGA</b>
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 2	2022

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	VAIBHAVI BHIMRAO MULE	of I year	RDS
			2020

bearing roll no: \_\_\_\_\_2202111098 \_\_\_\_, has Successfully completed the Value added Course — "YOGA

shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022

G Santag Coordinator



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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	VASA NEHA NAMRATHA	of I year BDS
bearing roll no:2202111099	, has Successfully completed the Value ac	dded Course  — "YOGA
shows the way", conducted in the	institute from 21 <sup>st</sup> June 2022 to 23 <sup>rd</sup> June 2	2022

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	VELPULA SARIU	of I year BDS
bearing roll no:2202111100	_, has Successfully completed the Value ad	ded Course — "YOGA
shows the way", conducted in the in	nstitute from 21 <sup>st</sup> June 2022 to 23 <sup>rd</sup> June 2	022

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	AYESHA MOHIUDDIN	of I year BDS
bearing roll no:1902111010	, has Successfully completed the Value ad	ded Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 2	022

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	AMREEN FATHIMA	of I year BDS
bearing roll no:2102111003	_, has Successfully completed the Value ac	dded Course — "YOGA
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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	ANAPALA SIRI CHANDRIKA	of I year BDS
bearing roll no:2102111006	, has Successfully completed the Value add	ed Course — "YOGA
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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	BALAGA VANDANA	of I year BDS
bearing roll no:2102111011	_, has Successfully completed the Value added	Course <b>– "YOGA</b>
shows the way", conducted in the i	nstitute from 21st June 2022 to 23rd June 2022	

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	BONTHAPALLY ANJANA	of I year BDS
bearing roll no:2102111016	, has Successfully completed the Value a	dded Course "YOGA
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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	DASARI DEEPTHI	of I year BDS
bearing roll no:2102111023	, has Successfully completed the Value adde	ed Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 202	22

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	DHAVALESHWARAPU BHAVITHA of I year BDS
bearing roll no:2102111027	, has Successfully completed the Value added Course — "YOGA
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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	JALDI HARIKA	of I year BDS
bearing roll no: 2102	11036 , has Successfully completed the Valu	ie added Course  — "YOGA
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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	KADAMANDLA SUMITHA RAJ	of I year BDS
bearing roll no:2102111037	, has Successfully completed the Value added	d Course — "YOGA
shows the way", conducted in the	institute from 21 <sup>st</sup> June 2022 to 23 <sup>rd</sup> June 2022	2

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### Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	KALLEM PALLAVI	of I year BDS
bearing roll no:	2102111038	_, has Successfully completed the Value adde	ed Course — "YOGA
shows the way",	conducted in the i	Institute from 21st June 2022 to 23rd June 202	22

Coordinator



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### Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms	MANISHA BHATI	of I year BDS
bearing roll no:	2102111047	, has Successfully completed the Value ad	ded Course — "YOGA
shows the way",	conducted in the	institute from 21 <sup>st</sup> June 2022 to 23 <sup>rd</sup> June 2	022

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	NAANDI VAISHNOO	of I year BDS
bearing roll no:2102111056_	, has Successfully completed the Value adde	ed Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 202	22

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	SANIA SHAREEF	of I year BDS
bearing roll no:2102111071_	, has Successfully completed the Value adde	ed Course — "YOGA
shows the way", conducted in the	institute from 21st June 2022 to 23rd June 202	22

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	SHAIK RUKSANA	of I year BDS
bearing roll no:2102111077	, has Successfully completed the Value added	Course – "YOGA
shows the way", conducted in the	Institute from 21st June 2022 to 22rd June 2022	

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	SURI KAMESWARI SAMHITA	of I year BDS
bearing roll no:2102111083	, has Successfully completed the Value added (	Course <b>– "YOG</b> A
shows the way", conducted in the ins	stitute from 21st June 2022 to 23rd June 2022	

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	THATI MOCHARITHA YADAV	of I year BDS
bearing roll no:2102111089	, has Successfully completed the Value ac	lded Course — "YOGA
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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	VARDU LAKSHMI SANJANA	of I year BDS
bearing roll no:2102111094	_, has Successfully completed the Value adde	d Course —"YOGA
shows the way", conducted in the	Institute from 21 <sup>st</sup> June 2022 to 23 <sup>rd</sup> June 202	9

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### Certificate of Completion

Course Code: VAC-2204

This to certify that	Mr/Ms.	VARIKUPALA BINDHU	of I year BDS
bearing roll no: _	2102111095	_, has Successfully completed the Value a	dded Course — "YOGA
shows the way"	, conducted in the	institute from 21st June 2022 to 23rd June	2022

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### Certificate of Completion

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Course Code: VAC-2204

ims to certify that	MIT/MS.	ZUBIA NAAZ	of 1 year BDS
bearing roll no:	2102111100	, has Successfully completed the Value	added Course — "YOGA

shows the way", conducted in the institute from 21st June 2022 to 23rd June 2022

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### Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/	Ms	SABREEN JAWAD MIRZA	_ of I year BDS
bearing roll no:20	002111074	has Successfully completed the Value added	Course — "YOGA
shows the way", con	nducted in the ins	titute from $21^{ m st}$ June $2022$ to $23^{ m rd}$ June $2022$	

Coordinator



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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms	BANDARI LIKKITHA of I year BDS  1012 , has Successfully completed the Value added Course — "YOGA  d in the institute from 21st June 2022 to 23rd June 2022	
bearing roll no:2102111012	, has Successfully completed the Value a	added Course  — "YOGA
shows the way", conducted in the	institute from 21 <sup>st</sup> June 2022 to 23 <sup>rd</sup> June	2022

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Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	BANDARU SHRAVYA	of I year BDS
bearing roll no:2102111013	, has Successfully completed the Value a	dded Course —"YOGA
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# Certificate of Completion

Course Code: VAC-2204

This to certify that Mr/Ms.	SAKKI RISHITHA	of I year BDS
bearing roll no:1602111083	, has Successfully completed the Valu	. •
shows the way", conducted in the	institute from 21st June 2022 to 23 <sup>rd</sup> Jun	ne 2022

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	Feedback analysis of students on VALUE	ADI	ED (	COUR	RSES		
Acade	mic Year : 2022-2023	Year	: I year	r BDS			
Name	of the VAC:Yoga shows the way						
Course Code: VAC-2204 Students Registered:			125				
Studer param	nts feedback on curriculum collected and analyzed, on the seters.	cale of	1 to 5	for ea	ch of tl	ne foll	owing
(1- stro	ongly Disagree, 2- Disagree, 3- Uncertain, 4- Agree, 5- Strongly	Agree					
Sl. No	Attributes	5	4	3	2	1	Average Score
1	How informative was the course	85	38	2			4.66
2	Content was organised and easy to follow	73	46	6			4,54
3	The objectives of value added course were clearly defined	78	37	9	1		4.54
4	The participation and interaction were encouraged	83	35	7			4.61
5	Course experience will be useful in my work	79	43	3			4.61
6	The resource person was knowledgeable about the topic	82	39	4			4.62
7	The time allotted for the course is sufficient	76	43	6			4.56
8	Did the course provide good balance between theory & practice?	90	30	5			4.68

Suggestions: Abetter practical approach would have been good.

Coordinator

Principal/Dean

Principal / Dean Malla Reddy Dental College for Women